Bibliografia

- Barsade, Sigal G. 'The Ripple Effect: Emotional Contagion and Its Influence on Group Behavior'. *Administrative Science Quarterly* 47, no. 4 (December 2002): 644. https://doi.org/10.2307/3094912.
- Burke, C. Shawn, Dana E. Sims, Elizabeth H. Lazzara, and Eduardo Salas. 'Trust in Leadership: A Multi-Level Review and Integration'. *The Leadership Quarterly* 18, no. 6 (December 2007): 606–32. https://doi.org/10.1016/j.leaqua.2007.09.006.
- Dutton, J. et al. "How to be a positive leader" (2014)
- Emmons, Robert A., and Michael E. McCullough. 'Counting Blessings versus Burdens: An Experimental Investigation of Gratitude and Subjective Well-Being in Daily Life.' *Journal of Personality and Social Psychology* 84, no. 2 (2003): 377–89. https://doi.org/10.1037/0022-3514.84.2.377.
- Fredrickson, Barbara L. 'The Broaden-and-Build Theory of Positive Emotions.' *Philosophical Transactions of the Royal Society B: Biological Sciences* 359, no. 1449 (29 September 2004): 1367–78. https://doi.org/10.1098/rstb.2004.1512.
- Goleman, Daniel. 1995. Emotional Intelligence. New York: Bantam Books.
- Lyubomirsky, Sonja, Kennon M. Sheldon, and David Schkade. 'Pursuing Happiness: The Architecture of Sustainable Change'. *Review of General Psychology* 9, no. 2 (June 2005): 111–31. https://doi.org/10.1037/1089-2680.9.2.111.
- Martin, Robin, Yves Guillaume, Geoff Thomas, Allan Lee, and Olga Epitropaki. 'Leader-Member Exchange (LMX) and Performance: A Meta-Analytic Review: ROBIN MARTIN ET AL.' *Personnel Psychology* 69, no. 1 (February 2016): 67–121. https://doi.org/10.1111/peps.12100.
- Martin, Rod A., Patricia Puhlik-Doris, Gwen Larsen, Jeanette Gray, and Kelly Weir. Individual Differences in Uses of Humor and Their Relation to Psychological Well-Being: Development of the Humor Styles Questionnaire'. *Journal of Research in Personality* 37, no. 1 (February 2003): 48–75. https://doi.org/10.1016/S0092-6566(02)00534-2.
- Plutchik R. (1988) The Nature of Emotions: Clinical Implications. In: Clynes M., Panksepp J. (eds) Emotions and Psychopathology. Springer, Boston, MA. https://doi.org/10.1007/978-1-4757-1987-1_1
- Romero, Eric J, and Kevin W Cruthirds. 'The Use of Humor in the Workplace'. *Academy of Management Perspectives*, 2006, 13.

- Romero, Eric, and Anthony Pescosolido. 'Humor and Group Effectiveness'. *Human Relations* 61, no. 3 (March 2008): 395–418. https://doi.org/10.1177/0018726708088999.
- Sadri, Golnaz, Todd J. Weber, and William A. Gentry. 'Empathic Emotion and Leadership Performance: An Empirical Analysis across 38 Countries'. *The Leadership Quarterly* 22, no. 5 (2011): 818–30.
- Stephens, John Paul, Emily Heaphy, and Jane E. Dutton. *High-Quality Connections*. Oxford University Press, 2011. https://doi.org/10.1093/oxfordhb/9780199734610.013.0029.
- Zak, Paul J. 'The Neuroscience of Trust'. *Harvard Business Review*, 1 January 2017. https://hbr.org/2017/01/the-neuroscience-of-trust.