# SADDLEBACK NOTES

### **WALKING WITHOUT FEAR** THROUGH THE VALLEY OF VIRUS

Pastor Rick Warren March 22, 2020

"The LORD ...is MY shepherd... and I shall not be in want! And even though I walk through the VALLEY of the shadow of DEATH, I WILL FEAR NO EVIL for YOU are with me!" - Psalm 23:1,4

"And OUR HOPE for you IS FIRM BECAUSE WE KNOW that just as you share in sufferings, you will also share in God's comfort." - 2 Corinthians 1:7

### What we KNOW is what gots us THROUGHI

what we know is what gets us Through!			
	1. REMEMBER NOT EVERYTHING I HEAR IS	sift and weigh every - Proverbs 14:15	
	"The prudent man always acts out of knowledge."	- Proverbs 13:16 (NIV)	
	"What a shameyes, it is follyto decide before knowing the	e FACTS!" - Proverbs 18:13 (LB)	
	"A foolish person doesn't care about the FACTS. All he want	ts to do is yell." - Proverbs 18:2 (LB)	
	"The wise man looks ahead. The foolish person attempts to face the FACTS."	fool himself and won't - Proverbs 14:8 (LB)	
	"Get the FACTS at any price, and hold on tightly to good ser	nse." - Proverbs 23:23 (LB)	
2. REMEMBER NOT EVERYONE IS AT EQUAL RISK			
	3. REMEMBER THIS WILL "Dear friends, don't be surprised or shocked when you go the fiery tests in life."	rough painful trials and - 1 Peter 4:12	
	"The earth suffers for the sins of its people, for they have twi. God, violated his laws, and broken his covenant. Therefore down and has utterly collapsed. Everything is lost, abandone	the earth has broken	
	"For our temporary and momentary troubles will not last. But us an eternal glory that far outweighs them all. So we focus		

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4. REMEMBER TO FOCUS ON WHAT IS God sees everything I'm going through. God cares about everything I'm going through. God has the power to answer prayer. God always acts out of his goodness to me. God's plan is always better than my plan. God will never stop loving me. I cannot lose my salvation once I have trusted in Jesus.			
5. REMEMBER THAT NO MATTER WHAT I GO THROUGH, GOD WILL GO THROUGH IT WITH ME.  "When you go through deep waters, I will be with you! When you pass through rivers of difficulty, you will not drown! When you walk through the fire, you will not be burned up; it will NOT consume you!"  - Isaiah 43:2			
6. REMEMBER THIS IS NOT THE OF THE STORY  "We often suffer, but we're never crushed. Even when we don't know what to do, we never give up. In times of trouble, God is with us, and when we are knocked down, we get up again BECAUSE WE KNOW God raised the Lord back to life. And just as he raised Jesus, he will also raise us back to life, and will bring us into his presence together."  - 2 Corinthians 4:8-9,14			
"Then God will wipe every tear from their eyes. And there will be no more death or mourning or crying or pain, for the old order of things will pass away."  - Revelation 21:4			
7. REMEMBER THAT GOD WANTS TO USE ME TO OTHERS			
2 new ministries: Care Kits & Care Callers			
"Together you are the body of Christ, and each one of you is a part of that body." - 1 Corinthians 12:27			
"Dear friends, we are praying that all will be well with you and that your body will be as healthy as we know your soul is!" - 3 John 1:2			
"Your love for each other will show to the world that you are my disciples." - John 13:35			
1.true 2. pass 3. unchanging 4. end 5. help			

but on what is unseen. For what is seen is temporary, but what is unseen is eternal."

- 2 Corinthians 4:17-18

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## 《無懼地走過病毒幽谷》

Pastor Rick Warren March 22, 2020

"上主是我的牧人,我一無所缺。我縱然走過最黑暗的幽谷,也不懼怕,因為你就 在我身旁。 - 詩篇 23:1.4 (新普及譯本)

"我們對你有堅定的盼望,因為我們知道,你既然與我們同受苦難,也會與我們同 得上帝的安慰。" - 哥林多後書 1:7 (意譯)

### 我們所知道的真理,會幫助我們渡過!

1. 請緊記,我聽到的並非全部都是

"易受騙的人輕信一切說話;但審慎的人會篩選和僕	新量每句話。" - 箴言 14:15 (信息本意譯)		
"精明的人都按知識行事。"	- 箴言 13:16 (新譯本)		
"真是可惜 - 是的,實在愚蠢 - 在了解事實之前就倉	促決定!" - 箴言 18:13 (Living Bible 意譯)		
"愚昧人不欲明白事理,他們只喜歡抒發己見。"	- 箴言 18:2 (新普及譯本)		
"智者往前看,愚蠢的人卻想要自欺欺人,不會面對	計事實。" - 箴言 14:8 (Living Bible 意譯)		
"要不惜代價的獲得真理,並要緊握智慧。"	- 箴言 23:23 (Living Bible 意譯)		
2. 請緊記,並非每個人都有同等的風險			
3. 請緊記,這會的 "親愛的,有火煉的試驗臨到你們,不要以為奇怪。	" - 彼得前書 4:12 (新譯本)		

"大地為世人的罪受苦,因世人曲解了上帝的訓誨,違背了他的律法,破壞了他的

"我們目前的苦難輕微而短暫,但它們帶給我們的榮耀卻是無法衡量並且永遠長 存!所以,我們不要只關注眼前所見的苦難;相反,我們要注視那看不見的事物。

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#### 的事物上 4. 請緊記,要專注於

- 上帝看到我正在經歷的一切。
- 上帝關心我正在經歷的一切。
- 上帝有能力改變我正在經歷的事。
- 上帝有能力應允禱告。
- 上帝總會以祂的良善待我。
- 上帝的計劃總是比我的計劃更好。
- 上帝永遠不會停止愛我。
- 當我信靠耶穌基督,我就不可能失去救恩。

### 5. 請緊記,無論我經歷甚麼,上帝都會與我一起走過

你經過深水,我要與你同在;你渡過艱險的河流,必定不被淹沒。你走過壓迫的火 焰,必定不會燒傷;火焰不會吞噬你。 - 以賽亞書 43:2

#### 6. 請緊記,這不是故事的

"儘管我們被四面八方的磨難壓迫,卻沒有被壓垮;困惑迷惘,卻不致絕望;遭人 追逼,卻不被上帝丟棄;被人打倒,卻不致死亡。我們知道,使主耶穌復活的上 帝,也必使我們跟耶穌一同復活,又使我們跟你們一同來到他面前。

- 哥林多後書 4:8-9, 14 (新普及譯本)

"他要擦乾他們眼中流出的每一滴淚水,從此不再有死亡、悲哀、哭泣和痛苦,這 一切都要永遠過去。" - 啟示錄 21:4 (新普及譯本)

#### 7. 請緊記,上帝要使用我去 別人

### 兩個全新事工:「關懷套裝」和「關懷來電」

"你們所有人在一起就成為基督的身體,每個人都是這身體上的一部分。" - 哥林多前書 12:27

"親愛的朋友啊,我希望你凡事順利,願你的心靈如何健壯,你的身體也如何健 康。 - 約翰三書 1:2 (新普及譯本)

"你們彼此的愛會向世人證明你們是我的門徒。" - 約翰福音 13:35 (新普及譯本)

1.事實 2. 過去 3. 不變 4. 結局 5. 幫助

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因為我們看得見的很快就會消逝,我們看不見的卻會永遠長存。

永恆之約。因此…大地開裂,徹底崩塌,猛烈震動。"

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- 以賽亞書 24:5, 19 (新普及譯本)

- 哥林多後書 4:17-18 (新普及譯本)

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