



# Toddler Extra Activities



## 1. Leopard Tree

### You will need

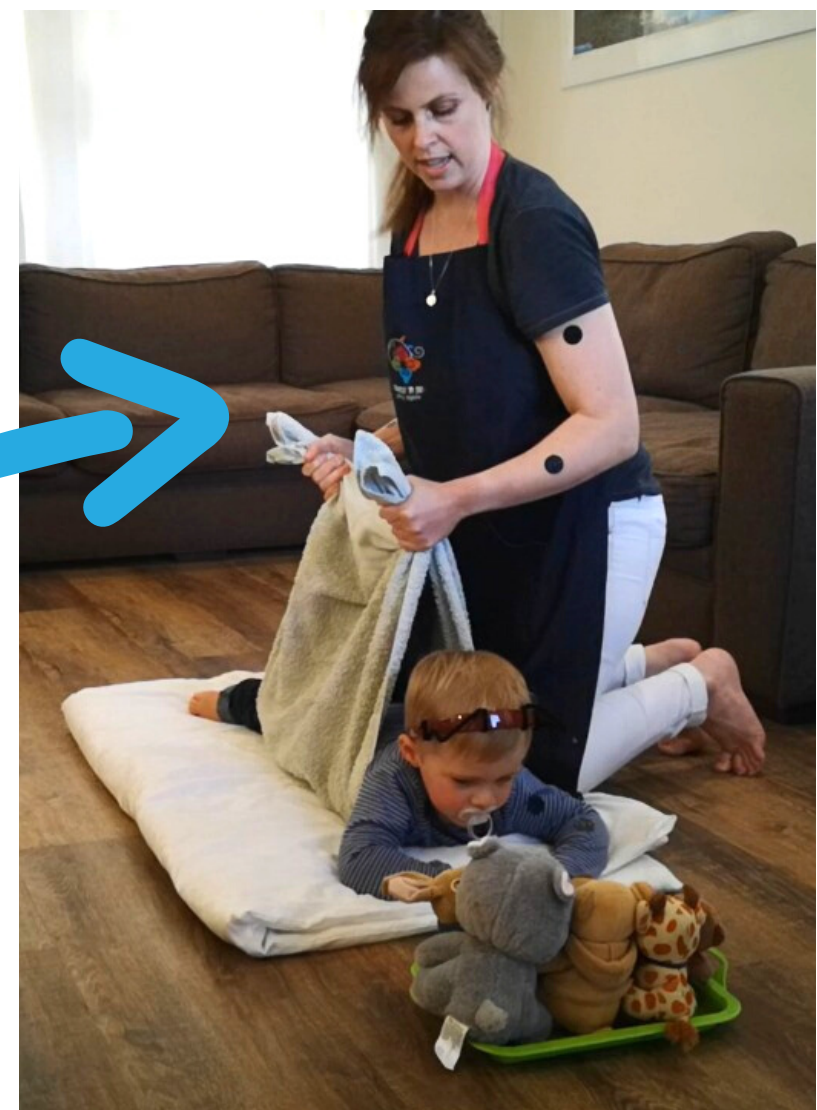
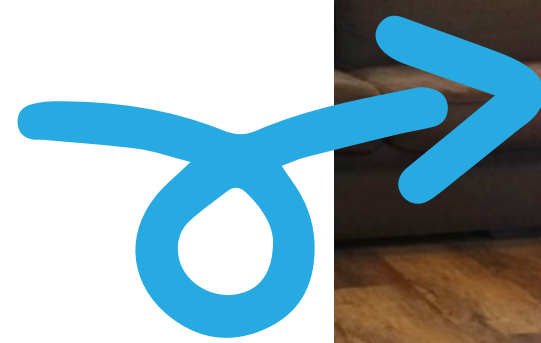
Bath towel (or blanket)  
Soft surface (cushions/mats)  
Toys

### Method:

1. Grab a bath towel (preferable) or blanket To make sure your little one is safe, the towel should not be too big.
2. Lay the towel down on your soft surface and remove any obstacles nearby - you need an open space.
3. Let your little one lie on their tummy on top of it so that the edge of the longer side of the towel is positioned under their armpits. Grab the two corners of the towel together over your toddlers back and legs, so your toddler is in a hammock with their arms, head and feet free. The hammock is their tree!
4. Carefully stand up and lift your toddler up so they are slightly off the ground.
5. Practice gently swinging them forwards and backwards and side to side (this is the wind!)
6. Place some animal friends (toys) in front of your little one on the ground.
7. As they swing forwards and backwards let them reach out their arms and grab a friend off the floor!
8. Once they've got a toy, they can toss it back into their 'tree' (their hammock).
9. Continue swinging and having fun until all the toys have been placed into the hammock.



The width of the towel should be the length from your toddlers knees to their shoulders.  
Fold towel if you need to.



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# Toddler Extra Activities



## 2. Finding footprints

### You will need:

2 Cushions/Pillows

Pawprint PDF/paper and marker

Scissors

### Method:

1. Print out pawprint pdf or draw 6 pawprints on a page
2. Cut out your paw prints so they are ready to be found.
3. Place 1 pillow on the ground. Place a second pillow next to it.
4. Allow your toddler to get on one pillow by kneeling on it. This is their rock.
5. Hide one paw print at a time under the second pillow (another rock)
6. They may need to balance, get onto one knee or the other. Or they may need to stand up. BUT your toddler MUST NOT leave their rock!
7. With each paw print, move the position of the second pillow around your toddler. You can also move it further away to challenge their balance more.
8. Repeat this until all the paw prints have been found.



**Keep your prints! You'll need them to cross the river in our last additional activity.**



**Remember to join your child in the pretend play! Roar Like a Lion and encourage the playing and Learning!**



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# Toddler Extra Activities



## 3. Leopard stepping stones

### You will need:

- 6 cut out paw prints  
(From activity 2)
- Blue towel/throw/blanket/sheet (pretend river - optional)

### Method:

1. Place your blue towel or throw on the floor. This is the river.
2. Place your 6 cut out paw prints along the floor like a leopard has left tracks across your floor/in the water. These are the stepping stones
3. Let your toddler walk from the beginning to the end by standing on each paw print. Adjust the distance between paw prints as necessary.
4. Now we can play a little game as we cross our river on our stepping stones again! For each paw print you land on, we will have to do something different.
  - a. Paw print 1: Stand on the paw print with both your feet together
  - b. Paw print 2: Balance on your left leg
  - c. Paw print 3: Balance on your right leg
  - d. Paw print 4: Stand with legs apart and paw print in the middle of your feet
  - e. Paw print 5: Stand on your tippy toes
  - f. Paw print 6: Stand on last print with one foot in front of the other (Heel to toe)



Stand close to your Little one, so you can help them with their balancing if necessary.

Younger toddlers might feel more comfortable holding your hands. Make it a little harder by holding one hand.



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