

4th Cohort Becoming the Bridge Important Times & Dates

Dates: Monday, August 7th - December 11th

Meeting times: 10:30am Hawaii time/1:30pm Pacific time/4:30pm Eastern/9:30pm Central European

[CHECK YOUR TIME ZONE HERE](#)

Month 1: Cacao Immersion & Ancestral Exploration

The first step in serving any medicine is exploring the depths of it yourself. This month is dedicated to building the multidimensional bond and commitment you are making to cacao by taking this journey, letting her become a spiritual ally and guide on your path of cacao stewardship.

Sunday, August 6th: Preparation Call & Orientation w/ Krystal

Monday, August 7th: Orienting to the Mayan Cosmology of Cacao & Creation w/ Walter

Monday August 14th: Cacao Immersion Opening Ceremony w/ Krystal

Monday August 21st: Cacao Immersion Closing Ceremony w/ Krystal

(OPTIONAL) Monday August 28th: Cacao Immersion Integration Call w/ Krystal

Month 2: The Artful Way of the Bridge

The journey to becoming a bridge invites us to touch, explore and serve our own ancestry, the ancestry of the cultures we are borrowing from, and the modern world. This month's focus is exploring ways to hold, with respect and integrity, this bridge to create a model for sharing earth medicines like cacao in an integral way.

Monday, September 4th: The History & Science of Cacao as a Medicine w/ Krystal

Monday, September 11th: Remembering Our Ancestral Seeds Through Herbs & Alchemy

Monday, September 18th: Building Ancestral Bridges Through Songs & Prayers

(OPTIONAL) Monday, September 25th: Pilgrimage Preparation Call #1 (1 hour)

(OPTIONAL) Monday, September 25th: Group Process Ceremony #1 (1 - 1.5 hours) at 12pm Hawaii/4pm Pacific time/6pm Eastern Time/11pm Central European (immediately following the prep call)

Month 3: Cultivating & Stepping Into Your Stewardship

In this space, we focus on the opportunity and importance of creating diverse and inclusive containers that are rooted in reciprocity and communal liberation. With compassion, we explore the potential blindspots of cacao stewardship, visiting and dismantling with gentleness and compassion, some of the programming of colonization in our beings, and coming out stronger in our capacity to hold others than ever before.

Monday, October 2nd: Pillars of Inclusive, Reciprocal, Integral Ceremony Spaces

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Monday, October 9th: Inner Ethics & De-Colonization (Indigenous People's Day)

Monday, October 16th: OFF

Monday, October 23rd: The Responsibility of Your Gifts w/ Carlos

(OPTIONAL) Monday, October 30th: Group Process Ceremony #2 (1 - 1.5 hours)

Month 4: Applied Practice & Pilgrimage

After 3 months of diving into our relationship with cacao and our service as a bridge, it's time to put our devotion into practice. We'll have a chance to offer ceremonies for each other online, before crossing the rainbow bridge into the ancestral lands of cacao. For those of us who are called, we will make a pilgrimage to Lake Atitlan, Guatemala to sit with the elders we have cultivated relationships with to empower you to step deeper into the right relationship with your power, your connection to cacao, and the wisdom it carries.

DAYLIGHT SAVINGS TIME: November 5th (This will shift the timings for some of us)

(OPTIONAL) Monday, November 6th: Pilgrimage Preparation Call #2

Monday, November 13th: Group Practice & Ceremony

(OPTIONAL) Monday, November 27th: Group Process & Closing Ceremony #3

– Thursday, November 30th - December 6th: Rainbow Bridge Pilgrimage –

Month 4: Integration

During this 4th month, the training will have been completed and it's your time to integrate it and bring it into your life, your work, your relationships and your path. It's highly recommended that you take this time in this month to host a ceremony with friends and family to continue to integrate these teachings. We also recommend that you schedule a 1-on-1 session if you're needing additional support.

(OPTIONAL) Monday, December 11th: Integration Call