

Cupping Dynamix, LLC

Course title:	Level 2: Condition specific: Shoulder girdle
CE's/hours:	7
Course Locations:	online/webinar
Instructors:	Amber Clark LMT, BCTMB OR Lic#10629 Kellie Chambers L.Ac., MAOM
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Condition Specific: Shoulder girdle (day 2 - Pre-requisite is the Level 1 introduction class)

Course Description:

This course will focus on common conditions associated with the Shoulder girdle. The course consists of online lecture – 4 hours, followed by instructor demonstration, practical application, and Q & A webinar from 9:00 am-12:00pm.

Focus:

- Evaluate and assess pain level and function
- Assessing chronic pain vs acute
- Demonstration of hands-on technique targeting specific movement patterns, suction level, and placement of the cups to the upper back, shoulder, chest, and neck
- Dermotome and fascial layering techniques analyzed and movement sequencing demonstrated and applied.

Learning outcomes:

The student will be able to:

- Identify pain patterns in the body associated with shoulder and arm conditions
- Identify contraindications and indications for cupping therapy
- Apply specific sequences and methods of cupping to the shoulder and arm
- Implement proper sanitation and safety procedures
- Perform therapeutic cupping to the shoulder and arm and evaluate the results

Tools utilized: Slides, videos, handouts, live webinar

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