

MAKING A PLAN TO IMPROVE YOUR LIFE

Building A Better Future – Part 3
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Principle 1 – Get dissatisfied with your current situation! Get a “Burden.”
Principle 2 – Start with what needs changing inside me! “My Soul.”
Principle 3 – Write down a simple plan to get started.

WHY SHOULD I MAKE PLANS?

1. BECAUSE GOD MAKES PLANS

“I know the plans I have for you,” says the Lord, “plans to prosper you and not to harm you, plans to give you a hope and a future.” - Jeremiah 29:11 (NIV)

“God is not a God of disorder . . .” - 1 Corinthians 14:33 (NIV)

2. BECAUSE GOD _____ ME TO PLAN

“Mark out a straight path for your feet; then stick to the path and stay safe.” - Proverbs 4:26 (NLT/TLB)

“Everything should be done in a fitting and orderly way.” - 1 Corinthians 14:40 (NIV)

3. SO I DON'T WASTE MY LIFE

“Live life with a due sense of responsibility, not as those who do not know the meaning of life but as those who do. Make the best use of your time. . . . Don't be vague but grasp firmly what you know to be the will of the Lord.” - Ephesians 5:15-17 (Ph)

NEHEMIAH'S 7 STEP PLANNING MODEL

Nehemiah 1:11–2:9

STEP 1: PRAY AND ASK FOR GOD'S _____

“O Lord, please hear my prayer! And listen to the prayers of all your servants who love to honor you. Give your servant success today by granting him favor in the king's presence.’ In those days I was the king's wine steward.” - Nehemiah 1:11

“If you want to know what God wants you to do, just ask him, and he will gladly tell you, for he is always ready to give a generous supply of wisdom to all who ask him. . . .” - James 1:5 (LB)

STEP 2: PREPARE FOR AN OPPORTUNITY AND WAIT

“Four months later, when King Artaxerxes was dining, I took the wine to him . . .” - Nehemiah 2:1a

“A wise man thinks ahead; a fool doesn't and even brags about it!” - Proverbs 13:16 (LB)

STEP 3: EXPECT FEAR, BUT DON'T LET IT _____ ME

“. . . when King Artaxerxes was dining, I took the wine to him. He had never seen me look sad before, so he asked, ‘Why are you so sad? Your heart must be troubled.’ That made me very afraid.” - Nehemiah 2:1-2

WHAT NEHEMIAH DID WITH HIS FEAR:

1. HE ADMITTED HIS FEELINGS

“I was scared BUT I replied, ‘Long live the king! Why shouldn't I be sad? For the city where my ancestors are buried lies in ruins, and all its gates have been burned down!’” - Nehemiah 2:2b-3

2. HE PRAYED QUICKLY BEFORE SPEAKING

“The king replied to me, ‘Well, what is it you want?’ Then I prayed again to the God of heaven.” - Nehemiah 2:4

STEP 4: ESTABLISH A _____ TARGET

“After praying I answered, ‘If it pleases Your Majesty and if your servant has found favor in your sight, send me to the city in Judah where my ancestors are buried so that I can rebuild it.” - Nehemiah 2:5

STEP 5: SET A _____

“Then the king, with the queen sitting beside him, asked, ‘How long will your work take, and when will you get back?’ The king was willing to send me so I set a time!” - Nehemiah 2:6

STEP 6: ANTICIPATE THE BARRIERS THAT I'LL FACE

“Then I asked the king to give me letters for the governors of territories west of the Euphrates river, giving me safe travel to Judah. I also asked for a letter to the keeper of the king's royal forests, instructing him to supply me with the timber I needed to rebuild the gates of the city, the city walls, and for a house to live in.” - Nehemiah 2:7-8a

“A sensible man looks for the problems ahead and prepares to meet them.” - Proverbs 27:12a (LB)

Jesus: “You'll never be my disciple if you're not willing to carry your cross and follow me. So don't begin until you count the cost. Who would begin building without first figuring the cost and seeing if they had enough to complete it?” - Luke 14:27-28

STEP 7: _____ GOD TO MEET ALL MY NEEDS

“Because God's gracious favor was on me, the king gave me everything I asked for.” - Nehemiah 2:8b

“We may make our plans, but God has the last word.” - Proverbs 16:1 (TEV)

“What you ought to say is, ‘If it is the Lord's will, we will live long enough to do this or that.’” - James 4:15

