

STAR SUPPLY: PASTELS

Week 106/01/2023Kasia AveryTheme: Studio Basics & Wanderlust Book				
Description:				
This week you'll get two videos:				
• The first one will tell you all about the Star Supply that we'll be exploring in the				
coming weeks. This in-depth lesson by Kasia will include all the basic information				
for beginners as well as several techniques, advanced tips, brand tests,				
comparisons and Q&A.				
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• Wanderlust Book lesson - a strong favourite among our Adventurers from the last 6 years. It's an art journaling tutorial exploring a certain technique. It will help you learn more about the Star Supply. We'll also explore a self developmental subject to express feelings and emotions. This page will become a part of your junk journal which we'll build together at the end of the year. This lesson comes with a printable PDF.

Week 2 13/01/2023

3 Melissa Fink

Theme: Texture

Description: We are going to embark on a journey together to discover the textural beauty that soft pastels have to offer. Opening our eyes to explore techniques (pointillism, blending, scumbling, to name a few) with pastels can open up a world of marks and textures. By gathering just a handful of our favorite pastel colors, we will discover how much we can bring life and interest into our art. We will build layers, create texture with pastels, and see our artwork come alive through the process.



Week 3

20/01/2023

Jeanne Oliver

Theme: Emotions & Feelings

Description: So often artists love the look and feel of pastels but are not sure how to use them boldly within their work. One of the things I love most about being a mixed media artist is the freedom I have to explore, play and think outside the box when it comes to my tools. We will mix pastels with water and linseed oil, and get our hands dirty bringing emotion into our work through this gorgeous medium.







Theme: Inspirational Moments

STAR SUPPLY: PASTELS (Continued)

Week 4	27/01/2023	Arlyna	Theme: Contrast	
	l supplies. Create a		garden of handmade ephemera using ge with me, where we combine junk ng in one spread.	
Week 5	03/02/2023	Carolyn Dube	Theme: People	
white photo	s that have capture	ed moments from lo	sent: we'll start with vintage black and ng ago. Then we're going to give them a orant colors to them using PanPastels.	CONFESSIONS & GO
Week 6	10/02/2023	Mary Beth Shaw	Theme: Layers	
	ach you to work or		are extremely limited with supplies. Mary lage and soft pastels. Before you know it vithout paint.	
Week 7	17/02/2023	Rae Missigman	Theme: Botanicals	15 Pala
visual treat	for the mind. Let's	connect those feelir	ature can be soothing for the soul and a ngs to the art in our journals as we create combined with gel medium and a few ls.	

ARTFUL MUSINGS

24/02/2023

Week 8

Description: Let me share my morning quiet time. A time of reflection, reading and
journaling and how it inspires me to create, Join me as I journey through my thoughts and
then allow it to represent color, shape or my focal point.

Shawn Petite



STAR SUPPLY: PENCILS

Week 12

24/03/2023

Week 11	17/03/2023	Mary Beth Shaw	Theme: Emotions & Feelings	
related to	an event from ou	r dreams or real life. V	cover our true emotions and feelings as Ve will process this using words in the vill be reminiscent of a landscape.	

Description: Let's grow a garden in our journals together to celebrate nature and creativity and the joy they both bring. We'll work with Stabilo Woody 3 in1 pencils to create layers, depth and impactful motifs that will transport you to a place of beauty and relaxation.

Rebecca Chapman







STAR SUPPLY: PENCILS (Continued)

Week 13	31/03/2023	Jeanne Oliver	Theme: People

Description: Portraits can often appear intimidating but once you know simple rules about breaking down the face, the fun can begin. Using a template, loose and stick charcoal and linseed oil we will create portraits you will be proud of.

Week 14	07/04/2023	Felicitas Mayer	Theme: Layers

Description: Let's make ourselves visible in our art journal spreads. We'll dive deep to find out what makes us US and transform these identified character traits, habits and relationships into visual layers. Using all kinds of collage materials, acrylic paints, pencils and inks, we'll construct a creative self-portrait that serves as a visual reminder of what beautiful, individual beings we are.



Week 15	14/04/2023	Carolyn Dube	Theme: Botanicals
•	use watercolor pe	encils in this lesson. N	olor of the rainbow will fill your art journal No drawing experience needed, because t to create these flowers!



ARTFUL MUSINGS

Week 16 21/04/2023

Nicole Warrington

Theme: Magic of Movement

Description: Come with me as we discover the magic of movement in nature. I'll share the beautiful landscape of Vancouver Island and show you how it inspires my artwork. From flying shore birds, to moody rainstorms and swaying trees, I'll show you how I use watercolour brushwork and pen work to capture the moving energy and flow of nature.
Looking to your own local landscape, I hope you will find fresh inspiration for your journal.



