

Safe Essential Oils



These are a few of the more common essential oils that you will probably see around and are safe for children from 2 years up

Amyris Essential Oil

Botanical Name:

Amyris balsamifera

Country of Origin:

Haiti

Extraction Method:

Steam distilled

Plant Part:

Wood

Strength of Aroma:

Medium

Aromatic Scent:

Amyris is dry, woody, peppery balsamic

Blends Well With:

Cedarwood Atlas, Citronella, Cypress, Frankincense Carteri, Jasmine Absolute, Lavandin, Lemon, Mandarin, Rose Absolute, Sandalwood Australian, Orange Sweet

Amyris Essential Oil is wonderful for relaxation, particularly before sleep. Amyris is a thick, pale yellow essential oil steam distilled from the wood of a tree native to Haiti and other tropical climates. Amyris is also sometimes called West Indian Sandalwood or Torchwood; however, its properties are different and it is not botanically related to true Sandalwood oil.

Balsam Fir Essential Oil

Botanical Name:

Abies balsamea

Country of Origin:

Canada

Extraction Method:

Steam distilled

Plant Part:

Needles

Strength of Aroma:

Medium

Aromatic Scent:

Distinctively woody

Blends Well With:

Black Pepper, Citronella, Frankincense, Juniper Berry, Lavender, Lemon, Pine Scots, Spruce, Tea Tree.

Balsam Fir oil is steam distilled from the needles of Balsam Fir trees. It has a distinctively woody aroma.

With an uplifting yet soothing effect, Balsam Fir is an excellent oil for calming muscles and joints. When diffused or applied topically to the chest, this oil can help support a healthy respiratory system. Additionally, Balsam Fir is cherished by many for its emotional balancing effects.

Bergamot Essential Oil (Bergapten Free)

Botanical Name:

Citrus bergamia

Country of Origin:

Italy, France, Guinea, Ivory Coast

Extraction Method:

Cold Pressed

Plant Part:

Fruit Peel

1 kg oil yield from: 200–250 kg of the rinds

Strength of Aroma:

Medium

Aromatic Scent:

Citrusy and fruity with a warm spicy floral quality

Blends Well With:

Clary Sage, Cypress, Frankincense Carteri, Geranium, Grapefruit Pink, Jasmine, Mandarin, Orange Sweet, Patchouli, Black Pepper, Sandalwood Australian, Vetiver

Cautions:

Buy Bergapten Free Bergamot, which is safe for use in the sun, if not you should not go out into the sun uncovered for 24 hours as it is highly phototoxic

Bergamot is a favorite amongst essential oil users for its aroma and therapeutic properties. Its scent is citrusy with a hint of floral making it unique and vibrant. This wonderful aroma is known for its ability to help boost the mind and ease your worries, especially during times of sadness and grief.

Bergamot is gentle for skin care and can help tackle teenage skin problems and oily skin. It is also a favorite to add to massage blends to help reduce muscle tension and give relief from tightness caused by overexertion or achy muscles.

Black Pepper Essential Oil

Botanical Name:

Piper nigrum

Country of Origin:

India

Extraction Method:

Steam Distilled

Plant Part:

Fruit

Strength of Aroma:

Medium

Aromatic Scent:

Warm and fresh, dry-woody scent

Blends Well With:

Bergamot, Copaiba Balsam, Cypress, Frankincense, Geranium, Juniper Berry, Rose

Absolute, Sandalwood and Vetiver

The warm, mild aroma of Black Pepper will remind you of freshly ground peppercorns combined with a soft floral scent. Black Pepper is an excellent choice to help in reducing occasional discomfort after exercise or easing achy joints, menstrual pains and is antiseptic so great for the diffuser in cold and flu season

Blue Cypress Essential Oil

Botanical Name:

Callitris intratropica

Country of Origin:

Australia

Extraction Method:

Steam Distilled

Plant Part:

Wood

Strength of Aroma:

Weak

Aromatic Scent:

Woody, balsamic, and fresh with subtle sweet notes.

Blends Well With:

Black Pepper, Cedarwood Atlas, Cedarwood Virginian, Copaiba Balsam, Cypress, Helichrysum Italicum, Lavender, Lemon, Rose Absolute, Sandalwood

This lovely blue oil is obtained by steam distilling the wood of this native Australian tree. The only other "blue" essential oils known in aromatherapy are obtained from flowers. Like most of the "blue" oils, Blue Cypress is a wonderful support for reddened, congested skin, can help keep minor skin breaks "clean", and can help with respiratory support. For emotional uses, it is felt to be calming and soothing to a restless spirit.

