

# The Daily Ten

## #1: Sweeps Into Alternate Picking In A Minor

Music by Jon Bjork

Standard tuning

$\text{♩} = 100$

Each exercise is played for 1 minute: Position 1

dist.guit.

TAB 3/4

1

V P

8 5

5 5

5 5

2

8 7

5 8

6 5

Position 2

V P

3 12 8

10 9

10 8

4

12 10

8 12

10 8

Position 3

V P

5 17 12

13 14

13 12

6

17 15

13 17

15 13

Position 1 (8va)

V P

7 20 17

17 17

17 17

8

20 19

17 20

18 17

Position 1 & 2

V P

9 8 5

5 5

5 5

10

8 7

5 8

6 5

V P

11 12 8

10 9

10 8

12

12 10

8 12

10 8

Position 2 & 3

V P

13 12 8

10 9

10 8

14

12 10

8 12

10 8

15 17 12 13 14 13 12 16 17 15 13 17 15 13

TAB

Position 3 & 1 (8va)

17 17 12 13 14 13 12 18 17 15 13 17 15 13

TAB

19 20 17 17 17 17 20 20 19 17 20 18 17

TAB

Position 1, 2 & 3

21 8 5 5 5 5 22 8 7 5 8 6 5

TAB

23 12 8 10 9 10 8 24 12 10 8 12 10 8

TAB

25 17 12 13 14 13 12 26 17 15 13 17 15 13

TAB

27 12 8 10 9 10 8 28 12 10 8 12 10 8

TAB

Position 2, 3 & 4

29 12 8 10 9 10 8 30 12 10 8 12 10 8

TAB

31 V P 17 12 13 14 13 12 32 17 15 13 17 15 13

33 V P 20 17 17 17 34 20 19 17 20 18 17

35 V P 17 12 13 14 13 12 36 17 15 13 17 15 13

All Positions 37 8 5 5 5 5 38 8 7 5 8 6 5

39 V P 12 8 10 9 10 8 40 12 10 8 12 10 8

41 V P 17 12 13 14 13 12 42 17 15 13 17 15 13

43 V P 20 17 17 17 44 20 19 17 20 18 17

45 V P 17 12 13 14 13 12 46 17 15 13 17 15 13

47

V P

12 8

10 9 10 8

48

V

12 10 8 12 10 8

T  
A  
B

4/4