

WATERCOLOUR
with HEART
courses & workshops



Modern

HOLIDAY CLASS WORKBOOK

Unwrap your creativity this season and share
the joy of hand-painted holiday cards, notes and more!

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Meet your instructor

THE CLASS

What you need

BEGINNER PROJECTS

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Tulip Bauble Tag | Colour palette, warm-up and composition
Gouache Bauble Tag | Colour palette, warm-up and composition

INTERMEDIATE PROJECTS

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Peony Floral Holiday Wreath | Colour palette, warm-up and composition

Poinsettia Bauble Tag | Colour palette, warm-up and composition
Terrazo Bauble Tag | Colour palette, warm-up and composition
Strelitzia Bauble Tag | Colour palette, warm-up and composition

Remember to share!

ON THE GRAM' @

SHARE YOUR PROCESS & FINAL PIECE

Tag #watercolourwithheart or
@watercolour_heart_illustration
so we can share in celebrating your creativity!



YOUR WITH HEART INSTRUCTOR

Briefly jumping in here to introduce myself because this workbook and this journey isn't about me - it's ALL about you!

I'm Jess Meyer, owner and illustrator at Watercolour Heart illustration and creator of *Watercolour Made Simple*. From a very young age, I wore creativity like a family heirloom, given to me by my grandmother who was an artist.

I believe like Howard Thurman, that the world needs people who come alive and what's more I believe that those magical things exist in tangible everyday living.

My heart is to help you and others take those brave steps into finding those things and making every day a celebration of life & creativity.



“

Creativity extends beyond a brushstroke when you use it as an act of care, empathy, kindness and celebration.

”

you will need:

- 3-4 sheets mixed media or watercolour paper <250gsm
- Round paint brush preferred size 6 - does not have to be
- Watercolour Paint
- Palette or ceramic plate
- HB Pencil
- Water
- Something circle shaped (like a bowl or plate) to trace

Before you begin on your wreath you can cut your paper to the size of your choosing especially if you plan to use it as a card or a tag



BEGINNER HOLIDAY WREATH

COLOUR PALETTE

If you do not have all of the colours listed simply use the closest to it with what you have. You can explore and play with your own palette variations too.

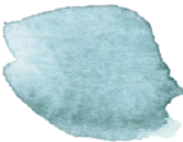
GREEN WREATH



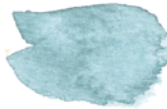
Hooker green + sap green
+ ultramarine blue



Add water to achieve
lighter values



Add water to achieve
lighter values



FLORAL WREATH



Burnt Sienna + Cadmium
Red + Violet



Burnt Sienna + Sepia
Brown



Yellow Ochre + Sepia
Brown



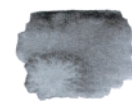
Hooker green mix



Olive green mix



Lots of water +
ultramarine blue + black



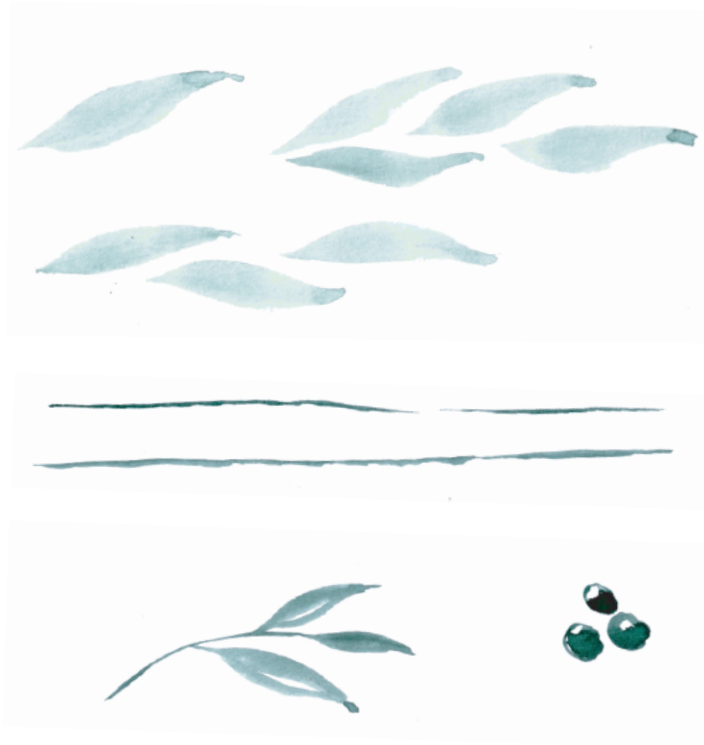
Black

Your notes:

