

## **VALUES LIST**

Healthy self-esteem

Read the list of values. Prioritize each value by marking each as very important (VI), somewhat important (SI), or not very important (NVI). \_\_\_ Time with family A lot of money Good health \_\_ A home of my own A new vehicle Peace in the family Respect \_\_\_\_ Friends \_\_\_ Good looks \_\_\_\_ A satisfying job \_\_\_\_ Helping others \_\_\_ Improving my community \_\_\_ Avoiding conflict \_\_ Long term security \_\_\_\_ My children's future Church work \_\_ Education for myself Good morals \_\_ An intimate relationship