


Navigating Change, Challenge & Uncertainty

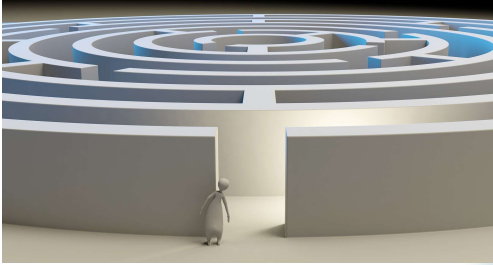
How to Navigate Change, Challenge & Uncertainty
and Unleash Unprecedented Performance



Diane Bolden
Executive Coach
CEO/Founder of Synchronistics Coaching & Consulting
Author of *The Pinocchio Principle, Becoming a Real Leader*
www.DianeBolden.com

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LEAD BETTER. LIVE BRIGHTER

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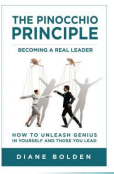
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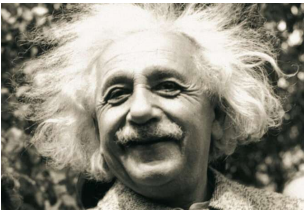
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Navigating Change, Challenge & Uncertainty

GENIUS	PUPPET	
		
<ul style="list-style-type: none">• UNIQUE & AUTHENTIC• CONNECTED• OPTIMISTIC• PRESENT• FLUID	<ul style="list-style-type: none">• CONFORMING• SEPARATE• SKEPTICAL• DISTRACTED• RIGID	

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"The single most important decision we make is whether we believe we live in a friendly or hostile universe."

— Albert Einstein

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EMBRACE CHANGE, CHALLENGE & UNCERTAINTY



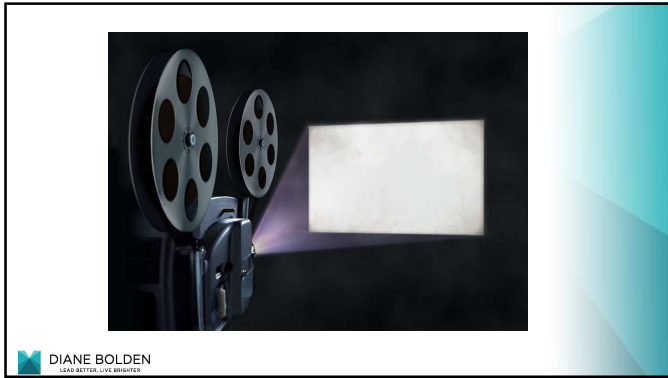
To be thrown upon one's own resources, is to be cast into the very lap of fortune; for our faculties then undergo a development and display an energy of which they were previously unsusceptible.

— Benjamin Franklin

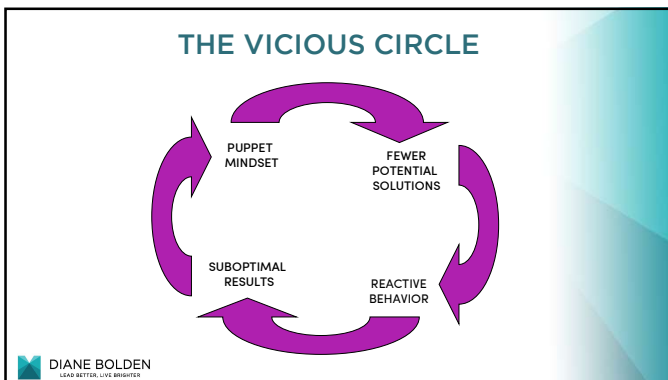
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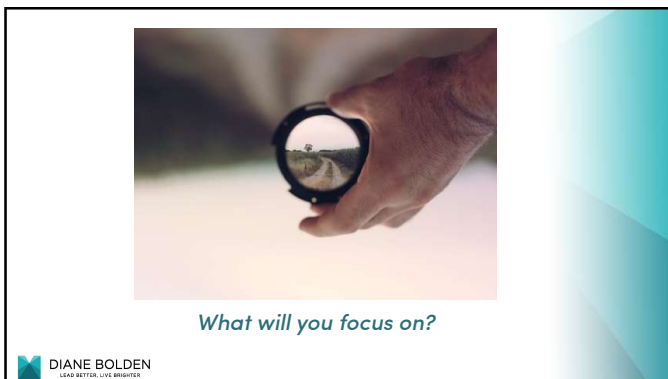
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Navigating Change, Challenge & Uncertainty