BEGINNER HOLIDAY WREATHS

WARM UP STROKES

GREEN WREATH



FLORAL WREATH



BEGINNER HOLIDAY WREATH

GREEN WREATH



Your notes:

BEGINNER HOLIDAY WREATH

FLORAL WREATH

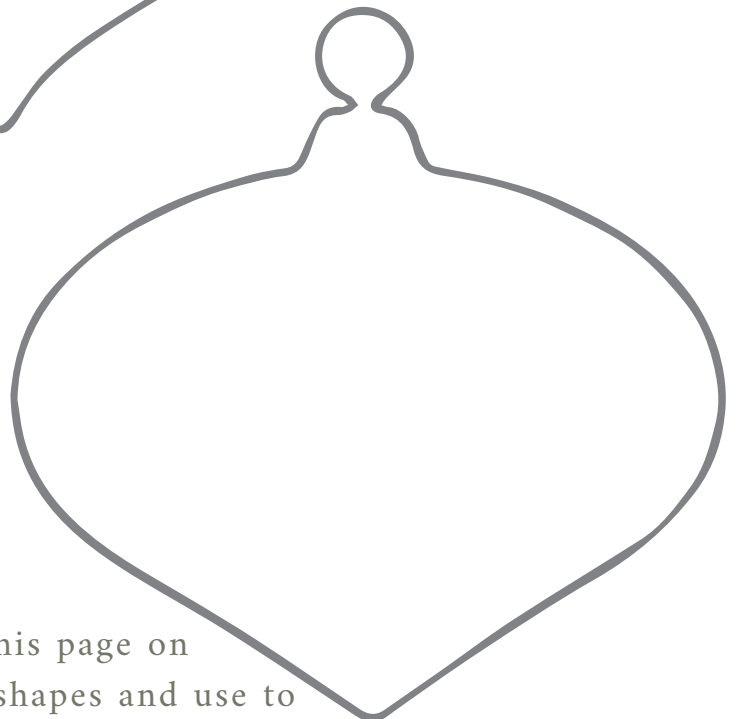
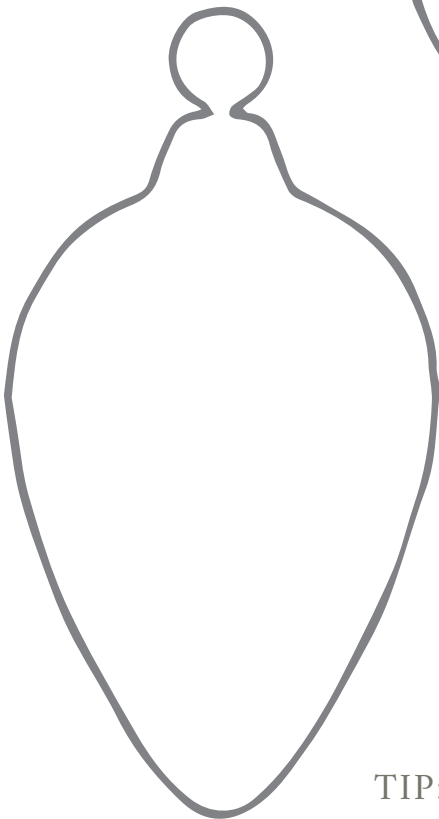