Blue Tansy Essential Oil

Botanical Name:

Tanacetum annuum

Country of Origin:

Morocco

Extraction Method:

Steam distillation of the fresh herb as soon as the first flower buds appear, from mid-July through early September

1 kg oil yield from: 300–400 kg of the fresh herb

Plant Part:

Aerial Parts

Strength of Aroma:

Medium

Aromatic Scent:

An herbaceous, sweet apple-like scent

Blends Well With:

Clary Sage, Coriander Seed, Geranium, Juniper Berry, Lavender, Petitgrain, Rosalina, Rose Absolute, Spearmint, Turmeric CO₂

Blue Tansy Oil is a luxurious oil that is cherished for its captivating scent and incredible clearing, calming properties. This oil has a rich blue hue and a sweet, fresh scent. Blue Tansy provides unmatched relief for many people who suffer during high-pollen seasons, soothes troubled skin and is very calming emotionally

Caraway Seed CO₂ Extract

Botanical Name:

Carum Carvi

Country of Origin:

Poland, Germany

Extraction Method:

Supercritical Extraction

Plant Part:

Seeds

Strength of Aroma:

Medium

Aromatic Scent:

Warm, rich, herbaceous aroma

Blends Well With:

Black Pepper, Cardamom, Chamomile Roman, Frankincense Carteri, Orange Sweet

The main constituents are Limonene, which is well-known for its stimulating and uplifting properties, and Carvone which helps with digestive issues. Caraway Seed CO2 has a warm, herbaceous scent. This aroma is very grounding and balancing to the senses, but can also offer an energizing boost when you need to stay alert. The warm, rich scent is a favorite to use in perfumes or room spray to help mask odors found around the home or office.

Caraway Seed CO2 can be used for an energizing boost when feeling tired or lethargic. It is also great to support a healthy digestive system and ease the occasional digestive upset. Use it to support a healthy respiratory when seasonal threats occur and a healthy immune system all year long. This essential oil is great for skin and hair care. It can be used to balance and cleanse the skin, especially those with oily or blemish-prone faces.

Cardamom Essential Oil

Botanical Name:

Elettaria cardamomum

Country of Origin:

Guatemala

Extraction Method:

Steam Distilled

Plant Part:

Seeds

Strength of Aroma:

Medium

Aromatic Scent:

Spicy aroma

Blends Well With:

Balsam Fir, Frankincense Carteri, Lemon, Orange Sweet, Pine Scots

Cardamom Essential Oil has a sweet, spicy scent that will be familiar to those who are accustomed to Cardamom in (often Asian) cuisine. This powerful oil is well-known for calming the respiratory and digestive systems and can often provide relief to those who struggle on boats or long car rides. As a traditional “warming” oil, Cardamom is stimulating and uplifting. It can assist with the occasional case of a low mood and is sometimes used to enhance romantic desire.

Cedarwood Atlas Essential Oil

Botanical Name:

Cedrus atlantica

Country of Origin:

Morocco/Algeria

Extraction Method:

Steam Distilled

1 kg oil yield from: 30–50 kg of the dried wood chips

Plant Part:

Wood

Strength of Aroma:

Strong

Aromatic Scent:

Dry woody aroma, slightly smoky, balsamic, and very subtle with a hint of spice

Blends Well With:

Bergamot, Clary Sage, Cypress, Frankincense Carteri, Jasmine Absolute, Juniper Berry, Neroli, Pine Scots, Vetiver

Cedarwood Atlas has a rich, woody, slightly sweet and spicy aroma that is reminiscent of the antique cedar chests handed down from generation to generation. This wonderful essential oil is known for its therapeutic properties throughout the oil world for calming and helping focus. It is great for sleeping problems due to an overactive mind.

Used to help support a healthy respiratory system as well as a healthy, flake-free scalp, it is also a favorite to use in a blend to keep outdoor annoyances at bay, so you can enjoy your outside nights longer.

Use Cedarwood Atlas to create an atmosphere that is positive and calming from the

chaos and negativity around you.

Cedarwood Virginian Essential Oil

Botanical Name:

Juniperus virginiana

Country of Origin:

USA

Extraction Method:

Steam Distilled

Plant Part:

Wood

Strength of Aroma:

Medium

Aromatic Scent:

Fresh, clean, dry, woody and oily scent.

Blends Well With:

Clary Sage, Copaiba Balsam, Cypress, Fir Needle, Frankincense Carteri, Lavender, Neroli, Patchouli, and Vetiver.

Cedarwood Virginian is actually a species of Juniper tree, as reflected in its Latin name. It has an aroma similar to a freshly sharpened pencil, although it is more complex. Cedarwood Virginian is popularly used in products formulated for men, due to its woody, outdoor scent. Its qualities are the same as atlas cedarwood above

Chamomile German Essential Oil

Botanical Name:

Matricaria chamomilla

Country of Origin:

Egypt, Hungary, Nepal

Extraction Method:

Steam Distilled

1 kg oil yield from: 300–500 kg of the fresh herb

Plant Part:

Flowers

Strength of Aroma:

Strong

Aromatic Scent:

A strong, sweetish, warm, herbaceous odor

Blends Well With:

Bergamot, Chamomile Roman, Clary Sage, Geranium, Jasmine Absolute, Lavender, Lemon, Neroli, Patchouli, Tea Tree

The powerful scent of Chamomile German is widely known for its calming properties and very helpful to children who have problems with focus. It is also an excellent soother of congested skin and can be used in blends to assist with seasonal pollen threats and is great for skin healing and wounds, muscle spasms and cramps

