

### 5 Topics of Bhagavad-Gita

- 1) Soul - atma
- 2) Nature - prakrti
- 3) Action - karma
- 4) Time - kala
- 5) God - isvara

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**What Goes Around,  
Comes Around.**

Lessons from the Gita on karma and reincarnation

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### Objectives

- By the end of the course the attendees will have gained an access to be inspired to read the Gita
- By the end of the course attendees will be able to recall some basic principles of the Gita
- By the end of the course attendees will be inspired to ask questions and go deeper.
- By the end of the course attendees will see how the ancient wisdom of the Gita has relevance in current times

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### Course Outline

- Setting the Scene / The Search for Happiness
- Atma - The Soul - Who Am I?
- Ivara - God - Does God Exist?
- Karma & Reincarnation - What Goes Around Comes Around.
- Prakriti - Nature - The World Within & Without
- Kala - Eternal Time - The Priceless Commodity?

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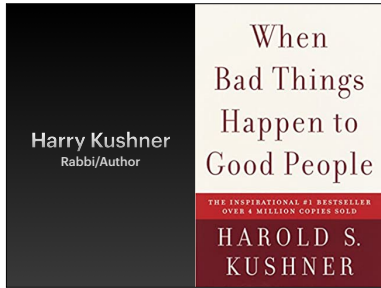


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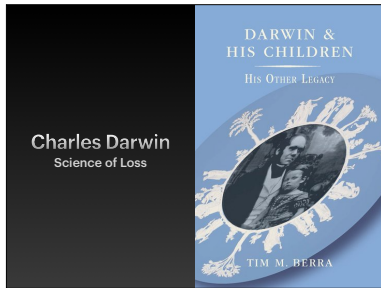


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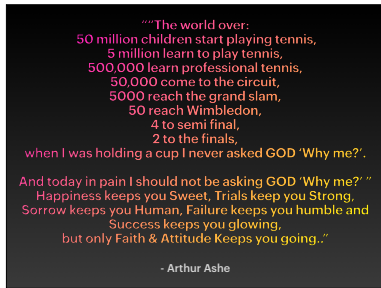


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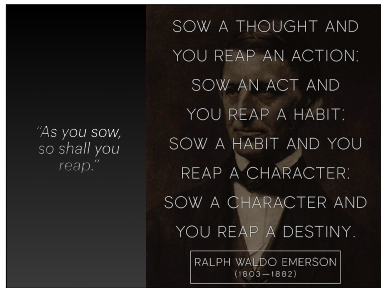


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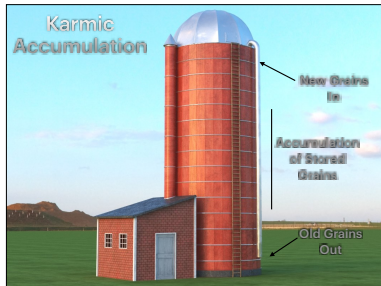


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**Karma (Activity)**




Definition:  
The activity of the living entity within the framework of his free will, under the influence of the modes of nature over a span of time.

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And to every action there is always an equal and opposite or contrary, reaction.

*Isaac Newton*

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"karmāṇo hy api boddhavyam, boddhavyam ca vikarmanah, akarmanas ca boddhavyam, gahana karmāno gatih"



Bhagavad-Gita 4.17 - The intricacies of action are very hard to understand. Therefore one should know properly what action is, what forbidden action is, and what inaction is.

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**Karma**  
Positive action



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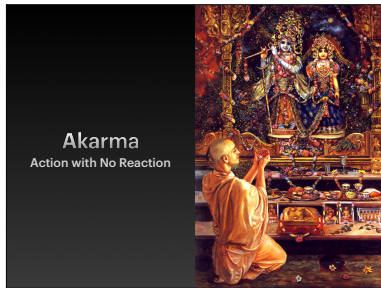


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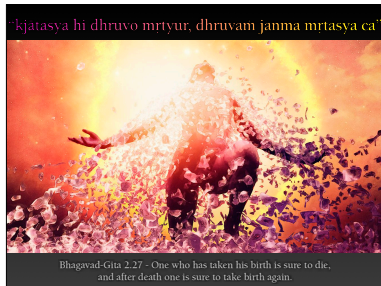


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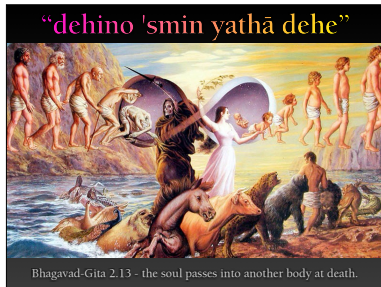


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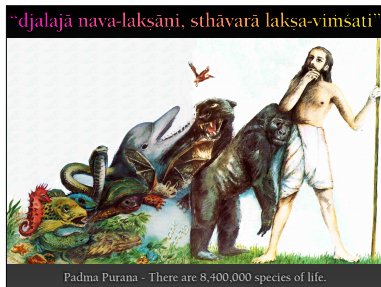


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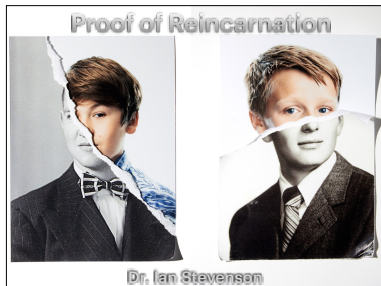


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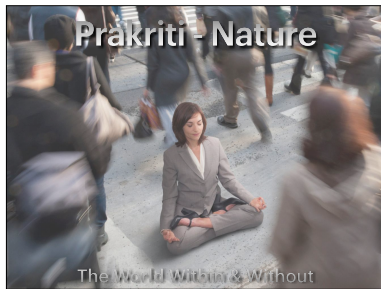


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