

Module 1

MASTERING  
VISIBILITY

WORKBOOK

A woman with short blonde hair, wearing a shimmering sequined dress and large earrings, is sitting on a clear plastic chair. She has her right hand over her heart and is smiling warmly. The background is a solid, muted brown color.

**YOUR  
VIVID VISION FOR  
VISIBILITY**

*Siddiqi  
Ray*

SOULPORTRAIT™

# WHAT DOES VISIBILITY MEAN TO YOU?

HOW do you define visibility?

---

---

---

WHY do you want to be visible?

---

---

---

WHAT will visibility give you that you don't have now?

---

---

---

WHO will you be when you are visible?

---

---

---

# VIVID VISION FOR VISIBILITY

HOW does being visible change your life and the life of others?

---

---

---

WHAT are you doing now that you are fully visible?

---

---

---

WHAT does your life feel like?

---

---

---

WHAT are you doing on a daily basis?

---

---

---

# VIVID VISION FOR VISIBILITY

What is the END RESULT of you being CONFIDENTLY VISIBLE?

Tell the story with passion and FEELING vs. just the "FACTS".

**FACTUAL VERSION:** "I have become so sought after for my services that I can choose my own clients and set my own prices"

**FEELING VERSION:** "I am so freakin' excited that I have become so sought after for my services that I now have the joy of choosing my own clients and feel free to set my own prices. I am so revitalized, that I can relax and feel free to breathe again and live in liberation because I'm in such high demand!"

# VIVID VISION FOR VISIBILITY

WHO is supporting you and in what ways?

---

---

---

WHAT is the impact of your visibility?

---

---

---

WHAT do you have now that you didn't have before?

---

---

---

WHAT juicy details get you excited about your visibility?

---

---

---

WHAT is the biggest change as a result of your visibility?

---

---

# VIDEO SCRIPT

You are PRETENDING the outcomes of your being confidently visible have already occurred. Tell the story from the point of view of what it was like to be hidden, what it's like now to be visible, and how you got to this point.

PAINT A PICTURE OF YOUR FUTURE SELF

---

---

---

---

---

---

---

---

---

---

TELL A STORY

---

---

---

---

---

---

---

---

---

---

“

## Your Visibility Mission

Should you choose to accept it, is to find peace with exactly who you are. Release the obsession about your appearance and flaws.

**Be seen, heard, and felt unapologetically.**

Have courage when expressing your truth, own your talents, and trust that you are enough.

xoxo, *Siddiqi*