Model Advantages
The model places the individual in the center of the situation and allows them to evaluate what responses are appropriate to a given resistance. The model lends itself well to the implementation of the O-O-D-A loop concept as a part of force training. This model clearly illustrates the individual's ability to escalate their application of force in response to the aggressor. Another favorable element of this model is disengagement being an identifiable option throughout the entire continuum.

Model Disadvantages
Discussion of this model seems to imply that the model is not easy for some to use for documenting a force event. At first glance, the model may overwhelm the reader.