Chamomile Roman Essential Oil

Botanical Name:

Chamaemelum nobile

Country of Origin:

China, United Kingdom, USA, France

Extraction Method:

Steam Distilled

Plant Part:

Flowers

1 kg oil yield from: 80–100 kg of the fresh herb

Strength of Aroma:

Strong

Aromatic Scent:

Sweet, “green”, herbaceous apple-like scent

Blends Well With:

Bergamot, Chamomile German, Clary Sage, Geranium, Jasmine Absolute, Lavender, Lemon, Neroli, Patchouli, Tea Tree

The powerful, sweet scent is a favorite among essential oil users to help ease children and adults to sleep. It has a more calming effect than the German chamomile so great to calm down children. .This oil is soothing and gentle and helps to ease tired muscles after strenuous exercise and aching joints

Citronella Essential Oil

Botanical Name:

Cymbopogon winterianus

Country of Origin:

Indonesia, China, India

Extraction Method:

Steam Distilled

Plant Part:

Leaves

Strength of Aroma:

Medium

Aromatic Scent:

Lemony citrus type scent, though it is much softer than actual Lemon with subtle wood tones

Blends Well With:

Bergamot, Cedarwood, Geranium, Lavender, Lemon, Orange Sweet, and Pine Scots.

Citronella is often used in soaps and candles because of its fresh scent. It can help to support a healthy respiratory system and also aid in relaxation. Used topically, Citronella can make your time spent outdoors more pleasant.

Clary Sage Essential Oil

Botanical Name:

Salvia sclarea

Country of Origin:

France, Bulgaria, Crimea, England, Hungary

Extraction Method:

Steam Distilled

Plant Part:

Leaves and flowering tops.

1 kg oil yield from: 100–150 kg of the herb

Strength of Aroma:

Medium

Aromatic Scent:

Earthy, fruity and floral aroma that is both nutty and herbaceous

Blends Well With:

Bergamot, Cedarwood, Chamomile German, Chamomile Roman, Geranium, Jasmine Absolute, Lavender, Neroli, Orange Sweet, Sandalwood

The wonderful aroma of Clary Sage is very earthy and has hints that are fruity, floral, nutty, and herbaceous. This very soothing aroma is the key blend that helps create an atmosphere that is balancing and calming when emotions are rampant. Think of it to calm both yourself and also the children.

Coriander Seed Essential Oil

Botanical Name:

Coriandrum sativum

Country of Origin:

Russia

Extraction Method:

Steam Distillation

Plant Part:

Seeds

Strength of Aroma:

Medium

Aromatic Scent:

Sweet, peppery, slightly fruity smell

Blends Well With:

Bergamot, Clary Sage, Fir Needle, Grapefruit Pink, Lemon, Neroli, Orange Sweet, Petitgrain, Rose Absolute and Turmeric

Coriander Seed is a fragrant, exotic oil that has been used for thousands of years in Asian countries, can stimulate the appetite and is excellent in relieving occasional digestive upset. It helps elevate mood, calms frazzled nerves, helps with mental focus and aids in relaxation before sleep. Coriander Seed Essential Oil is safe to use on congested or blemished skin.

Cypress Essential Oil

Botanical Name:

Cupressus sempervirens

Country of Origin:

Spain, France

Extraction Method:

Steam Distilled

Plant Part:

Leaves

Strength of Aroma:

Medium

Aromatic Scent:

Spicy, herbaceous, slightly woody evergreen aroma It is fresh and clean

Blends Well With:

Lavender, Tea Tree, Geranium, Cedarwood Atlas, Pine Scots, Orange Sweet, Sandalwood, Clary Sage, Juniper Berry, and Jasmine Absolute.

Cypress has a fresh, clean aroma that is herbaceous, spicy, with a slightly woody evergreen scent. This oil is a favorite because of its many therapeutic properties. Cypress can be used to support a healthy respiratory system and give emotional strength Cypress is ideal for supporting a healthy respiratory system all year long, especially during times of seasonal illness attacks. This is a great alternative to using eucalyptus. The uplifting aroma has a very soothing emotional quality that provides comfort during times of grief and sadness.

Dill Weed Essential Oil

Botanical Name:

Anethum graveolens

Country of Origin:

USA

Extraction Method:

Steam Distilled

Plant Part:

Aerial Parts

Strength of Aroma:

Medium

Aromatic Scent:

Green, grassy, tangy, smooth herbal scent that is gently warm

Blends Well With:

Geranium, Jasmine Absolute, Lemon, Lime, Orange Sweet and Petitgrain.

Dill Weed is an essential oil that is a go to when digestive upset arises. This oil is mellow, yet effective to help boost immunities during times of seasonal illness, The green, herbaceous, warm scent is gentle and soothing. It not only eases digestive issues but it's also helpful during times of worry and tension. This oil is not a common oil, but it is effective and loved by those that come to use it!

