

Know Your Human Design

I have included my own Human Design bodygraph so you can get an idea of what I'm talking about when I mention our individual energy template, or blueprint. Don't be overwhelmed by any of this information, it's a lot to digest. I don't expect you to get this all of this right away. Trust me, I'll be learning about my own design for the rest of this lifetime, at least. Awareness comes in layers when you work this deeply with the energetic blueprint.

We are going to cover just a few basics, to get you started, in this introductory module. You can study Human Design as deeply as you want to and take ongoing courses to build a foundation for self-healing and professional offerings.

Based on the number of students and time constraints, I will do a brief reading of each person's human design chart in the class. You can always book a private consultation with me to go deeper into your own gates, channels, elements and strategies. I like to look at the energy combination of the group so make sure you have sent your birth date, location and exact time to: evangelinehemrick@gmail.com

You will find it helpful to compare the designs of the people in your own household with your own design to see how you fit together and share energy. Essentially, you make a recipe with anyone you interact with and this synergy determines what harmony or conflict is created.

During our live Q and A Zoom meeting, we will go over some key points in each person's chart. It's always fascinating to see what beautiful mosaic of aura types come together for a powerful class like this one. Each group is always the "right group" and we come together to share our energy for a reason.

In the bodygraph image below, each one of the gates and channels has a special attribute that is activated in me. You are looking at a detailed overview of my chakra system and how my energy centers are connected or disconnected. This is how my specific chakra system works. From this chart, one can determine where someone holds their strength and power, how they manifest, how they process information, how they are affected by the world around them, what skills they inherited from their parents, genetic predispositions, tribal fears and much more.

Expanding Sacred

If astrology does not interest you but chakras do, think of Human Design as a chakra treasure map and each human being is the hidden treasure.

Action Step:

Get your free chart at <https://www.humandesignamerica.com> OR [myBodyGraph](#)

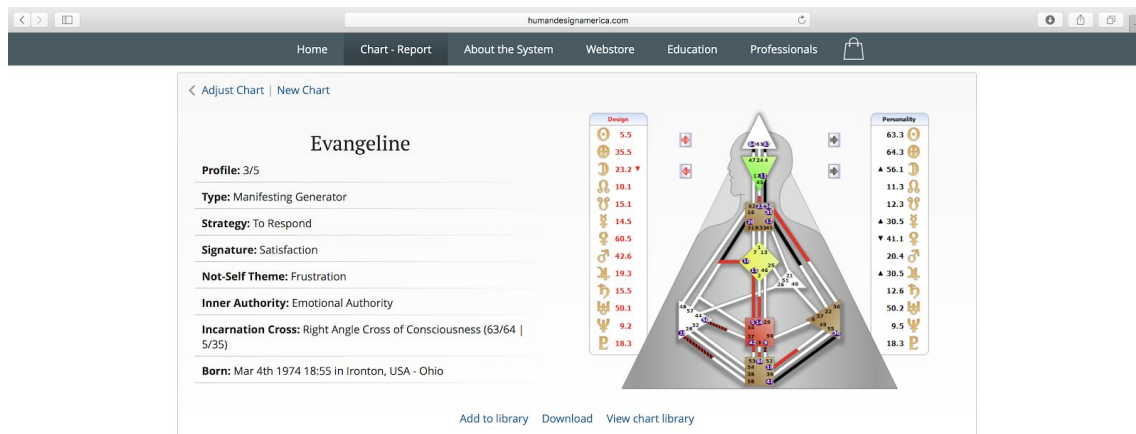
The basic info we will cover in our live session includes:

Your Type

Strategy and Authority

Defined Centers

Undefined Centers



Get your Bodygraph Report - \$12.95

Get your Profile Report - \$19.95

Free sample of your Bodygraph Report

You are a Manifesting Generator. You can have a lot of energy and enjoy doing and trying new things. You have a strong method of self-expression and it can be easy for you to get involved with and start new things. You can have a lot of dedication for activities that you love to do, however it can be easy for you to get over extended and involved in commitments that you don't really want to be doing. A commitment or activity may seem like a good idea at first, but, if you don't have a deeper energetic compatibility with it, it can drag you down and become a torment over time. Within your unique chart configuration, there are dilemmas that can get in the way of you following your passions. The following is an example of this.

[read more...](#)

Free sample of your Profile Report

You are a 3/5 Profile. Your unconscious has an innate awareness of social dynamics, helping you understand and engage with a wide range of people. Your unconscious thrives on dynamic interactions and opportunities to use your leadership skills in practice.

Because they are difficult to detect, it is easy to overlook your unconscious needs. When times are hard, you may feel trapped by the monotony of life and seek out engaging experiences in an attempt to rekindle

[read more...](#)

Why Take Time to Understand Energetic Blueprints?

*Understanding how my clients' chakras work makes me a more effective practitioner. Having the awareness of each client's basic energy template shows me how we work together and why the therapist/client relationship is easy or challenging with that particular person.

*Knowing the basic astrology of my intimate circle, my closest friends and family, empowers me with understanding and compassion for why the people around me behave the way they do, I have the awareness of why things are easy with one person and challenging with the next. Taking a quick look at a potential new relationship brings

light to pitfalls and relationship challenges when it comes to deciding if you want to collaborate with someone on a project or choose a job working closely with someone.

*Having the awareness of what lights me up, what throws me for a loop, how I eat best, what kind of environment and exercise is best for me, how I learn and process information-this wisdom is pure gold that makes every aspect of my life work better!

**Being empowered with the knowledge of WHY the people around us behave the way they do gives us more awareness, compassion and you guessed:
EFFECTIVENESS.**

Fundamental Shamanic Principle: Effectiveness is the measure of truth. How effective something is for you, how much it works in your life is what determines if it's true for you or not.

Throughout the ages, nobility would keep counsel with the wise ones-the astrologers and psychics. The magi were respected since they were the ones who studied the stars, had psychic dreams and visions of the future. The Christian term for the magi who followed the stars to find Jesus meant, "wise men".

<https://www.etymonline.com/word/magi>

At this stage in the development of humanity, we have the responsibility to be our own wise ones. It is up to each one of us to be the visionary, charting the stars of our own life course. We are the ones we have been waiting for, there's no one out there who needs to know more about our life than we do. This is why I love shamanism-it's all about empowerment. We assist those we work with to be the one who knows themselves inside and out. While we guide those we work with, we direct them inward for answers.

If you see clients in a therapeutic setting, your practice will be enhanced with just a basic understanding of this modality.

Ready to learn more? Here's a free media library where you can educate and empower yourself with more Human Design knowledge:

https://www.jovianarchive.com/Media_Library/Downloads/17/Free_eBooks