STAR SUPPLY: PENS

Week 17	28/04/2023

Kasia Avery

Theme: Studio Basics & Wanderlust Book

Description:

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Week 18

05/05/2023 Robyn McClendon

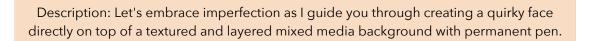
Theme: Texture

Description: We will tell our stories visually, those who already know my work and those of you who I'm excited to meet will learn my special connection to my ArtMythos: what I call visual storytelling. In the tradition of ancient cultures creating and sharing in the circle, the mandala is central. After creating a batch of easy to make beautiful papers and fabric bits, that are full of mark making we will work them into mandala inspired 3 dimensional designs that can become wall hangings, book covers for our journals or collage art.

Week 19

12/05/2023 Iris Fritschi-Cussens

Theme: Emotions & Feelings



Week 20 19/05/2023

B Helen Colebrook

Theme: Contrast

Description: We are going to let nature inspire us during this lesson. We will be using pens in lots of different ways to create beautiful ephemera pieces that we will turn into a natureinspired collage in our art journal. We will be contrasting this with a bold background to give a really beautiful effect.







STAR SUPPLY: PENS (Continued)

Week 21	26/05/2023	Consie Sinde	et Theme: People
Description: Let me show you how to add loose, sketchy faces to your art journal layered pages. We will play with playing up some of the features, letting go of perfection and leaning into the quirkiness we create!			
Week 22	02/06/2023	Jeanne Oliver	Theme: Layers

Description: We are surrounded by lines and form. When our eyes are open to see the inspiration in front of us we can gather that beauty and incorporate it back into our work. We will start with lines created by ink and build upon our forms with collage work. Watch those simple lines around you become impactful pieces.



Week 23 0

09/06/2023 Shemi Dixon

Theme: Botanicals

Description: I remember the first time I used and discovered the magical power of pens. Pens are able to create unique marks, doodles, and details you are unable to create with any other art tool. In this lesson, I will show you how to create beautiful Botanical silhouettes with dynamic details using your favorite pens.



ARTFUL MUSINGS

Week 24	16/06/2023	Amy Maricle	Theme: A Slow, Playful Process of Discovery
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Description: I welcome you to my studio where there is time and space to go slow, enjoy the process of art making, and see how this mindset shift breaks open your imagination and your art practice. It's also an incredible tool for tending to our hearts and grounding. I'll walk you through the key tenets of my mindful art practice, and then we will practice an exercise I call Line + Wonder so you can experience how mindful making opens the doors to the imagination and your wildest art impulses.



STAR SUPPLY: SPRAYS & MISTS

Week 25	23/06/2023

Kasia Avery

Theme: Studio Basics & Wanderlust Book

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Week 26	30/06/2023	Carolyn Dube	Theme: Texture	
•	,	0	le into bold as we build texture on our old part happens when we add layers of r inks!	

Week 27	07/07/2023	Danielle Mack	Theme: Emotions & Feelings
Description: We will create a peaceful portrait in our art journals. Let's explore resist techniques and create fun mixed media layers together.			



Week 28 14/07/2023 Cat Kerr	Theme: Contrast
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Description:The curated beauty of today focuses on perfection. The perfect life, the perfect marriage, the perfect kids, even the perfect art. All waiting to be seen and admired on your

Instagram feed. But to me, imperfection is a part of life that not only needs to be acknowledged, it also needs to be admired. Join me as we create a mosaic journal page using faux broken tiles. We will pay homage to the chipped and the cracked as we create individual "tiles" using paper, sprays and texture. We'll add different mediums to the spray to create contrast and when our tiles are complete, we'll install them into our journal using faux grout and glitter.



STAR SUPPLY: SPRAYS & MISTS (Continued)

Description: From Mess to Messenger: Birthing beauty from messy background and mask the shape(s) of a person/peo positive message that you need to be reminded of. We will that will embed a message of hop	eate an art journal spread

Week 30 28/07/2023 **Mary Beth Shaw** Theme: Layers

Description: We will use Gloss Spray to create interesting shapes, lines and layers in our work. Creating these layers will help enhance our abstract journal spreads by adding layers of mysterious complexity.

Week 31	04/08/2023	Camila Garcia	Theme: Botanicals	I SPA
Description	: Let's honour the	women in our life b	y creating a beautiful floral composition	K. hos

that represents them through expressive botanical drawings. We'll explore mist techniques, loose drawing and mark making.



ARTFUL MUSINGS

Week 32	11/08/2023	Kasia Avery	Theme: Daily art rituals		
	Description: Our art spaces, however big or small, are where the magic happens. In this episode of Artful Musings Kasia is talking about the four qualities that our art spaces				
need and	need and how to inject more of each into your studio and turn it into a true creative				
haven. With a studio tour, practical tips and introduction to Kasia's daily art rituals, this					
video is sure to help you make your art practice a more wholesome experience.					