Fir Needle Essential Oil

Botanical Name:

Abies sibirica

Country of Origin:

Russia

Extraction Method:

Steam Distilled

Plant Part:

Needles / Twigs

Strength of Aroma:

Medium

Aromatic Scent:

A fresh, dry, resinous, piney aroma

Blends Well With:

Chamomile Roman, Clary Sage, Coriander Seed, Cypress, Frankincense Carteri, Geranium, Juniper Berry, Black Pepper, Pine Scots, and Tea Tree.

The uplifting forest-fresh scent of Fir Needle is a wonderful respiratory support oil. Fir needle helps ease congested breathing associated with seasonal illness and seasonal pollen threats.

Frankincense Carteri Essential Oil

Botanical Name:

Boswellia carteri

Country of Origin:

Somalia

Extraction Method:

Hydro-distilled

Plant Part:

Resin

Strength of Aroma:

Medium

Aromatic Scent:

Green, balsamic, with lemon-wood

Frankincense Carteri essential oil is steam distilled from a Middle Eastern or African tree's gum resin. It has been used for thousands of years as a spiritual incense, folk medicine, and in cosmetics. In traditional Chinese Medicine, the gum resin is used for bruising, swelling, sores, and pain from traumatic injuries. Frankincense Carteri has the ability to rejuvenate the look of mature skin and can be used in serums or creams for the face. It is also used as an immune system support.

Geranium Essential Oil

Botanical Name:

Pelargonium x asperum

Country of Origin:

South Africa, Madagascar, Réunion, Egypt, Morocco, China, India.

Extraction Method:

Steam Distilled

Plant Part:

Leaves

1 kg oil yield from: 500–700 kg of the fresh herb

Strength of Aroma:

Strong

Aromatic Scent:

Fresh, sweet, green, herbaceous scent

Blends Well With:

Bergamot, Citronella, Lavender, Lemon, Palmarosa, Patchouli, Rose Absolute, Sandalwood

Geranium Egyptian is a marvelous skin-balancing oil that can improve the overall skin complexion, and cuts scrapes and wounds. It is known for its beneficial effects on women's reproductive health and can be helpful in easing the tension associated with the stress of daily life. It is uplifting and gentle.

Grapefruit Pink Essential Oil

Botanical Name:

Citrus x paradisi

Country of Origin:

USA, South Africa

Extraction Method:

Cold Pressed

Plant Part:

Fruit Peel

Strength of Aroma:

Light

Aromatic Scent:

Sweet, juicy fresh citrus scent

Blends Well With:

Citronella, Coriander Seed, Fir Needle, Geranium , Jasmine Absolute, Juniper Berry, Neroli, Petitgrain

Cautions: Grapefruit oil can cause photosensitivity.

Grapefruit Pink is great for mental fatigue and moodiness. It is incredibly uplifting emotionally. Caution: do not use more than 4% dilution as it can be phototoxic.

Helichrysum Italicum Essential Oil

Botanical Name:

Helichrysum italicum

Country of Origin:

France, Croatia, Bosnia

Extraction Method:

Steam distillation of the fresh flowering herb in July and August

Plant Part:

Flowering Plant

1 kg oil yield from: 1,100–1,400 kg of the fresh herb

Strength of Aroma:

Medium

Aromatic Scent:

Sweet, warm, herbal woody

Blends Well With:

Bergamot, Pepper Black, Chamomile Roman, Clary Sage, Geranium Lavender, Lemon, Neroli, Palmarosa, Rose Absolute

True Helichrysum Italicum oil, also known as Immortelle, is grown only in a few spots around the world and is unsurpassed in its ability to rejuvenate the look of healthy, unblemished skin. Use it to reduce the appearance of scars and wrinkles, or other skin blemishes on the face or body. Helichrysum Italicum is said to support the body through post-illness fatigue and convalescence, mainly through boosting normal immune function. Helichrysum Italicum oil also soothes deep emotional feelings and diffuse anger and destructive feelings. It is excellent for coughs and muscular aches and pains.

Ho Wood Essential Oil

Botanical Name:

Cinnamomum camphora

Country of Origin:

China

Extraction Method:

Steam distilled

Plant Part:

Wood

Strength of Aroma:

Medium

Aromatic Scent:

Woody, floral and camphorous scent

Blends Well With:

Bergamot, Cedarwood Atlas, Chamomile German, Chamomile Roman, Lavender, Lemon, Sandalwood

Ho Wood Oil is steam distilled from the bark and wood of the ho tree. This oil is extremely high in calming linalool and is excellent for promoting a peaceful and relaxing environment. Ho Wood has a woody, floral, and camphorous scent. Its

aroma and properties are very similar to Rosewood Oil, which as a threatened species, should be avoided. The camphor content in Ho Wood Oil results in a cooling feeling when used topically.

