

## Level 1A Week 1: Practice each assignment daily as indicated

### Technique:

- **Practice 8 Guidelines of Proper Piano Position** (8 Guidelines: feet flat on floor, sit on edge of bench, knees slightly under bench, back straight, shoulders down, elbow slightly out (water balloon), wrist straight, fingers curved (bridges))
- **Finger Numbers...** LH 54321 RH 12345 Play Hand Game as done in class.
- **Practice playing high, middle, low pitches** on the keyboard. Try to match the pitch with your voice. 4-5/day
- **Play Music Alphabet** (ABCDEFG) Play all notes from bottom of piano with strong middle (3) finger saying the note out loud. 1x
- **Play Doggy House notes** together. Fingers to use: LH 32 RH 23. Play from lowest group on the piano keys to highest group on the piano keys 1x
- **Play People House notes** together. Fingers to use: LH 432 RH 234 Play from lowest group on the piano keys to highest group on the piano keys 1x
- **Note Values** – Practice saying while walking/running or using your hands on your lap/fall board. walk walk walk walk (quarter notes) running running (eighth notes) half note half note (half notes).
- **(Optional...) Musical Alphabet** - Introduce Notes story – Play from low notes on piano keys to highest notes on piano keys bouncing wrist loosely on each note 4 times. (Cat, Dog, Elephant, Front Door, Grandma, Applesauce (Cookies), Back Door)

### Reading: Faber Primer Level

- **Technique Book** – Do pp 3-5, Learn pp 6-7 “Firming Up My Fingers” LH/RH
  - pp 3-5 – Do each exercise daily.
  - pp 6-7 – “Firming Up My Fingers” LH/RH
    - Clap and Count 1x out loud with music
    - 3x each hand separately. You can practice by doing RH one line at a time, then LH one line at a time (if needed). Or just do completely song hands alone.
    - Pay close attention to dynamics – *f* (LOUD, *forte*) *p* (soft, *piano*)
- **Performance Book** – Learn pp 2-3 “In the Jungle” “The Doorbell”
  - Count 1x out loud, 3x each hand
  - Practice each line with dynamics

### Performance: No Music. Play by ear.

- Play “Mary Had a Little Lamb” with black notes. Sing with it. 3x
  - Find position on “People House” (set of 3 black keys) in middle of piano.
  - RH Fingering: 4323444 333 444 then LH: 2343222 33234
  - Do as in recording. Also use attached sheet with finger numbers.