

"Sounds Walk"

What's this all about?

This simple activity helps to develop children's listening skills and their ability to tune into the sounds around them. This supports early reading and their ability to pay attention and follow instructions as they grow.

What do we need?

Just yourselves and your ears! You can go out on a walk or play in the garden or just outside your home.

How long will it take?

- From 5 minutes until you want to go home! You can play for the whole walk or just parts of a longer walk.

What do we do?

- Get outdoors and see what you can hear - go to a local park, along a pavement or even just into a garden.
- Be sound detectives and listen out for loud or quiet sounds, high pitched or low sounds. Sometimes it helps to close your eyes to listen really well. You can role model listening for your child. This can be Questions to ask:
 - Can you identify what is making the sounds?
 - Can you copy the sounds using your voices?