FROM...	TO...
What you DON'T want (fear)...	What you DO want - (vision/intention)
Doubt (limitations)...	Confidence (track record/capability)
Obstacles...	Opportunities
What you need to get...	What you have to give
What's out of your control...	What's in your control

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EIGHT TIPS FOR ACCESSING YOUR GENIUS

- Be kind to yourself
- Spend time in stillness & solitude
- Practice presence
- Appreciate
- Journal
- Engage in reflective discussion
- Move your body
- Do something that makes you feel alive

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THE VICIOUS CIRCLE

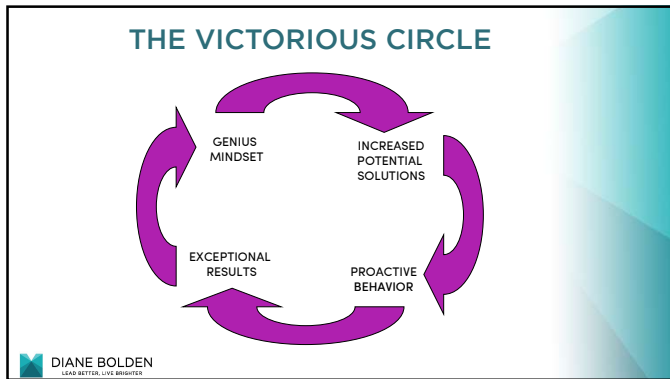
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    graph TD
      A[PUPPET MINDSET] --> B[FEWER POTENTIAL SOLUTIONS]
      B --> C[REACTIVE BEHAVIOR]
      C --> D[SUBOPTIMAL RESULTS]
      D --> A
    
```

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KEY POINTS
Navigating Change, Challenge & Uncertainty

- Make the decision to believe in a friendly universe – life is happening FOR you
- Choose curiosity over judgment – ask powerful questions
- Shift from the lens of your Puppet to that of your Genius
- Take the time to connect with and listen to your Genius

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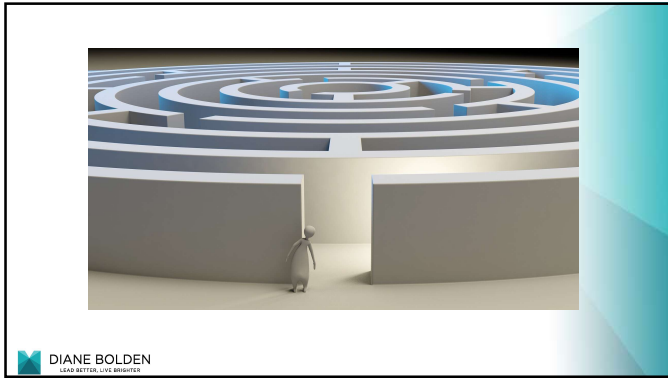
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QUESTIONS?

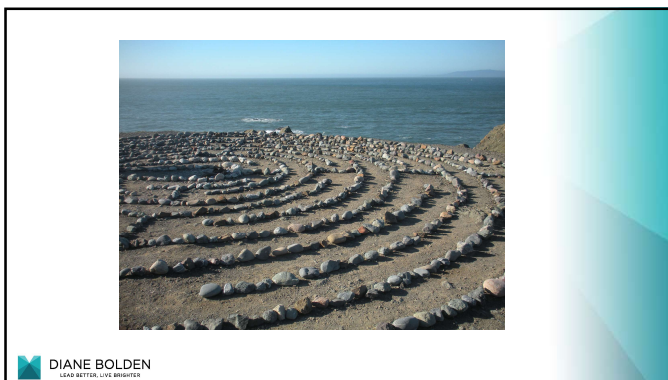
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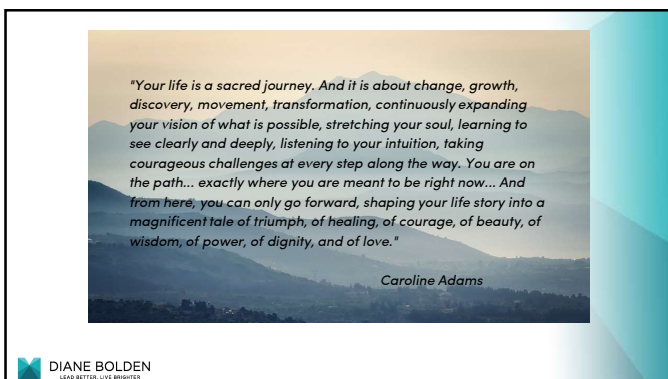
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