Jasmine Absolute

Botanical Name:

Jasminum sambac

Country of Origin:

India

Extraction Method:

Solvent extraction

Plant Part:

Flowers

Strength of Aroma:

Strong

Aromatic Scent:

Intense oily-fruity, waxy floral scent

Blends Well With:

Bergamot, Clary Sage, Copaiba Balsam, Coriander Seed, Frankincense Carteri, Petitgrain, Rose Absolute, Sandalwood, Vanilla CO2, Vanilla Oleoresin

Jasmine Absolute is an incredible oil known for its distinctive, exotic floral aroma that is often used in perfumery. Its intoxicating smell is known as an aphrodisiac that increases feelings of love and romance. Additionally, it is uplifting to the senses and helps to create a positive atmosphere. Other popular uses include helping to rejuvenate and refresh the skin when added to skincare products and also soothing a sore throat when problems occur.

Juniper Berry Essential Oil

Botanical Name:

Juniperus communis

Country of Origin:

Bosnia-Herzegovina, Macedonia, Albania, Turkey, France, Italy, Hungary, England.

Extraction Method:

Steam distilled

Plant Part:

Berries

1 kg oil yield from: 100–300 kg of the dried ripe berries

Strength of Aroma:

Medium

Aromatic Scent:

Sharp green, woody conifer scent

Blends Well With:

Bergamot, Clary Sage, Chamomile Roman, Coriander Seed, Cypress, Fir Needle, Frankincense, Grapefruit Pink, and Black Pepper.

Juniper Berry essential oil is an incredible oil with a very distinct scent and is a natural purifier. The sharp, green, woody, conifer scent can help soothe nervous tension and is ideal for personal meditation when added to a diffuser or personal inhaler. When applied topically, it can produce a warming sensation making it a great choice to use on achy muscles after a strenuous workout. Use it after a long day on your feet in a foot bath for a refreshing treat to your feet.

Lavender Essential Oil

Botanical Name:

Lavandula angustifolia

Country of Origin:

Bulgaria, Spain, France, Greece

Extraction Method:

Steam Distilled

Plant Part:

Flowering Tops

1 kg oil yield from: 100–150 kg of the herb

Strength of Aroma:

Medium

Aromatic Scent:

Sweet, Dry, and Herbaceous-floral

Blends Well With:

Bergamot, Cedarwood Virginian, Clary Sage, Geranium, Helichrysum, Lemon, Neroli, Patchouli, Rose Absolute, Sandalwood and Vetiver.

Lavender or *Lavandula Angustifolia*, is a full-bodied steam-distilled oil from the flowering tops of the Lavender plant. Known for its many uses, Lavender essential oil is world renowned as one of the world's most popular and versatile oils, and for good reason! Lavender has an incredibly sweet, floral, herbal scent and is also highly prized for its many therapeutic properties.

The smell of Lavender alone can help produce a calm, peaceful tranquil environment. Diffuse Lavender essential oil into the air before bedtime to promote peaceful sleep, or add Lavender to your favorite lotion or carrier oil to soothe the skin, and help unwind your senses. It is also excellent for pains, burns, scrapes and prevents scarring.

Lemon Essential Oil

Botanical Name:

Citrus x limon

Country of Origin:

Italy, Spain, Israel, Argentina, USA

Extraction Method:

Cold Pressed

Plant Part:

Fruit Peel

1 kg oil yield from: 120–150 kg of the fresh rind

Strength of Aroma:

Strong

Aromatic Scent:

Fresh, zesty citrus scent

Blends Well With:

Bergamot, Cedarwood Atlas, Citronella, Coriander Seed, Geranium, Lavender, Lime,, Neroli, Palmarosa, Petitgrain, Sandalwood and Vetiver.

Lemon has a fresh, zesty citrus scent that is refreshing, energizing, and uplifting; this scent is invigorating to the senses and wonderful to smell. Hailing from Italy, Lemon Essential Oil has been used for centuries. This strong, but refreshing scented aroma is known to support a healthy immune system, uplift and revitalize, and add a wonderful lemon scent to spray cleaners.

Lemon Eucalyptus Organic Essential Oil

Botanical Name:

Corymbia citriodora

Country of Origin:

Madagascar

Extraction Method:

Steam Distilled

Plant Part:

Leaves

Strength of Aroma:

Medium

Aromatic Scent:

Light, sweet lemony citronella-type scent

Blends Well With:

Cedarwood Atlas, Citronella, Frankincense Carteri, Lavender, Lemon, Spearmint and Tea Tree.

Lemon Eucalyptus Essential Oil is calming to the spirit with its sweet lemony aroma. It's a wonderful air freshener and can help support a healthy respiratory system.

Many people like to use Lemon Eucalyptus when spending time outdoors in the warmer months.

Cautions: If pregnant or under a doctor's care, consult your physician.

Lime Steam Distilled Essential Oil

Botanical Name:

Citrus x aurantifolia

Country of Origin:

Mexico

Extraction Method:

Steam Distilled

Plant Part:

Fruit Peel

Strength of Aroma:

Medium

Aromatic Scent:

Sweet green citrus scent

Blends Well With:

Bergamot, Cardamom, Citronella, Clary Sage, Coriander Seed, Jasmine Absolute, Lavandin, Lavender, Lemon, Lemon Eucalyptus, Neroli, Orange Sweet, Petitgrain, Grapefruit Pink, Rose Absolute, Sandalwood, Vanilla Oleoresin,

Steam Distilled Lime Oil - unlike Cold Pressed Lime Oil - is not phototoxic.

