

## List of Emotions

|             |            |                |
|-------------|------------|----------------|
| Amazed      | Foolish    | Overwhelmed    |
| Angry       | Frustrated | Peaceful       |
| Annoyed     | Furious    | Proud          |
| Anxious     | Grieving   | Relieved       |
| Ashamed     | Happy      | Resentful      |
| Bitter      | Hopeful    | Sad            |
| Bored       | Hurt       | Satisfied      |
| Comfortable | Inadequate | Scared         |
| Confused    | Insecure   | Self-conscious |
| Content     | Inspired   | Shocked        |
| Depressed   | Irritated  | Silly          |
| Determined  | Jealous    | Stupid         |
| Disdain     | Joy        | Suspicious     |
| Disgusted   | Lonely     | Tense          |
| Eager       | Lost       | Terrified      |
| Embarrassed | Loving     | Trapped        |
| Energetic   | Miserable  | Uncomfortable  |
| Envious     | Motivated  | Worried        |
| Excited     | Nervous    | Worthless      |