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# HOW TO SELECT THE RIGHT COLLEGE FOR YOU

Lesson 1: Learn From The Past / Control Your Future

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# WHO AM I?



- Founder of To The Next Step
- Youth Motivational Speaker
- Published Book Author
- Student Success Coach
- Online Teacher
- College Graduate

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# THE TOP 5 REGRETS

1. Planning for the future
2. Studying enough / Caring enough about school
3. Researching colleges and majors
4. Understanding student loans
5. Taking advantage of opportunities

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## **3 WAYS COLLEGE IMPACTS YOUR LIFE**

1. Opportunities that will be open to you
2. Sends you down a path
3. Long term financial implications

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# THE HOURS OF THE WEEK

- 24 Hours in a Day / 7 Days in a Week = 168 Hours
- 7 Hours x 7 Nights = 49 Hours
- Awake Hours = 119 Hours
- Typical Job / OT / Commuting = 60 Hours
- Job + Sleep = 65% Of Your Week
- Over 65% Of Your Week Is Already BOOKED!

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# WHAT TYPE OF PERSON EXAMPLE

- What brings you a feeling of fulfillment and joy?
  - Helping people solve their problems
- What type of person should you become?
  - The type of person who helps people for a living
- What types of jobs help people?
  - Teacher / Guidance Counselor
  - Psychologist / Social Worker
  - Police Officer / Fire Fighter
  - Personal Trainer / Nutritionist

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# NETWORKING QUESTIONS

- What are some of the responsibilities of your position?
- What is your day to day life like in this position?
- What do you like about your job and industry?
- What do you dislike about your job and industry?
- What did you study in college?
- What would you do differently if you could?
- What advice would you give someone who is considering following the same career path?