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| **ROOT & BRANCH TREATMENTS - QUICK REFERENCE CHART** |

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| **Wrinkles** | **Sagging Face**  **Double Chin** | **Eye Bags** | **Discoloration**  **Age Spots** |
| **Heart Blood Xu**  UB15, UB17, UB20, ST36, SP10, (LI4) | **Sp Qi Xu**  Ren6, Ren12, ST36\*, SP6, Du20, (LI4) with:  ST6\*, ST10, ST11, SJ17, Ren22, Jian Lian Quan\*, SJ7, ST44 | **Blood Stagnation**  UB17, UB18, UB20, SP6, SP10, (LI4)  **Bags**: SP9, ST40, ST36^  **Circles**: LI11 | **Liver Q Stagnation**  UB18, UB17, LI11, LI4, SP6, SP10 |
| **Qi Stag & Blood Stasis**  UB17, UB18, LIV3, LI4, ST36 | **Additional Points:**  Du20, ST8, UB8, Ren23, DU26, SJ17, GB12, ST7 | **Phlegm Obstructing Channels**  UB20, ST40, SP9, SP6, LI4 | **SP/ST Qi Xu**  Ren12, Ren6, SP6, (LI4) |
| **Kidney Essence Xu**  UB18, UB23, Ren4, KID3, SP3, SP6, LIV3, (LI4) |  | **Liver/Kidney Xu**  UB18, UB23, KID3, LIV3, SP6, Du23, Yu Yao, GB14, GB1, Tai Yang, ST2, (LI4)  **Dark circles:** ST7 | **Liv/Kid Yin Xu**  Ren4, KID3, LIV3, SP6, (LI4) |
| **Sp Qi Xu**  UB20, Ren4, Ren12, SP3, SP6, ST36, (LI4) |  | **Additional Points:**  UB2, Yu Yao, ST2, GB14, Tai Yang, GB14, UB17, UB18, UB19, UB23, SP6, SP10, KID3, ST40 | **Yang Blockage with Blood Stagnation**  UB23, UB17, DU4, ST36, SP10, (LI4) |
|  |  |  | **Additional Points:**  ST7, SI18, Tai Yang, KID3, LIV3, LI11, SP10, SP6 |

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| **POINTS FOR WRINKLES** | | | | | | | | | | | |
| **Forehead** | **Above Brows** | **Temples** | **Crow’s Feet** | **Btwn Brows** | **Neck** | **Lips** | **Nose** | **Cheek** | **Ears** | **Mouth** | **Jaw** |
| ST8  GB15 YinTang GB34 GB41 GB43 | GB14  GB34 GB41 ST44 | ST8  TaiYang GB34 ST44 | TaiYang  GB1 SJ23 | UB2  YinTang Du23 UB40 UB60 | GB20 SJ17 ST10 ST9 | Du26  Ren23 ST4  LI4  ST36 | LI19  ST4  ST7  LI20 YinTang Du25 LI4  ST36 ST44 LU7 | ST2  SI18  SI6  ST9  HT3 (rosy) | GB2 SJ22 ST7  ST9 ST36 SJ5  SJ6  SJ7 | ST5  ST6  ST7  LU7 ST36  LI4  ST44 GB34 GB41 DU26 Ren23 | ST5  ST6  ST7  LI4 ST36 ST44 |

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| **POINTS THAT PROMOTE COLLAGEN PRODUCTION & REJUVENATION** |
| SII8 - Qi & Xue to face ST4 - lift/smooth wrinkles Tian Mu - lift forehead  Ren24 – Qi & Xue circ. ST36 - benefits complexion ST39 - firms skin, dry skin  ST41 – heals skin, swelling LI9/LI10 – Qi & Xue face SP10 – detox, tonifies  SP6 – major anti-aging/wrinkle pt. |
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| **GENERAL FACIAL REJUVENATION TREATMENT** |
| Liv3, LI4, ST36, SP6, ST6, ST7, Ren24, ST8, SI18, Tai Yang, Tian Mu, GB14, Du24, Du20 |

Tian Mu - 1Cun above Yin Tang

\*Estim is possible © 2017 Dr. East www.eastharadin.com

^Moxa  **Ageless – Ancient & Modern Secrets to Facial Rejuvenation**