



## TUTORIAL SUMMARY & SUBMISSION INFO

This document outlines your tutorial and bonus credit activities for CMTE/CPD credit. You may submit this document with your certificates if you wish.

### Overview

1. Introduction, overview and learning outcomes
2. Assessment: The systematic collection, analysis and interpretation of client information
3. Ethical assessment: Ensuring quality of treatment, striving for independence and transparency and ensuring efficacy and confidence as a therapist
4. APCI: Assessment of Parent-Child Interaction
5. Planning your feedback: How to manage difficult conversations with clients
6. Case studies: Where difficult conversations can provide clarity and validation
7. Summary, Extra Resources & Bonus Content

### Learning Objectives

1. Why assessment in music therapy is important
2. How assessments can quality assure your practice and provide therapist confidence
3. What the Assessment of Parent-Child Interaction is and how it works
4. How to plan and intervene in difficult conversations with families or clients

### Tutorial Summary

This tutorial from Dr Stine Lindahl Jacobsen provides an excellent overview of assessment and its importance in our work. Dr Jacobsen discusses how assessment can ensure quality in goal setting and therapist confidence, how she uses the APCI as a useful tool to collect, analyse and disseminate information to families and parents, and how to facilitate difficult conversations with clients post-assessment. Good assessment allows us to gather unique and detailed information for our clients. It can be motivating and engaging for clients too as you realise their full potential. We can also use ethical assessment and quality assurance to maximise our transparency and ensure our clients independence and full consent. In the music therapy profession we have a lack of standardised assessment tools due to both the uniqueness of each client and clinical approach and also the fact that musical expressions are hard to reliably capture. Dr Jacobsen shares the APCI (Assessment of Parent-Child Interaction) which she developed as part of her PhD research. It is a fabulous example of a standardised assessment tool that still captures the unique responses of the client and their musical contributions. She also discusses how to structure your conversations with families post-assessment. Conversations about needs, skills and capacities with families are complex and we need to spend time preparing and creating our strategies before we sit down with clients. Dr Jacobsen suggests gauging the parents level of insight, including the voice of the parent in the conversation and using the SARA method to handle difficult outcomes. In this tutorial Dr Jacobsen has included case studies, a list of her publications and additional links to assessment training and resources.

## Submission for CMTE/CPD Credit

When you finish watching the online tutorial you will automatically receive a certificate of completion to verify that you have successfully completed your tutorial. You can submit this to your CBMT/CPD organization as a professional development activity. For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'.

## Bonus Content Activities

### WORKBOOK

If you completed the workbook as a bonus content activity, send it to [jacinta@musictherapyonline.org](mailto:jacinta@musictherapyonline.org) for verification. You will receive a certificate of completion for 1 CMTE/CPD credit.

### ASSESSMENT PROJECT

If you have completed the Assessment Project as a bonus content activity then you can send it to [jacinta@musictherapyonline.org](mailto:jacinta@musictherapyonline.org) for verification. Once your submission has been verified you will be emailed a certificate of completion for 1 CMTE/CPD credit.

### ARTICLE REVIEW

If you have completed an article review as a bonus content activity then you may be able to submit this directly to your CMTE/CPD organization for 2 CMTE/CPD credits per review. If you require a certificate of completion then please forward your completed review to [jacinta@musictherapyonline.org](mailto:jacinta@musictherapyonline.org) to receive your completion certificate. You can then submit this to your local CBMT/CPD organisation.

## CBMT Domains

For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'. This tutorial covers the following CBMT Board Certified Domains:

### *II REFERRAL, ASSESSMENT, INTERPRETATION OF ASSESSMENT AND TREATMENT PLANNING*

B Assessment - 1. 2. 3. 4. 5. 7. 8. 9. 10. 11. 12. 13.

C Interpretation of Assessment Information and Communicate Results - 3. 5.

### *III TREATMENT IMPLEMENTATION AND DOCUMENTATION*

A Implementation -1 a, b, c, d, e, f, g. 2.

### *V PROFESSIONAL DEVELOPMENT AND RESPONSIBILITIES*

A Professional Development - 1. 2. 3. 6.

## THANK YOU!

Thanks very much for purchasing this music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. x Jacinta