1. tells 2. favor 3. stop 4. clear 5. deadline 6. trust

訂立改進人生的計劃

建立更美好的未來 - 第三部

華理克牧師

22-23 May 2021

- 原則一：對自己的現況感到不滿！有一個「負擔」
 原則二：先從我內心需要改變的東西開始！「我的心靈」
 原則三：寫下一個簡單的計劃並開始行動

我為甚麼要訂立計劃？

1. 因為上帝會訂立計劃

“上主說：「因為我知道我為你們所定的計劃，那是要賜福而不是降災的計劃，為要帶給你們前途和盼望。」”
 - 耶利米書 29:11 (新普及譯本)

“因為神不是混亂的神...”
 - 哥林多前書 14:33 (中文標準譯本)

2. 因為上帝_____我去計劃

“要選定一條正直的路，一直走在平安的路上。”
 - 箴言 4:26 (新普及譯本)

“凡事都要規規矩矩地按著次序行。”
 - 哥林多前書 14:40 (和合本)

3. 我不致浪費自己的生命

“你們行事為人要謹慎；不要像不曉得人生意義的人，要像那曉得的人，好好把握時機，不要含糊其詞，卻要緊緊掌握你所領悟到的主的旨意。”

- 以弗所書 5:15-17 (新漢語譯本/PH 意譯)

尼希米的七步規劃模式

尼希米記 1:11-2:9

第一步：禱告並祈求上帝的_____

“「主啊，求你側耳聽你僕人的禱告，垂聽那些喜愛敬畏你名的眾僕人的祈求，使你僕人今天亨通，在王面前蒙恩。」我是王的侍酒總管。”
 - 尼希米記 1:11 (當代譯本)

“如果你想知道上帝要你做甚麼，只管求問他，他必樂於告訴你，因為他隨時準備，慷慨賜予智慧給所有求問他的人...”
 - 雅各書 1:5 (LB 意譯)

第二步：裝備自己，靜待機會

“四個月後，有一天，亞達薛西皇帝正在進晚餐，我倒酒給他...”
 - 尼希米記 2:1 上 (現中修訂版)

“智慧的人三思而後行；愚蠢的人並不如此，反倒誇耀自身的愚昧。”
 - 箴言 13:16 (新普及譯本)

第三步：預期會有恐懼，但不要因而_____

“...亞達薛西皇帝正在進晚餐，我倒酒給他。他從來沒見過我愁眉苦臉，所以問我：「為甚麼你看起來那麼難過？...一定有甚麼事使你不开心！」我吃了一驚。”

- 尼希米記 2:1-2 (現中修訂版)

尼希米如何處理自己的恐懼：

1. 他承認自己的感受

“我吃了一驚，”但是我回答說：「願陛下萬歲！我怎麼能不難受呢？我祖先埋葬的城遭破壞，城門被燒毀。」”
 - 尼希米記 2:2 下-3 (現中修訂版/意譯)

2. 在他開口之前，簡短祈禱

“皇帝問我：「你有甚麼請求？」我向天上的上帝禱告...”
 - 尼希米記 2:4 (現中修訂版)

第四步：訂立_____的目標

“禱告之後，我回答說：「如果陛下願意，若你的僕人在你眼前蒙恩，請差派我回猶大那城，到我祖先埋葬的地方，讓我可以重建那城。」”

- 尼希米記 2:5 (現中修訂版/意譯)

第五步：設定_____

“那時，皇后正坐在他旁邊。皇上問我要去多久？甚麼時候回來？皇帝願意差派我，我就定了時間！”

- 尼希米記 2:6 (現中修訂版/意譯)

第六步：預想我將面臨的障礙

“我又求皇上給我詔書，通知幼發拉底河以西的省長們，讓我安全到達猶大。我也要求一份詔書給管理皇家森林的人，要他供應我木材，為修造聖殿堡壘的營門、城牆和我的住宅之用。”

- 尼希米記 2:7-8 上 (現中修訂版/意譯)

“精明的人預見危險，小心防備。”
 - 箴言 27:12 上 (新普及譯本)

“你們如果不背起自己的十字架來跟從我，就不能作我的門徒。不過，你們要先計算好代價才行動。有誰在開始蓋一座樓房前，不先計算一下費用，看看是否有足夠的金錢完工呢？”

- 路加福音 14:27-28 (新普及譯本)

第七步：_____上帝會滿足我一切需要

“上帝的恩手幫助我，我所要求的，皇上都賜給了我。”
 - 尼希米記 2:8 下 (新普及譯本/現中修訂版)

“策劃在人；決斷在乎上主。”
 - 箴言 16:1 (現中修訂版)

“你們應當說：「如果主願意，我們就可以活着，可以做這事或做那事。」”
 - 雅各書 4:15 (新普及譯本)