



RANKING SYSTEM

THE FUTURE OF SELF DEFENSE IS HERE!

The Danny Lane Fighting System is a unique compilation of Martial Arts combining the "best of the best" techniques Danny has learned and used during his fifty one years in the Military, Law Enforcement, Martial Arts and Personal Protection fields.

You will learn a reality based combative system that will prepare you to survive any situation.

The Danny Lane Fighting System teaches Real techniques, for Real People, in Real Life Situations! Techniques that are FAST to learn, EASY to comprehend & EFFECTIVE.

Danny Lane Fighting System is based on scientific principles. Techniques that attack the neurological, circulatory, respiratory and energy pressure points of the body. Techniques applied to soft targets of the human body can neutralize and incapacitate an attacker in seconds.

Anyone regardless of age, sex and physical condition can learn these life-saving skills. You owe your family the security of protecting them.

MEMBERSHIP:

Each member will pay a \$50 membership fee per year. Memberships to be renewed January 1st of each year.

Each member gets a *Danny Lane Fighting System* Membership Card and monthly emails of training tactics, security, safety and self-defense tips.

TESTING FEES:

Danny Lane Fighting System Testing Fees: \$50 per test for reviewing your online submitted video. \$100 if the student wants a private one hour critique of their submission by telephone.

BELT RANKING SYSTEM:

	TIME	HOURS	RANK
#1	1 MONTH	20	WHITE - YELLOW BELT
#2	2 MONTHS	40	YELLOW - PURPLE BELT
#3	3 MONTHS	60	PURPLE - ORANGE BELT
#4	3 MONTHS	60	ORANGE - BLUE BELT
#5	3 MONTHS	60	BLUE - GREEN BELT
#6	3 MONTHS	60	GREEN - BROWN BELT
#7	4 MONTHS	80	BROWN - RED BELT
#8	5 MONTHS	100	RED - BLACK BELT

24 MONTHS 480 Hours WHITE-BLACK BELT

The *Danny Lane Fighting System* is set up on 24 months of training, 5 hours per week for 24 months. That is a total of 480 hours over a two year training period to get qualified for your Black Belt Certification & Level #5 Certification. Note: It is possible to start teaching once you pass the Level #2 Certification.

CERTIFICATION LEVELS:

- LEVEL #1 COMPLETION OF VIDEOS VOLUMES 1 & 2
- LEVEL #2 COMPLETION OF VIDEOS VOLUMES 3 & 4
- LEVEL #3 COMPLETION OF VIDEOS VOLUMES 5 & 6
- LEVEL #4 COMPLETION OF VIDEOS VOLUMES 7 & 8
- LEVEL #5 PASSING THE DANNY LANE FIGHTING SYSTEM INSTRUCTOR TEST.

Volume #1: White-Yellow Belt Program - Minimum TIG (Time in Grade) 1 month and 20 hours training based on 5 hours per week training. Student to keep a training journal of hours. Testing Fee: \$50 for review of your online video submission.

VOLUME #1: The Fundamentals

1. Warrior Stance
2. Distances of Combat Engagement
3. 8 Angles of Attack and Defense
4. Footwork: The Key to Fighting
5. Vital and Vulnerable Targets of the Body
6. Zone Blocking
7. Soft and Hard Blocks

Volume #2 Weapons Yellow-Purple Belt Program - Minimum TIG (Time in Grade) 2 months and 60 hours training based on 5 hours per week training. Student to keep a training journal of hours. Testing Fee: \$50 for review of their online video submission.

1. Palm Heel
2. Back Fist
3. Knife Hand Strikes
4. Web Hand
5. Hammer fist
6. Claw Hand
7. Ridge hand
8. Eye Gouge
9. Snap Front Kick
10. Cut Kick
11. Side Kick
12. Back Kick
13. Stomping Kick
14. Elbow Strikes
15. Knee Attacks

NOTE: Upon completion of both Volumes #1 and #2 the student will receive a Level #1 Certified Instructor status with their Purple Belt Test.

Volume #3 - 2 Second Defense Purple - Orange Belt Program

Minimum TIG (Time in Grade) 3 months and 60 hours training based on 5 hours per week training. Student to keep a training journal of hours. Testing Fee: \$50 for review of their online video submission.