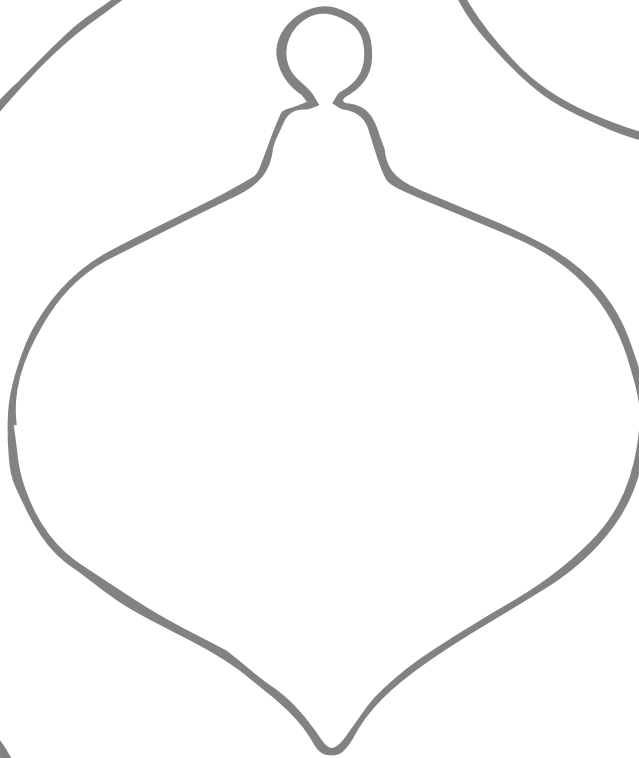
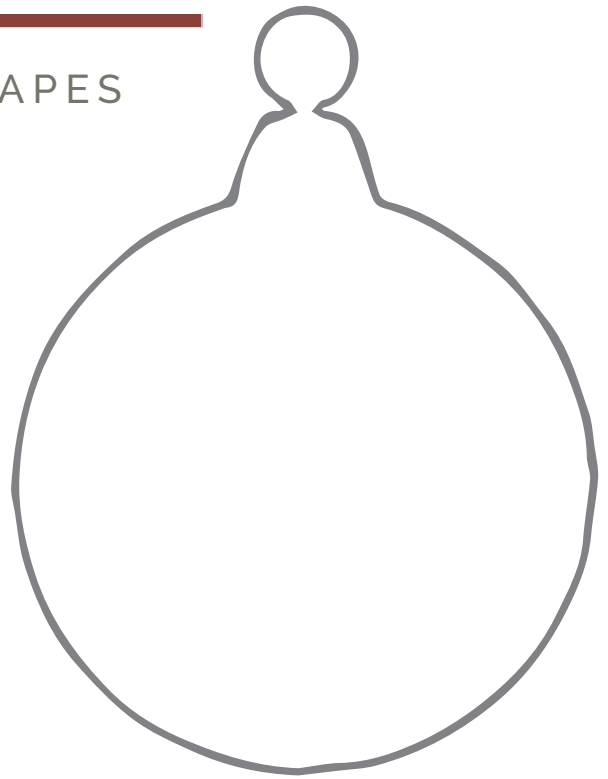
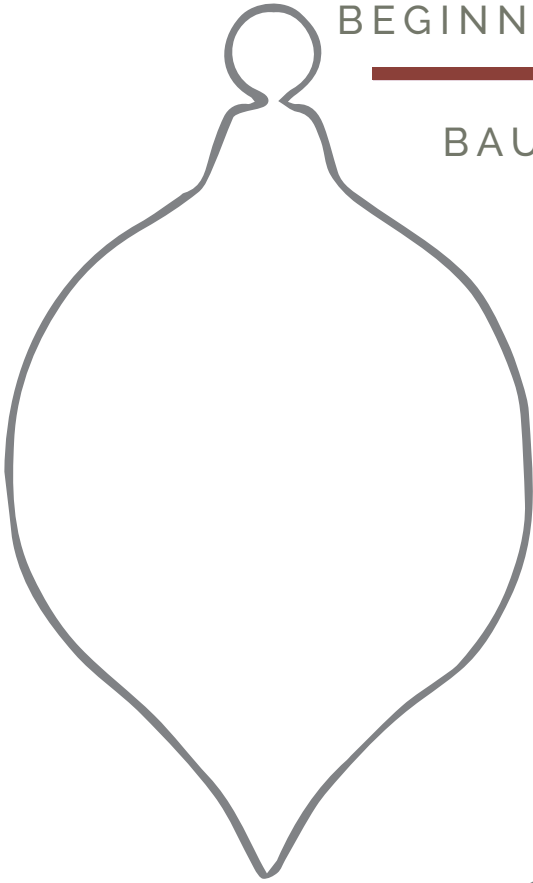


Your notes:

A large, empty rectangular area with a light beige background, intended for taking notes.

