

Transcript for Video # 2: Instructions

Reigniting Clinical Supervision (RCS)

Once again, welcome to Reigniting Clinical Supervision. Glad to have you here. In this video, we just gonna spend some time to explain what's up ahead to look out for in this course. We will give you some key instructions as well, and how the learning program is going to work on this online platform. But first up, just to make sure that you completed the pre-course survey... and if you haven't done that already just, go to the link that you see on this web page, click on that, complete the questions, and that would come to me. The real intention for this is so that we can personalise your learning experience, to help us engage and to see where you coming from. As we go along the videos, some of these things t...will be brought up anonymously, of course.

And as for the instructions for what's up the ahead, bare in mind that in these series we approach with the best learning principles available to us that we can use on our online platform... not as a substitute for real-time teaching but use it in a way that can enhance our learning 'cos I know that we are all busy people so we try to do this in our optimal fashion that can have you raise the bar above what you are doing in your work.

Transcript for Video # 2: Instructions

Reigniting Clinical Supervision (RCS)

So, as a start, this is gonna be a lot of active questioning. What do you see the questions that we post, so we talk about as a way to learn to see questions as a way to learn rather than learn for the questions or for the test. We are not trying to teach you score the grade or anything like that so this is unlike what we experience in school.

Secondly, we like you to block out some time in your week. So block out about 10-15 minutes twice a week. Alright? Because what we gonna do here is different from giving your a barrage of information in one go. What we gonna do is give you a drip by drip information in a bite size fashion with each video, each module you gotta take home of something you can use.

So, in the week, you will receive two sets of videos that will come to your emails. You don't have to worry about logging in you will be prompted on your email. And use this, follow instructions when you get there and you can go through the modules that way.

Finally, you will also notice that the videos are interactive which means that there will be some questions, quiz that will be prompted to you as you watch some of the videos. I like you to join in, respond to them because that way it will help us to stay engaged in a learning process. And also it helps me to see where you coming from some other things.

Transcript for Video # 2: Instructions

Reigniting Clinical Supervision (RCS)

Do your best to also join in the community in the comment sections and put in if you have questions out there. If you have any technical issues please feel free to email us (info@darylchow.com) and will get back to you within 2 working days to respond to any of the technical issues you are facing.

On the other side note, some of you may be interested to also watch the videos from your mobile devices. You can go to teachable.com or you can go to either your iTunes store or your google play, whichever device you use and download the teachable app. Once you download, when you login, you can actually watch it directly from that app right there.

So as we look ahead, I like you to know that there will be **three broad sections in Reigniting Clinical Supervision.**

The first section of the module is called **The Unappreciated Problem.** Here we will be addressing real issues that we're facing in our field in psychotherapy and as well as clinical supervision and why it is important for us to understand the problems that we are facing and also making a distinction of what I'm gonna call Coaching for Performance and Coaching for Development. Don't worry about the terminologies we will be talking about them in the next set of videos coming up.

Transcript for Video # 2: Instructions

Reigniting Clinical Supervision (RCS)

For section 2, we're going to talk about **The Way Out**. This comprises of several modules that look at methods means to reignite your work as a clinical supervisor where you work as a therapist if you seeking supervision in this video series. With a new way of seeing, to balance two worlds about coaching for performance and for development and how we can systematically do that and improve our outcomes.

Finally, in section 3. We will be talking about **Actual Solutions** so from addressing the *why* and to the *what*...we will dive into the how to actually keep up the outcomes with psychotherapists, with clients, and with agencies. We will step through... and we will dive into the weeds, and look some nuanced ways that we can apply this in supervision and practice.

So, I'm glad you're here. And join me for the next set of videos. Hope to stay in touch.