1. Palm Heel to chin takedown.
2. Palm Heel to jaw into a standing triangle.
3. Palm Heel to nose.
4. Bull Dog take down.
5. Defend Hooking Punch counters.
6. Defend Knife Slash.
7. Knife Hand Chop combinations.
8. 2 SECOND DEFENSE
9. Bear Hug Front arms outside.
10. Bear Hug Rear arms outside.
11. Bear Hug Front arms trapped.
12. Bear Hug Rear with arms trapped.
13. Two Hand Chokes to Neck.
14. Two Hand Choke from behind.
15. Clothes Grab with applications.
16. Cross Wrist Grab
17. Straight Wrist Grab
18. Double Wrist Grab
19. Wrist Grab from Behind
20. Wrist Grab Reviews

Volume #4 - Close Quarter Combat - Orange - Blue Belt Program

Minimum TIG (Time in Grade) 3 months and 60 hours training based on 5 hours per week training. Student to keep a training journal of hours. Testing Fee: \$50 for review of their online video submission.

1. Outward Wrist Throw and Lock
2. Inside Wrist Lock and Shoulder Lock
3. Upward Wrist Lock
4. Downward Wrist Lock
5. Quick Review of 4 Wrist Locks
6. Windmill Block with 3 Count Counter
7. Defense against Hair Grabs
8. Defense against Side Head Lock
9. Front Choke Guillotine
10. Chokes Rear Naked - Standing Arm Bar- Sleeper
11. Defense against a Full Nelson
12. Side Blade Kick - Chop - Ridge Hand - Downward Elbow
13. Evade - Kick Groin - Double Elbow - Step Behind- Stomp Kick
14. Cross Elbow - Spin Elbow Kidney - Chop Neck - Stomp Kick
15. Standing Triangle Submission
16. Rapid Fire Hand Attack 3 Count
17. Rapid Fire 8 Count Open Hand Drill
18. Two Hand Grab from behind - Double Leg Takedown
19. Judo Back Fall
21. Judo Side Fall
22. Judo Forward Roll
23. Judo - Outside Major Sweep
24. Judo - Outside Minor Sweep
25. Defend Against the Shoot Take Down
26. Defense against a Street Puncher

Note: Upon completion of both Volumes #3 and #4 the student will receive a Level #2 Certified Instructor status with their Blue Belt.

Volume #5 Surviving on the Ground - Blue - Green Belt Program

Minimum TIG (Time in Grade) 3 months and 60 hours training based on 5 hours per week training. Student to keep a training journal of hours. Testing Fee: \$50 for review of their online video submission.

Most fights end up on the ground 90 percent of the time. It is critical that everyone learn the basics of ground survival.

You don't want to be a fish out of water if and when the fight goes to the ground. In this volume you will learn how to NOT GET HIT, TAKE the ATTACKER to the ground and control the fight.

You must learn how to mount, control and submit the attacker with submissions to survive in a street fight!

1. Posturing & Positioning - Avoid becoming a Victim
2. Blocking a Surprise attack
3. Attacking from the Mount Position
4. Surviving on the Ground- Person on Top
5. Passing the Guard on Ground
6. Judo Hip Throw
7. Hip Throw when attacked from Behind
8. Shoulder Throw
9. Neck Throw - Body Drop Throw
10. Cartwheel Throw
11. Judo Back Fall
12. Judo Side Fall
13. Judo Forward Roll
14. Judo - Outside Major Sweep
15. Judo - Outside Minor Sweep

**Volume #6 Surviving a Street Fighter - Boxing & Kickboxing
Green - Brown Belt Program**

Minimum TIG (Time in Grade) 3 months and 60 hours training based on 5 hours per week training. Student to keep a training journal of hours. Testing Fee: \$50 for review of their online video submission.

1. Danny Lane on Kick Boxing & Street Fighting
2. Boxing Jab - Speed & Power
3. Boxing Cross Punch
4. Left Hook
5. Jab - Cross - Hook Combination with Pads
6. Upper Cuts
7. 6 count combination on pads
8. Overhand Right- 4 Count Knockout Drill
9. Spinning Back-Fist
10. Spinning Back- Fist with Pad
11. Blocking a power kick with counter
12. Round Kick - Cut Kick - Round Knee
13. Defending the Leg Cut Kick
14. Defending a Rear Leg Kick
15. Maximizing Power & Cutting the Angle
16. Blocking & Trapping a Side Kick
17. Switch Step Front Kick with Combo
18. Defending the Clinch with Leg Sweep
19. Inside Cut Kick - with Combos
20. Training at Home with Equipment
21. Ground & Pound with Training Bag
22. Rapid Fire Combinations Street Combat

Note: Upon completion of both Volumes 5 and 6 the student will receive a Level 3 Certified Instructor status with their Brown Belt.

Volume 7 Surviving a Knife Fight

Brown - Red Belt Program

Minimum TIG (Time in Grade) 4 months and 80 hours training based on 5 hours per week training. Student to keep a training journal of hours. Testing Fee: \$50 for review of their online video submission.