Therefore, you can feel free to add it to lotions, balms and other body products without worrying about sun exposure.

Lime Oil has a beautifully clean, bright citrus scent with a hint of sweetness. The bright aroma of Lime makes a wonderful start to the day and can help clear and energize the mind. It can also help support a healthy immune system.

Mandarin Essential Oil

Botanical Name:

Citrus reticulata

Country of Origin:

Brazil, Italy, Israel, South Africa, Argentina,

Extraction Method:

Cold Pressed

Plant Part:

Fruit Peel

1 kg oil yield from: 100–150 kg of the fresh fruit rinds

Strength of Aroma:

Light

Aromatic Scent:

Sweet, fresh, full-bodied citrus scent

Blends Well With:

Cypress, Frankincense Carteri, Geranium, Lavender, Lemon, Lime, Neroli, Orange

Sweet, Petitgrain, Rose absolute, Vanilla CO2

Because of its sweet, fresh scent, Mandarin is uplifting and can help soothe nervous tension and sadness when diffused.

Marjoram Sweet Essential Oil

Botanical Name:

Origanum majorana

Country of Origin:

Egypt, Tunisia, Hungary, France

Extraction Method:

Steam distilled

Plant Part:

Flowers

1 kg oil yield from: 160–200 kg of the fresh herb

Strength of Aroma:

Medium

Aromatic Scent:

Fresh-medicinal, sweet, herbaceous scent

Blends Well With:

Coriander Seed, Cypress, Dill Weed, Helichrysum italicum, Mandarin, Orange Sweet, Sandalwood and Tea Tree

Marjoram is calming and warming and can help encourage relaxation before sleep. When suffering from the symptoms of common seasonal illnesses, Marjoram can provide comfort.

Neroli Essential Oil

Botanical Name:

Citrus x aurantium

Country of Origin:

Egypt, Morocco

Extraction Method:

Steam distilled

Plant Part:

Flowers

Strength of Aroma:

Medium

Aromatic Scent:

Beautiful orange blossom floral scent

Blends Well With:

Bergamot, Geranium, Grapefruit Pink, Jasmine Absolute, Lavender, Lemon, Lime, Mandarin, Orange Sweet, Palmarosa, Petitgrain, Rose Absolute, Tangerine, Vanilla CO2 and Sandalwood

Neroli is the perfect essential oil for when you need a break from the world. This absolutely delightful and vibrant floral essential oil comes from orange blossoms found in Egypt. It is one of the most comforting and effective essential oils when dealing with grief, nervous tension, or exhaustion. Neroli is often used in skincare preparations to promote a healthy complexion.

Orange Sweet Essential Oil

Botanical Name:

Citrus sinensis

Country of Origin:

Brazil, USA, Greece, South America,

Extraction Method:

Cold Pressed

Plant Part:

Fruit Peel

Strength of Aroma:

Medium

Aromatic Scent:

Juicy-fresh, light citrus scent

Blends Well With:

Bergamot, Coriander Seed, Fir Needle, Frankincense, Geranium, Jasmine Absolute, Lemon, Neroli and Vanilla

Orange Sweet is most commonly known for its wonderful uplifting and calming scent. It just feels like a “happy” oil! When diffused, it can help with nervous tension, sadness, and can also improve the aroma of a stale room. It can also help support normal function of the immune system.

Palmarosa Essential Oil

Botanical Name:

Cymbopogon martini

Country of Origin:

India

Extraction Method:

Steam distillation of the fresh or dried grass in April and May, and again September through December

Plant Part:

Leaves

1 kg oil yield from: 50–70 kg of the grass

Strength of Aroma:

Medium

Aromatic Scent:

Soft, Green & Rosy

Blends Well With:

Bergamot, Cedarwood Virginian, Geranium, Lemon, Neroli, Patchouli, Petitgrain, Rose Absolute and Sandalwood

Palmarosa has a soft, sweet floral scent and is often diffused to freshen up and sanitize the air. It is also considered to be an excellent skin-balancing oil for all skin types, much like Neroli essential oil. It is a marvelous oil for supporting digestive health. Palmarosa is also viewed as helpful in uplifting and steadying the emotions. Palmarosa is also a wonderful oil to consider pulling out of the oil box when seasonal illness strikes.

Patchouli Essential Oil

Botanical Name:

Pogostemon cablin

Country of Origin:

Indonesia (Sumatra), Malaysia, Seychelles, India, Madagascar, South China, Brazil.

Extraction Method:

Steam Distilled

Plant Part:

Leaves

1 kg oil yield from: 30–50 kg of the dried herb

Strength of Aroma:

Medium

Aromatic Scent:

Rich, earthy, woody, “wine” scent

Blends Well With:

Bergamot, Cedarwood Virginian, Copaiba Balsam, Cypress, Geranium, Lavender, Neroli, Orange Sweet, Palmarosa, Rose Absolute, Sandalwood and Vetiver.

