

Toddler Main Activity

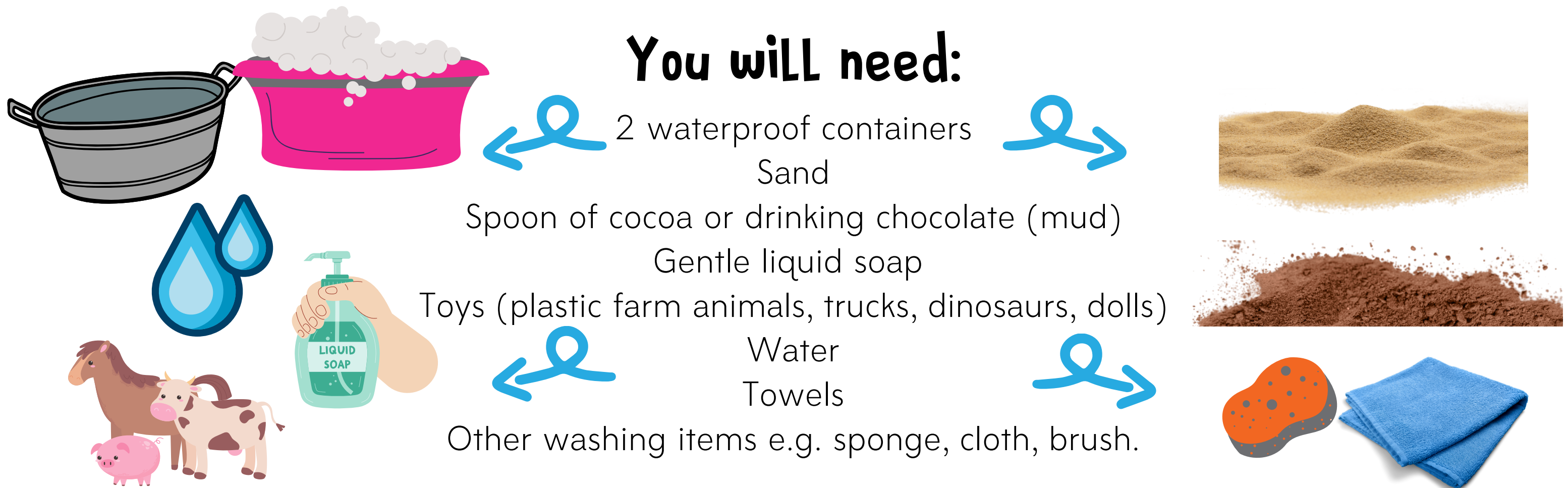
Hands on at Home

Sand and Water Play

Oh no! The toys are dirty! Today we will be doing a fun pretend play muddy toy wash!

This will be aimed at socio-emotional development.

You will need:



Method:

1. In one container – mix sand, cocoa, water and a few drops of the liquid soap so the sand is sticky. Your toddler can have free play time to mix and explore
2. Add some toys e.g. plastic farm animals and let your toddler “pretend play” with the animals and see how they get all “muddy.” They will need a wash!
3. Put some water and a squirt of gentle soap into your second container. Let your toddler splash the water around and it will become foamy
4. Encourage your child to talk to his/her animals and give them a wash
5. Add sponges, cloths and brushes for more creative play
6. Dry toys with a towel



Activity Tip:

Upgrade – model to your toddler how to empathize with a toy e.g. “I know you don’t like having your hair washed but look, I am making sure that no soap gets in your eyes.”

Practice social skills e.g. you and your child can take turns to wash and do a clean up after the activity.

Talk about the importance of cleaning with your toddler and why we have a bath and wash and why it is important to wash your animal or car.

Downgrade – demonstrate and talk about each step with your toddler and encourage lots of copying and pretend play.