1. Danny Lane on Knife Defense Combat
2. Knife Fighting Stance
3. Offensive Knife Fighting - 9 Points of Knife Cuts
4. Offensive Knife - Speed Drills
5. Zone Blocking the 8 Attack Angles
6. Zone Blocking a Slash Attack
7. Blocking the Reverse Slash
8. Blocking Drills
9. Danny Lane on a Real Combat Situation with Knife
10. Defense from Straight Stab to Stomach
11. Knife Defense - Knife to Neck from Behind
12. Knife to Back Option 1
13. Knife to Back - Option 2 - Body Drop Throw
14. Knife to Throat Front 1
15. Knife to Throat - Reverse Grip
16. Knife Stab to Lower Gut
17. Downward Attack to Head
18. Return to Sender from Overhead Stab
19. Knife to Throat on Ground- Person on Chest

Volume 8 Surviving a Gun Attack -HAND GUN, LONG GUN DISARMS & RETENTION

Red - Black Belt Program

Minimum TIG (Time in Grade) 4 months and 80 hours training based on 5 hours per week training. Student to keep a training journal of hours.

Black Belt Testing Fee: \$150 for review of their online video submission for Black Belt Certification.

RETAIN: your weapon, keep control of your weapon at all costs.

NEUTRALIZE: stun your opponent, with an offensive diversionary or stunning tactic to disorientate the adversary.

MANEUVER: to an advantage point, break the distance or balance, neutralize his strength of position and begin the counter to his action.

SECURE: break the hold away and get the opponent disabled with your choice of retention or disarm techniques.

CONTROL: techniques to arrest them, pin him and secure him for handcuffing or to wait for backup.

1. 12 Body Points of Disarms
2. Disarm to Head
3. Disarm to Chest
4. Disarm to Lower Stomach
5. Handgun to Neck or Head by Mugger
6. Gun Disarm to from behind to neck
7. Gun Disarm to Side of Head
8. Gun Disarm to Lower Back
9. Gun Disarm to Upper Back
10. Gun Disarm to Side
11. Gun Disarm to Side of Head
12. Gun Disarm to Ribs
13. Gun Disarm to Upper Back & Lower
9. Rifle Defense to Front & Back
10. Hand Gun Retention

Note: Upon completion of both Volumes 5 and 6 the student will receive a Level 4 Certified Instructor & Black Belt Rank.

LOOK WHAT PROFESSIONALS ARE SAYING ABOUT DANNY LANE FIGHTING SYSTEMS

The martial arts world has their fair share of incredible Master Instructors, and none more skillful than my good friend, Danny Lane. I spent the morning watching his new video series, "Danny Lane Fighting System Videos." For those who don't know Danny, he fought as a Marine in Viet Nam, he's a former cop and one of the top Chuck Norris martial artist Instructors in the nation - Danny is who the top black belts in the martial arts learn from including me. I promise you'll be blown away with his dynamic instructional series. Danny explains how your weapons are like tools in a tool box - and that there are multiple purposes for each of your weapons - he simply teaches you how to use your tools to be effective for any circumstances.

Great job Danny,

Keith Vital, World Champion Martial Artist, professional actor, producer, author and child activist.

"I have trained with Danny Lane in Combat Tactics for more than 27 years. He is the "Real Deal" and knows what works in a real life and death situation. I have recently reviewed the Danny Lane Fighting System Videos Series and it is a real winner. Everything you and your family will ever need to know in any situation is covered on them. As a professional Bodyguard I know what it takes to keep myself and my high profile clients alive".

Brian Gates Professional Bodyguard to Stars

Steven Tyler, Matthew McConaughy, Nicole Kidman, Newt Gingrich, Peter Fonda, Gary Senise, Joe Mantegna, Kenua Reeves and many other stars and Corporate VIP'S.

"The Danny Lane Fighting System is built on real-life tactics and has reinforced many of the skills I had gained previously as a Marine. These techniques can be learned by anyone regardless of prior training and are effective even for those with no prior martial arts training. These techniques are similar in many ways to the Marine Corps Martial Arts program that I studied in the Marine Corps and which is, in my opinion, one of the most effective training programs in existence. I highly recommend this video training series for anyone who wants to learn the art of self-defense and to be able to protect themselves and their families in an ever-changing world.

Colonel Scott Hovis, US Army

"The Danny Lane Fighting System is incredible. I highly recommend it. What I love most about the video series is that I can train with them anywhere on my smart phone or laptop. I am a professional speaker and writer and so I travel a great deal for seminars. The Danny Lane Fighting System is a great companion both on an airplane and in a hotel room. Plus, you never know when you might need to protect yourself whether you are traveling around the world or just around the block. Get started today and "Turn every part of your body into a lethal weapon."

Mark Bowser

Author of Sales Success and Unlocking the Champion Within

Go to DannyLane.Com for membership and ordering information.



DannyLane.Com