BEGINNER BAUBLE TAGS

BAUBLE SHAPES



TIP: Print or trace this page on thicker cardstock, cut out shapes and use to trace on watercolour paper

BEGINNER BAUBLE TAGS

COLOUR PALETTE

If you do not have all of the colours listed simply use the closest to it with what you have. You can explore and play with your own palette variations too.

GREEN LUSH BAUBLE



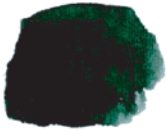
Hooker green + olive green + sepia brown



cobalt blue + black + green above



Olive green + Sepia Brown



Hooker green + sepia brown + black



Yellow Ochre + Sepia Brown

TULIP BAUBLE



Olive green + sepia brown



Hooker green + olive green + black



Ultramarine Blue + violet



Burnt sienna + naples yellow



Above mixture + sepia brown

GOUACHE BAUBLE



Hooker green + Ultramarine Blue + black

Your notes:

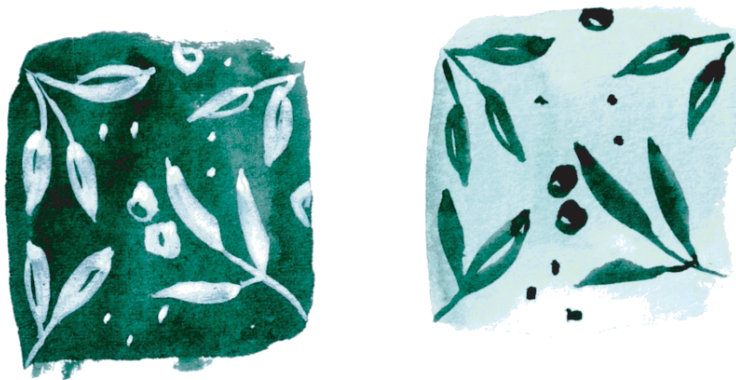
BEGINNER BAUBLE TAGS

WARM UP STROKES

GREEN LUSH BAUBLE



GOUACHE BAUBLE



BEGINNER BAUBLE TAGS

GREEN LUSH BAUBLE



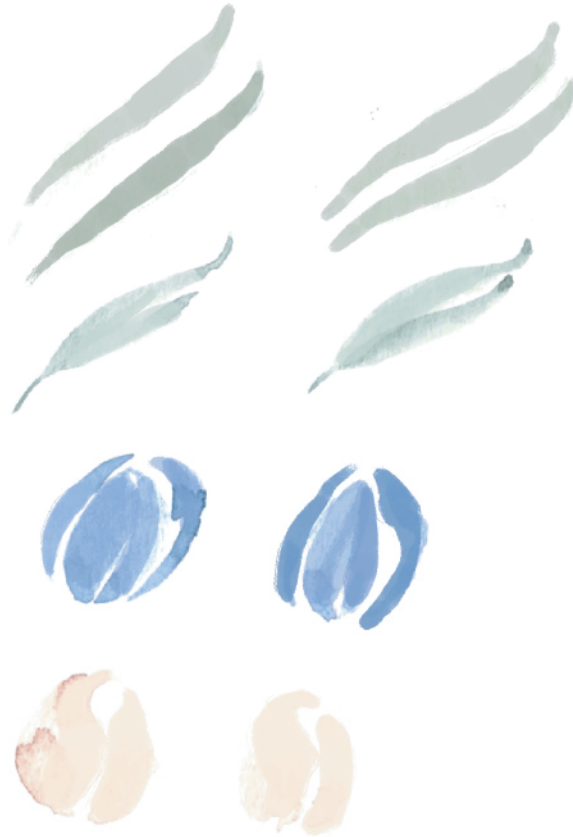
Your notes:

A large, empty rectangular area with a light beige background, intended for taking notes.

