

Movement Ninja – Secret tip

Our Dodging Ninja has left us a little secret tip. His note says:

Stomp 1 foot down. Explode off that foot in the other direction.



In groups of 4 grab a cone. Each student will approach the cone and dodge to the right. How far can you dodge from the cone. First, everyone must dodge to the right. Second, everyone must dodge to the left.

Take off like a rocket.

