



FINDING YOUR PURPOSE

SECTION 6



HOW ARE EACH OF MY DAILY JOB DUTIES / FUNCTIONS SERVING MY HIGHEST VALUES?



- We are all committed to the fulfilment of our highest values – we are more engaged and inspired when we love what we do, when we recognise how the work we currently do serves our highest values
- Rank your job duties from 1 – 7 (A score of 1 implies you hate that job duty, whilst a score of 7 implies you love that job duty)
- Remember to look through all 7 areas of life, and to include secondary and tertiary benefits, to your initial primary benefits



LIST YOUR TOP THREE HIGHEST VALUES

1. _____
2. _____
3. _____

IDENTIFY AND RANK YOUR JOB DUTIES / FUNCTIONS

	Job Duties / Functions	Rank
1		
2		
3		
4		
5		
6		
7		



JOB DUTY / FUNCTION WITH LOWEST RANKING:

1. _____

LIST 40 BENEFITS OF FULFILLING THIS SPECIFIC JOB DUTY

1. _____

2. _____

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“I see every obstacle in my past as on the way, rather than in the way. When I encounter difficulty or a challenge, I don’t ask, why is this obstacle keeping me from achieving my goal? I rather ask, how is this apparent obstacle helping me get to my goal? What missing piece of achieving my life’s purpose/highest value is this apparent obstacle supplying?”

~ John Demartini



JOB DUTY / FUNCTION WITH THE 2ND LOWEST RANKING:

2. _____

LIST 40 BENEFITS OF FULFILLING THIS SPECIFIC JOB DUTY

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“The greatest people are self-governed, they don’t need to be managed, and once they know what to do they will go and figure out how to do it”

~ Steve Jobs



JOB DUTY / FUNCTION WITH THE 3RD LOWEST RANKING:

3. _____

LIST 40 BENEFITS OF FULFILLING THIS SPECIFIC JOB DUTY

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“It’s not that I’m so smart, it’s just that I stay with problems longer.”

~Albert Einstein