

UNCOVERING YOUR  
*Money Belief System*

## DECODING YOUR **PROGRAMMING: EARNING**

Complete the following using incidents from your formative years that focused on EARNING.

### **VERBAL**

*What did you hear?*

### **MODELING**

*What did you see?*

### **SPECIFIC INCIDENTS**

*What happened?*

## DECODING YOUR **PROGRAMMING: SPENDING (EXPENSES)**

Complete the following using incidents from your formative years that focused on SPENDING.

### **VERBAL**

*What did you hear?*

### **MODELING**

*What did you see?*

### **SPECIFIC INCIDENTS**

*What happened?*

## DECODING YOUR **PROGRAMMING: SAVING**

Complete the following using incidents from your formative years that focused on SAVING.

### **VERBAL**

*What did you hear?*

### **MODELING**

*What did you see?*

### **SPECIFIC INCIDENTS**

*What happened?*

## DECODING YOUR **PROGRAMMING: DEBT**

Complete the following using incidents from your formative years that focused on DEBT.

### **VERBAL**

*What did you hear?*

### **MODELING**

*What did you see?*

### **SPECIFIC INCIDENTS**

*What happened?*

## DECODING YOUR **PROGRAMMING: INVESTING**

Complete the following using incidents from your formative years that focused on INVESTING.

### **VERBAL**

*What did you hear?*

### **MODELING**

*What did you see?*

### **SPECIFIC INCIDENTS**

*What happened?*

## DECODING YOUR **PROGRAMMING: GIVING**

Complete the following using incidents from your formative years that focused on GIVING.

### **VERBAL**

*What did you hear?*

### **MODELING**

*What did you see?*

### **SPECIFIC INCIDENTS**

*What happened?*

## DECODING YOUR **PROGRAMMING: RECEIVING**

Complete the following using incidents from your formative years that focused on RECEIVING.

### **VERBAL**

*What did you hear?*

### **MODELING**

*What did you see?*

### **SPECIFIC INCIDENTS**

*What happened?*

## DECODING YOUR **PROGRAMMING: RICH PEOPLE**

Complete the following using incidents from your formative years that focused on RICH PEOPLE.

### **VERBAL**

*What did you hear?*

### **MODELING**

*What did you see?*

### **SPECIFIC INCIDENTS**

*What happened?*

## DECODING YOUR **PROGRAMMING: POOR PEOPLE**

Complete the following using incidents from your formative years that focused on POOR PEOPLE.

### **VERBAL**

*What did you hear?*

### **MODELING**

*What did you see?*

### **SPECIFIC INCIDENTS**

*What happened?*









