



# Full Pistol Presentation

## Full Presentation Key Points:

- Have a good firm Master Firing Grip.
- Arms presented out with slight bend in your elbows.
- Because you have a firm grip your arms will naturally be slightly tense. This is what will soak up most of the recoil. However, do not add any more muscular input than is required to mitigate recoil.
- Your grip should be firm but not a death grip. Gripping the pistol too tightly will prevent you from being able to manipulate your trigger finger quickly and could possibly cause you to throw your shot.
- Most of your gripping strength should come from your support hand. A 60/40 ratio is used as an analogy to describe this.
- The use of proper body mechanics bets strength when it comes to shooting. As previously stated only put as much muscular input into the gun that is required to achieve your intended goal. In the case of wanting to shoot a pistol fast and accurate your goal is recoil management.
- While shooting, before and after the gun recoils you need to DRIVE your front sight to your intended target in order to setup your shots.



**NOTES:**