Patchouli became famous during the 1960s in the United States as a favorite scent of young counter-culture people, but it has been used as a scent in Asia for centuries. It is best known for its skin care applications. When added to a carrier oil, it can help with the appearance of skin wrinkles, scars, and skin blemishes and it's a wonderful addition to a man's deodorant formula. When diffused, Patchouli can help alleviate nervous tension and worry and is a soothing oil to diffuse during meditation.

Petitgrain Essential Oil

Botanical Name:

Citrus x aurantium

Country of Origin:

Italy, Paraguay

Extraction Method:

Steam Distilled

Plant Part:

Leaves / Twigs

Strength of Aroma:

Strong

Aromatic Scent:

Bitter-sweet, woody floral scent

Blends Well With:

Bergamot, Coriander Seed, Jasmine Absolute, Lemon, Lime, Mandarin, Neroli, Palmarosa, Grapefruit Pink

Petitgrain Essential Oil originated from Paraguay and is extracted using steam distillation from the leaves and twigs of the Seville bitter orange tree. This oil has a woody, fresh scent with a hint of floral. This wonderful aroma is a favorite for natural perfumery, comforting the mind when emotions are running wild, and is gentle and effective for skin care. When added to body or room spray, the delightful scent of Petitgrain can give the atmosphere not only a wonderful aroma, but creates an

environment that is uplifting and energizing.

During times of great emotional upheaval, Petitgrain is a go to choice to help balance emotions. A favorite for skin care, Petitgrain is gentle, yet effective to help with blemishes and oily skin.

Pine Scots Essential Oil

Botanical Name:

Pinus sylvestris

Country of Origin:

Austria, Hungary

Extraction Method:

Steam Distilled

Plant Part:

Leaves

Strength of Aroma:

Strong

Aromatic Scent:

Fresh, sweet-green woody scent

Blends Well With:

Citronella, Clary sage, Frankincense, Grapefruit Pink

Pine Scots is particularly known for its ability to help support a healthy respiratory tract. When added to a carrier oil, it is warming and soothing to tired muscles and can help support circulation. Added to cleaning products or to potpourri, it brings the fresh scent of the forest into your home. It is a great alternative to using eucalyptus and is great to either massage onto your child's chest and/or diffuse to ease congestion, coughs and sinusitis.

Rosalina Essential Oil

Botanical Name:

Melaleuca ericifolia

Country of Origin:

Australia

Extraction Method:

Steam Distilled

Plant Part:

Leaves

Strength of Aroma:

Medium

Aromatic Scent:

Soft, lemony, medicinal and floral scent

Blends Well With:

Blue Tansy, Citronella, Cypress, Fir Needle, Geranium, Grapefruit Pink, Lavender, Lemon, Palmarosa, and Tea Tree.

Rosalina essential oil (also referred to as Lavender Tea Tree in Australia) has many of the same properties as Eucalyptus oil, yet it is gentler and safer. Rosalina oil is great for respiratory congestion common with seasonal pollen threats or wintertime illness.

Rose Absolute Essential Oil

Botanical Name:

Rosa x centifolia

Country of Origin:

Morocco

Extraction Method:

Solvent extracted

Plant Part:

Flowers

Strength of Aroma:

Medium

Aromatic Scent:

Sweet, green/waxy and floral

Blends Well With:

Bergamot, Chamomile, Geranium, Helichrysum Italicum, Jasmine Absolute, Lemon, Neroli, Palmarosa, Patchouli, Petitgrain, Sandalwood Vetiver

Highly prized for its rich floral scent, Rose Absolute is also known for its calming properties, helping to soothe emotions and bring calm in the midst of fresh grief. It can promote relaxation before sleep when diffused or applied topically diluted in a carrier oil. It is extremely useful in skin rejuvenation, as Rose oil counteracts the visible signs of aging, reducing the appearance of wrinkles and helping smooth skin.

Sandalwood Australian Essential Oil

Botanical Name:

Santalum spicatum

Country of Origin:

Australia

Extraction Method:

Steam Distilled

Plant Part:

Wood

Strength of Aroma:

Medium

Aromatic Scent:

A soft, sweet woody scent

Blends Well With:

Bergamot, Cedarwood Virginian, Copaiba Balsam, Coriander Seed, Geranium , Lemon, Mandarin, Neroli, Palmarosa, Patchouli, Rose Absolute and Vetiver.

Originating from Australia and steam distilled from the wood of the Sandalwood tree, Sandalwood Australian is a precious oil that has been cherished for centuries by its users.

This gentle oil is effective for skin care, relieving tension, and calming agitated emotions. Sandalwood Australian's components are perfect to help reduce oily skin and skin blemishes. Its rich, woody scent is strong, but has a hint of sweetness that makes this oil a dream to the senses. When diffused or inhaled, it is a favorite for meditation to help relax the mind from the worries of everyday life.

