

Ashrei Selections -58

Ashrei: one who uses all of his abilities for the sake of heaven will receive special guidance and assistance.

59- פותח את ירך

There is no such thing as a rich, happy or healthy person. There are only people who Hashem keeps rich, happy or healthy. (and these things can fade at any time)

60- פותח את ירך

A wealthy person should always view himself as poor. He should always be trusting in, and looking to, Hashem for help. For tomorrow, he could in fact be poor (heaven forbid).

הללויה הללי נפשי - Psalm 146 -61

One should only be excited about the praise of the CREATOR, not one's influence, treasures or intelligence since they are all from Hashem.

הללויה כי טוב - Psalm 147 -62

We are wholly focused towards Hashem. His main interest is the people of Israel.

הללויה הללו את ה' מן השמים - Psalm 148 -63

Hashem created heaven and earth, pain and healing, life and death, so that people will fear him. He dispels the illusion of how important people think they are.

הללויה שירו ליה שיר חדש - Psalm 149 -64

Everyday be excited about having food, breathing and just being alive. Never become too satisfied. Accept new challenges and do more.