



THE AUTHENTIC LEADER'S JOURNEY

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Dear Participant,

Here is a brief summary of the information we provided to you during the webinar.

What we covered in the webinar was only an hors d'oeuvre, a small piece of the overall Keys2Balance model!

It was intended to give you a taster of the kind of profound, yet practically applicable content you'll find throughout the Master Class Program, 'The Authentic Leader's Journey.'

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We talked about **The 7 Fear Patterns and the key themes**

- Sabotage & Greed** – control/out-of-control.
- Self-deprecation & Arrogance** – shame/self-worth.
- Martyrdom & Impatience** – trap/escape.
- Stubbornness** – Will/Authority.

Then we looked at **How to Recognize Arrogance**

- Looking down at you
- Name-dropping
- Judgmental
- Vain
- Know-it all attitude

And then the **Business Policies that promote arrogance**

- Employees are discouraged from developing bonds between people.
- Management not easily accessible. Stressful, competitive environment is encouraged.
- Focus only on results, not people.
- The company is too proud to adapt to changing trends and methods.

And finally we considered **How to Effectively Deal with Arrogance**

- Remember that it's a fear pattern, not a personality trait.
- Stay neutral.
- Don't get offended or fight back.
- Build rapport and be open to changing your perception.

We hope you enjoyed this webinar and found it interesting and useful. To explore and benefit further please join us on the

The Authentic Leader's Journey Master Class to realise your ideal self as a leader.

The space is limited to 20 Explorers!

Register by 21 January 2021 to receive our special **Early Bird Bonus** - a one on one coaching session with leadership coach Michael Banks!

[Click here to claim your spot](#)