BEGINNER BAUBLE TAGS

WARM UP STROKES

TULIP BAUBLE



Your notes:

BEGINNER BAUBLE TAGS

TULIP BAUBLE



Your notes:

BEGINNER BAUBLE TAGS

GOUACHE BAUBLE



Your notes:

INTERMEDIATE HOLIDAY WREATHS

COLOUR PALETTE

If you do not have all of the colours listed simply use the closest to it with what you have. You can explore and play with your own palette variations too.

GREEN WREATH



Hooker green + sap green + ultramarine blue



Above mixture + cobalt blue + black (lots of water)



Sap green + sepia brown



Water added to value above

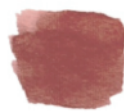


Hooker green + sap green + ultramarine blue + black



Burnt Sienna + Cadmium Red + Brown/Violet

FLORAL WREATH



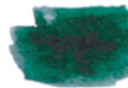
English Venetian Red + Carmine Pink + Violet



Carmine pink



Sepia brown + black + Cadmium red (Mostly water)



Hooker green + sap green + ultramarine blue + black



Above mixture + cobalt blue + black (lots of)



Olive green + sepia brown



Naples Yellow

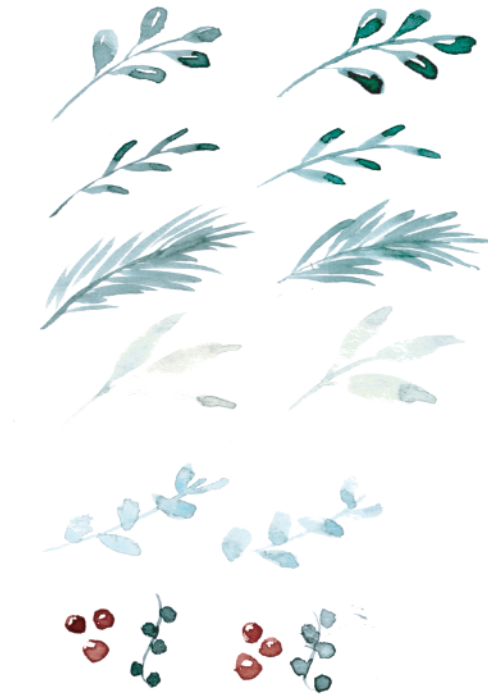
Your notes:

Blank area for notes.

INTERMEDIATE HOLIDAY WREATHS

WARM UP STROKES

GREEN WREATH



FLORAL WREATH



INTERMEDIATE HOLIDAY WREATHS

GREEN WREATH



Your notes:

INTERMEDIATE HOLIDAY WREATHS

FLORAL WREATH



Your notes:

A large, empty rectangular area with a light beige background, intended for the user to write their notes.

INTERMEDIATE BAUBLE TAGS

COLOUR PALETTE

If you do not have all of the colours listed simply use the closest to it with what you have. You can explore and play with your own palette variations too.