STAR SUPPLY: PIGMENTS & POWDERS

Week 33

18/08/2023 Kasia Avery

Theme: Studio Basics & Wanderlust Book

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Week 34

25/08/2023 Francisca Nunes

Theme: Texture

Description: Nature is the perfect place to find texture, study color and composition. Inspired by the beautiful lichens and mosses on tree branches and wood we will explore those textures and colors using ink powders in different substrates such as vellum, fabric, gauze, thread, lace and yarn and find different shades and textures. With these different elements we will explore composition inspired by those seen in nature to create our



Week 35

01/09/2023

Finnabair

Theme: Emotions & Feelings





Description: Art Journalling is a one of the most powerful tools helping us with recognising and working on our feelings and emotions. Let's see how making a shimmery, colourful journal spread may help you transform your feelings and make your day a bit brighter... mica powder magic? Maybe!

Week 36

08/09/2023

Mary Beth Shaw

Theme: Contrast



Description: We will use Embossing glaze and powders to take our abstract journal spreads to the next level. We can layer these products to really pop the lights and darks in our work and create a lot of artistic drama.

STAR SUPPLY: PIGMENTS & POWDERS (Continued)

Finnabair

5/09/2023

Theme: People

Description: Textured eclectic collage is all about interesting details, dramatic effects helping us all see all the important elements. How to get the best, eye catching results? How to layer, paint and work on the page to make sure nothing important will be lost in your very special collage portrait? Mica Powders are here to help...

Week 38	22/09/2023

23 Jannette Simmons

Theme: Layers

Description: Let's give ourselves the permission to playfully explore pigments, powders and signature marks, and learn how they can serve us as tools to express visually the desires and emotions that our hearts are asking us to notice. Create a journal spread with me that reflects your creative intuition and makes your heart sing.

Rachel Greig

Theme: Botanicals Honouring Rachel

Following the very sad news of Rachel's passing this year, we spoke with her family and decided that the best way to honour Rachel would be to share two classes that she previously created for Wanderlust, from years 2016 & 2020. Explore rubber stamps, travel-themed pages, florals, layers and lots more in these two beautiful classes, as you help continue her legacy of inspiration and art.





ARTFUL MUSINGS

Week 40 06/10/2023

Ali Brown

Theme: Ink's Invitation

Description: Art journaling is a beautiful way for us to express ourselves, but have you ever felt like you just wanted to say more? In this lesson, Ali invites you to express yourself not only with color and texture but with words straight from your heart. Learn the importance of expressive writing in your journal and some ways you can incorporate sentimental script harmoniously with your art.







STAR SUPPLY: MONOPRINTING & CARVING (Continued)

Week 41	13/10/2023
Week 41	13/10/2023

Kasia Avery

Theme: Studio Basics & Wanderlust Book

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Week 42	20/10/2023	Tania Ahmed	Theme: Texture	12 88
•		•	m texture plates - turn the ordinary into box and look at everyday items in a new	

Week 43	27/10/2023	Jerney Marisha	Theme: Emotions & Feelings		
Description: Do you fear the white page? I know I do sometimes, even after years of experience! Especially when we don't feel too comfortable with expressions and emotions yet, it can feel a bit daunting to start creating. This is where gelliprint portraits can help you to work on your composition before you dive in with other media. I will teach you a cool and low key way to create many of them so you'll always have inspiration on hand.					





Description: Let's evoke the magic and wonder of your favorite place in nature in this art journal spread. We'll create a variety of collage fodder and combine it with paint and mark making to develop a layered landscape.

STAR SUPPLY: MONOPRINTING & CARVING (Continued)

Week 45	10/11/2023	Jeanne Oliver	Theme: People	
•	ion: Printmaking c details. Using our c			
Week 46	17/11/2023	Carolyn Dube	Theme: Layers	
Descript creating? 1 Carolyn wil				
Week 47	24/11/2023	Claudette Hasenja	ager Theme: Botanicals	
Description	n: Slow down to h	onor the beauty & res carving & slow stit	storative power of nature through lino ching.	

ARTFUL MUSINGS

Week 48	01/12/2023	Wendy Brightbill	Theme: Healing through Art

Description: Art has been a major source of healing for me over the last decade. My journey into art journaling helped me paint my way through a depression. Color was a huge part of this therapy. Join me in my studio as I share my favorite ways to put together color palettes for my work. Taking these color palettes as a jumping off point, I will be sharing some of my messy mark making in my art journal. I will also be sharing some of my favorite ways to loosen up and let go of control in my color play.

Week 49

08/12/2023

Kasia Avery

Theme: Closing



Description: Time for summaries and gratefulness. Join Kasia to talk about the whole of 2023 and the Wanderlust lessons. Let's think of what we have learnt and discovered. We'll also put our Wanderlust Books together with a simple binding technique.