When I Hear the Music

by Nancy Stewart

Music has a way of changing our mood and getting our body moving! Starting your circle time with a structured movement song like this will help get everyone focused and ready to learn. This song also encourages creativity when kids come up with ideas for what they do when they "hear the music."

WHAT THEY LEARN

Following directions, gross motor movement, creative thinking

WHAT YOU NEED

No materials needed

WHAT TO DO

- Demonstrate the first verse.
- Ask the children to join in the clapping, and sing it again. Then encourage them to sing along. In order to help them learn the words, point out where the lyrics repeat and where they change in the third line.
- Sing and move through the verses.
- Ask the children to think creatively about other movements you can add to the song.

LYRICS

My hands like to clap My hands like to clap When I hear the music My hands like to clap

My toes like to tap

My head likes to nod

My shoulders like to move

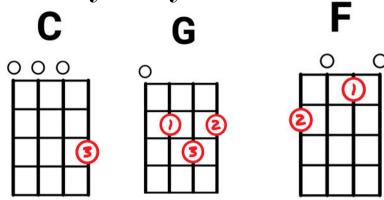
My body likes to sway



Do your students need additional help coming up with ideas? Prompt new movements by suggesting a body part and asking them what movement they can do. Or show a movement and ask the students to come up with the body part and action word to describe it.

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C G
My hands like to clap,
G C
My hands like to clap.
C F
When I hear the music,
C G C

My hands like to clap.



Additional Verses

My toes like to tap, my toes like to tap. When I hear the music, my toes like to tap.

My head likes to nod, my head likes to nod. When I hear the music, my head likes to nod.

My shoulders like to move, my shoulders like to move
When I hear the music, my shoulders like to move

My body likes to sway, my body likes to sway.

When I hear the music, my body likes to sway.