# What is a Social Filter Lesson Plan

## **Learning Objectives:**

Students will learn what it means to have a filter and identify in given situations if they should 'think it or say it'.

### **Materials & Preparation:**

- What is a Social Filter power point (included)
- What is a Social Filter scenario worksheets (included)
- YouTube Access "Social Skills Video- Think it or Say it" by Everyday Speech

#### Instruction:

- Who has heard of having a filter? Do you know what it means? Has anyone seen a coffee filter? A coffee filter helps makes coffee, but the ground coffee is put into the coffee, it's filtered. Not everything goes into the coffee. That's similar to filtering your thoughts, not everything you think is something you should say.
- What is a Social Filter power point
- YouTube Clip

# **Independent Working Time:**

- What is a Social Filter scenario worksheet
- What is a Social Filter writing prompts

# Wrap up/Closing:

• Review what it means to have a filter and why it's important to work on having one.

## **Ideas for Other Activities:**

- Go through more scenarios where students can decide if they should filter their thoughts.
- Be sure to have teachable moments when you come across live situations where you can explain having a filter to your students!
- Role playing.
- Have students help come up with scenarios for one another.

Nama	Data
Read the scenarios. Decide if t say. Circle the best choice.	he statement is something you should think or
1. Your friend gives you a new l You won't ever wear this hat.	hat for your birthday. It's red and you hate red.
Think it	Say it
2. Mandy just got a new hair cut and she loves it. You think it makes her face look funny and you don't like the new color.	
Think it	Say it
3. George got a new jacket and it looks so good on him! It really makes him look older and more mature.	
Think it	Say it
4. Your friend walks by and you smell her new perfume. It stinks really bad, you don't like the smell!	
Think it	Say it
5. You are given a new video game that you've been wanting for months! You are so excited and can't wait to play it.	
Think it	Say it
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Name	Date	
How would you respond? What would	you say in this situation?	
How would you respond? What would you say in this situation?		

How would you respond? What would	you say in this situation?
How would you respond? What would	you say in this situation?
How would you respond? What would	you say in this situation?

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