



Completed On: \_\_\_\_\_

## Life Vision

Review and update this at least annually. If you are married, complete this activity together. The prompts are intentionally vague so you can explore your dreams for your life.

The goal of identifying, writing down, and focusing on your Life Vision is to ***motivate you*** through the hard choices you'll have to make throughout this program and ***encourage you*** when things don't go as planned and you have to regroup. For that reason, we are going to identify a Life Vision for the not-too-distant future. 18 to 24 months is perfect.

### SPIRITUALITY

Write 1 or 2 things you want to think, feel or do differently in 18 to 24 months that defines who you are spiritually. *For example: Think - I want to have complete faith God knows what is in my best interest even when things don't work out the way I want them to. Feel – I want to feel great peace and joy in everything that happens in my life because of God's love for me. Do – I want to read God's Word and praise Him daily. I want to build relationships with other Christians by volunteering at church and joining a small group.*

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### HEALTH

Write 1 or 2 things you want different and better in your mind and body 18 to 24 months from now. *For example: Mind - I want to be calm during financial crises. Body - I want a BMI of XX or I want my blood sugar or cholesterol level to be XX.*

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## RELATIONSHIPS

List 1 or 2 things you want to be different and better 18 to 24 months from now in the most important relationships in your life. *For example: I want to go on a date night with my spouse at least once a month.*

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## WEALTH

List 1 or 2 things that describe the lifestyle you want to experience 18 to 24 months from now as a result of your newfound financial freedom. *For example: I want to be able to go impulsive shopping once a month with no worries. I want to be able to take a month off work so I can finish a book I'm writing.*

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List 1 or 2 things that describe the perfect day you want to experience at work or in your work environment 18 to 24 months from now. *For example, I want to travel less than 3 or 4 times a year. I want to mostly only work 8 a.m. to 5 p.m. Monday through Friday. I want to work with friendly, competitive, high-achieving individuals in an organization that puts people first.*

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On a scale of 1 to 10, how important is it to take short (months) or long (years) sabbaticals?

How old do you want to be when you semi-retire (work part-time) and fully retire?

List 1 or 2 things you want to do when you retire that you believe you cannot do while you are working. *For example: I want to be able to travel for weeks at a time. I want to spend more time with my grandchildren. I want to live near the ocean and where there is very little traffic and crime.*

God loves you. God loves you. God loves you. God loves you.