



Naturopathic Training Options

- **NATI (Naturopathic Academy of Therapeutic Injections):** NATI was a group started by my mentor, Dr. Rick Marinelli, ND and Dr. Harry Adelson, ND, as well as a handful of other great prolotherapy ND docs. While it was attempted to revitalize it following Rick's death, it did not carry on past a few more seminars. NATI prided itself in that the trainings were based on the students injecting one another, because the best feedback comes from a live body. Hopefully, NATI will make a triumphant return someday.
- **Private Prolo training for NDs by NDs:** There are a handful of trainings available to NDs BY NDs around the US. I'm not familiar with the level of training available at each one of these individually. Ideally, it is docs working on docs so as to get the best feel of how to work with a needle, on live tissue, that gives you feedback.
- **Trainings at the Collages:** Currently there is sparse training at the Naturopathic collages. It is definitely NOT part of the regular curriculum. While there are some schools that offer clinic shifts focused on Prolotherapy, it is still greatly underrepresented. Keep your eyes peeled on what SCNM will be offering in the coming future!

Prolo Pearls!

- **Your injection outcomes are only as good as your diagnosis!**
- **Know your anatomy**
- **Know your orthopedics**
- **Know standard of care for each diagnosis**, and be able to share that with a patient in a proper PARQ.
- **Any monkey can shoot juice in a joint**, learn how to treat all involved enthesis regions of a joint for best outcomes.