

DR MARIO DENTON

E-LEARNING COACH

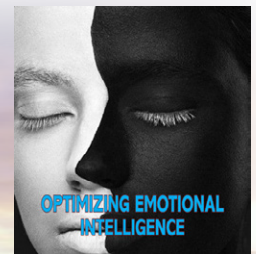
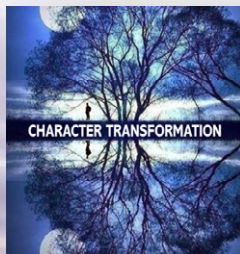
ENTER TO LEARN - LEAVE TO SERVE

Industrial Psychologist (MEcon, MBA, PhD)

NAME OF INTERVENTION

SECURITIES VERSUS INSECURITIES

GETTING TO THE ROOTS



e-learning courses by Dr Mario Denton
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FILL IN YOUR DETAILS:

Name: _____

Date: _____

Cel No: _____

Email: _____

DR MARIO DENTON E-LEARNING PROFESSIONAL DEVELOPMENT

ENTER TO LEARN - LEAVE TO SERVE

SECURITIES VERSUS INSECURITIES GETTING TO THE ROOTS

Age:

Date:/...../..... **Optional:** Gender ☐ Male ☐ Female

Department:

Instructions

1. Your participation in this survey is completely confidential.
2. When you answer the questionnaire, think about the way in which how often you experienced these symptoms.
3. Remember – there is no right or wrong answer, it is how committed you are about these statements that is important – your opinion is valued.
4. Let me repeat” be **bluntly honest**. I have learned that most interpersonal problems will not be resolved without being confronted
5. Complete the survey by following the instructions below

1 – Not true

2 – Seldom true

3 – Sometimes true

4 – Often true

5 – Absolutely true

1.	I do not know where I belong/fit (orphan spirit)	1	2	3	4	5
2.	I do not know my unique significance	1	2	3	4	5
3.	I drift in an anchorless boat	1	2	3	4	5
4.	I am plagued by insecurities	1	2	3	4	5
5.	I find my identity in my work/performance	1	2	3	4	5
6.	I do not know how I am; I have identity confusion	1	2	3	4	5
7.	I mask my real self by adopting a different identity that will be accepted	1	2	3	4	5

10	I do not have a clear set of values that I live by	1	2	3	4	5
11	I do not have close souls mates (intimate Friends) in my life	1	2	3	4	5
12	I do not have a clear purpose /calling in life	1	2	3	4	5
13	I am not sure if people really accept (love) me	1	2	3	4	5
14	I probably deserve nothing	1	2	3	4	5
15	I can never get enough attention/care	1	2	3	4	5
16	I support the underdog	1	2	3	4	5
17	I struggle to identify my real deepest feelings	1	2	3	4	5
18	I struggle to manage my emotions	1	2	3	4	5
19	I try to earn respect/love from ^{who}	1	2	3	4	5
20	I am pestered by huge bouts of shame and fear	1	2	3	4	5
21	I have a negative approach to most things in life	1	2	3	4	5
22	I am not confident to correctly interact with others emotionally	1	2	3	4	5
23	I sometimes feel emotionally threatened by others	1	2	3	4	5
24	I do not know what my real value (unique significance) is	1	2	3	4	5
25	I observe compliments with suspicion	1	2	3	4	5
26	I do not feel I have any contribution to make	1	2	3	4	5
27	I always feel uncertain	1	2	3	4	5
28	I always question myself	1	2	3	4	5
29	I try to impress people all the time	1	2	3	4	5
30	I struggle with immaturity	1	2	3	4	5
31	I do not understand the significance of this specific phase of my life	1	2	3	4	5
32	I do not trust someone giving me compliments	1	2	3	4	5
33	It is very difficult for me to discern my gifts/talents	1	2	3	4	5
34	I do not feel supported	1	2	3	4	5
35	I do not know if I have got what it takes	1	2	3	4	5
36	I am not sure if I will ever meet up to expectations	1	2	3	4	5
37	I struggle to submit to absolute norms	1	2	3	4	5

38	I do not like to be held accountable	1	2	3	4	5
39	I have not learned, through the distillation of wisdom, the right basic orientation to life	1	2	3	4	5
40	I am void of clear convictions that guide my decisions	1	2	3	4	5
41	I struggle to listen to and to obey my conscience	1	2	3	4	5
42	I do not own responsibility easily	1	2	3	4	5
43	I cannot apply delayed gratification easily (I want everything now)	1	2	3	4	5
44	I struggle to stand under authority	1	2	3	4	5
45	I find it difficult to respect superiors	1	2	3	4	5
46	I want to do things my way	1	2	3	4	5
47	I struggle with receiving or applying discipline	1	2	3	4	5
48	I do not know how to use power/authority the right way	1	2	3	4	5
49	I find it difficult to differentiate between right and wrong	1	2	3	4	5
50	I do not know healthy ways of leading people	1	2	3	4	5
51	I tend to manipulate myself out of direct submission	1	2	3	4	5
Source: Cassie Carstens: the World needs a Father						



REWIND AND RETHINK - Examine your beliefs, behaviour and attitudes. Looking at the past might be painful but it can help to identify issues that affect you not only today but could also impact your future.