Spearmint Essential Oil

Botanical Name:

Mentha spicata

Country of Origin:

Northwest USA, China, South America, Japan

Extraction Method:

Steam Distilled

Plant Part:

Leaves

1 kg oil yield from: 50–100 kg of the semi-dried herb

Strength of Aroma:

Medium

Aromatic Scent:

Sweet mint scent

Blends Well With:

Bergamot, Dill Weed, Jasmine Absolute, Lavender, Vanilla C02

Spearmint is a wonderful child safe oil from the same family as peppermint. When diluted in carrier and applied to the abdomen, it can help relieve a queasy stomach and bloating. When diffused, Spearmint is uplifting, reduces emotional agitation, improves concentration, and eases physical tension in the head and neck.

Spruce Black Essential Oil

Botanical Name:

Picea mariana

Country of Origin:

Canada

Extraction Method:

Steam Distilled

Aromatic Scent:

Fresh, Crisp, Woody and Earthy

Blends Well With:

Bergamot, Cedarwood, Frankincense, Lavender, Lemon,

Spruce Black is an abundant coniferous tree that produces an essential oil loaded with therapeutic properties. Historically, Spruce Black has been used in ointments, salves, and lotions to help soothe muscular discomfort and to ease tight breathing associated with seasonal concerns and pollen threats. With its fresh and uplifting aroma, it also helps lift away feelings of the winter doldrums by fighting off fatigue and energizing the senses.

Tangerine Essential Oil

Botanical Name:

Citrus reticulata

Country of Origin:

Brazil, Mexico

Extraction Method:

Cold Pressed

Plant Part:

Fruit Peel

Strength of Aroma:

Medium

Aromatic Scent:

Tangerine has a fresh, sweet citrus scent

Blends Well With:

Bergamot, Clary Sage, Coriander Seed, Cypress, Geranium Grapefruit Pink, Lavender, Lemon, Lime, Neroli, Orange Sweet, Petitgrain, Rose Absolute and Vanilla CO2.

Tangerine is bright, refreshing, and rejuvenating. Its brightness can help clear the mind and reduce nervous tension. It is also a helpful support to the immune system. Tangerine can help quell digestive issues such as a queasy stomach when added to

a carrier oil and applied to the abdomen.

Tea Tree Essential Oil

Botanical Name:

Melaleuca alternifolia

Country of Origin:

Australia

Extraction Method:

Steam distilled

Plant Part:

Leaves/twigs

1 kg oil yield from: 60 kg of leaves and twigs

Strength of Aroma:

Medium

Aromatic Scent:

Fresh, medicinal, green wood scent

Blends Well With:

Bergamot, Cypress, Grapefruit Pink, Juniper Berry, Lavender, Lemon, Marjoram
Sweet, Pine Scots, Rose Absolute,

Tea Tree essential oil is one of the most popular essential oils, and for good reason. Native to Australia, it's commonly applied around the world for a multitude of uses. It has a green, medicinal, woody aroma and is a wonderful addition to natural home-cleaning sprays and can clear and refresh musty areas. This oil is also fabulous for helping to clear teenage blemishes and other problem skin areas.

Vanilla Oleoresin

Botanical Name:

Vanilla planifolia

Country of Origin:

Madagascar

Extraction Method:

Solvent extraction

Plant Part:

Seeds

Strength of Aroma:

Medium

Aromatic Scent:

A soft, sweet, rich and full scent

Blends Well With:

Bergamot, Grapefruit Pink, Jasmine Absolute, Lemon, Mandarin, Orange Sweet, Rose Absolute, Sandalwood, Tangerine, Vanilla CO2, Vetiver.

Vanilla Oleoresin is well known for its warm, inviting scent and is often used in sensual blends. When added to a carrier oil, it can help reduce nervous tension and agitation, and promote relaxation before sleep. Its rich, comforting, familiar aroma makes a wonderful addition to many DIY aromatherapy products.

Vetiver Essential Oil

Botanical Name:

Vetiveria zizanioides

Country of Origin:

South India (native), Sri Lanka (native), West Java (native), Madagascar, Réunion, Haiti, China, Brazil.

Extraction Method:

Steam distilled

Plant Part:

Roots

1 kg oil yield from: 50 kg of roots

Strength of Aroma:

Strong

Aromatic Scent:

Powerful earthy, woody, smoky scent

Blends Well With:

Bergamot, Clary Sage, Cypress, Frankincense, Helichrysum Italicum, Lavender, Lemon, Marjoram Sweet, Patchouli, Black Pepper, Rose Absolute, Sandalwood, Turmeric CO2.

Vetiver is a root oil that is jam packed with therapeutic properties. This oil is known for its abilities to promote relaxation and balance. Vetiver is very popular to use before bedtime to help calm the mind. It has a very strong aroma that has a earthy, woody, smoky scent, but is pleasant to the senses. Vetiver has been used in natural perfumery for years because of its unique aroma and only a little is needed to smell that amazing scent. It is gentle and effective to help skin blemishes, supports a healthy immune system, and a little goes a long way.