STRELITZIA BAUBLE



TERRAZZO BAUBLE



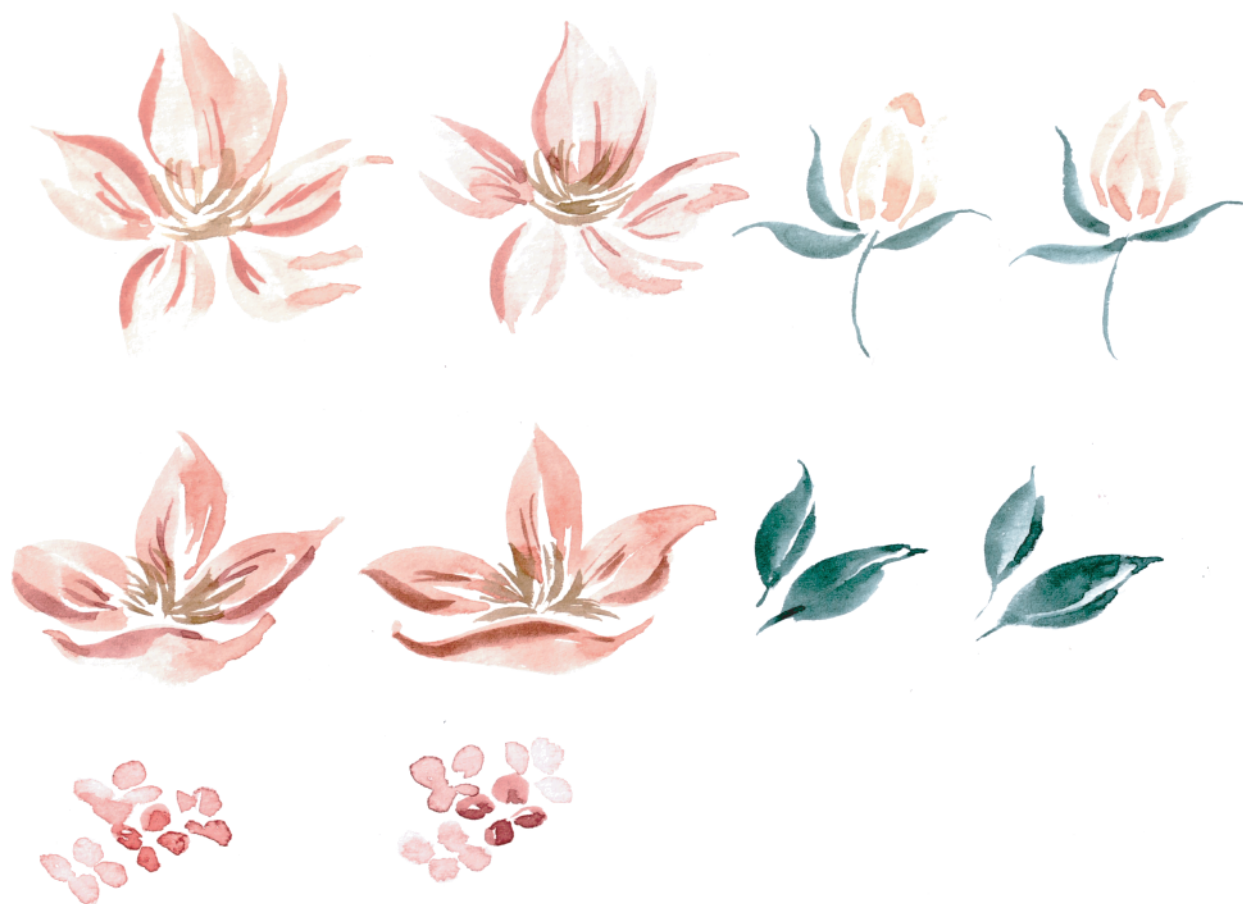
POINTSETTIA BAUBLE



INTERMEDIATE BAUBLE TAGS

WARM UP STROKES

POINTSETTIA BAUBLE



INTERMEDIATE BAUBLE TAGS

POINTSETTIA BAUBLE



Your notes:

A large, empty rectangular area with a light beige background, intended for the user to write their notes.

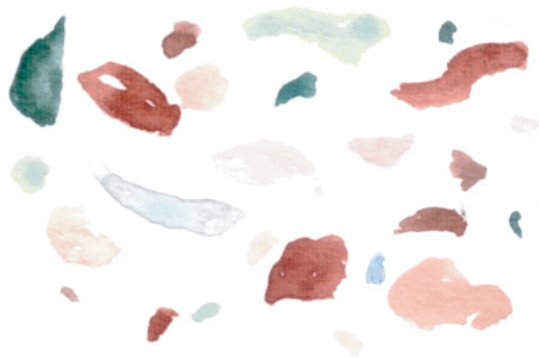
INTERMEDIATE BAUBLE TAGS

WARM UP STROKES

STRELITZIA BAUBLE



TERRAZZO BAUBLE



INTERMEDIATE BAUBLE TAGS

TERRAZZO BAUBLE



Your notes:

INTERMEDIATE BAUBLE TAGS

STRELITZIA BAUBLE



Your notes:



hooray!

You've completed this class and taken time out to celebrate yourself and your creativity!

Remember that practice is progress and with every bit of room you give yourself to learn, there is more room for growth and celebration.

Self-compassion is just as important as self-confidence when expressing yourself creatively.

Stay inspired, keep creating and paint with heart!

Remember to share!

ON THE GRAM' @

SHARE YOUR PROCESS & FINAL PIECE

Tag #watercolourwithheart or
@watercolour_heart_illustration

so we can share in celebrating your creativity!



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