

Introduction: Helping Your Child to Learn

Key Messages

Remember the **golden rules**:

- 1. You are your child's greatest asset.**
- 2. Give your child three things: Love, Time and Praise.**
- 3. Do four things with your child: Talk, Read, Play and Listen.**

You know your child better than anyone. So feel confident in adapting and developing all the ideas presented in the course so they are a best fit for you and your child. Look at the course as a starting point. One that you should feel free to tailor and adapt so it works for you.

And don't forget, learning is fun. It's exciting. It's stimulating. It's challenging and rewarding. It's about pushing back the boundaries of what we can do, what we know and what we understand. It's about developing and growing. It's about making sense of the world and of ourselves. That's what you are helping your child to do, every time you help them to learn.

Strategies, Activities and Techniques

- Talking Together** *Have cumulative and exploratory discussions with your child.*
- Looking for Answers** *Help your child find answers to questions on their own.*
- Active Practice** *Focus on active practice and avoid passive practice.*
- Mistakes are Good!** *Help your child to see mistakes in a positive light.*
- Open-ended** *Use open-ended questions to stimulate discussion and conversation.*
- Praising Effort** *Focus your child's attention on the relationship between effort and success.*