

# Welcome

*The Educator's Room Learning Academy is a 12-month comprehensive program for creating solutions to problems all teachers have.*



In our book, *Keep the Fire Burning: Avoiding Teacher Burnout®*, six classroom teachers invited our audience into their individual experiences with teacher burnout and the strategies they used to get over the 'hump' described as a turning point in all teachers' lives- teacher burnout. The question we most commonly receive at The Educator's Room is the "what" question—what should teachers do if they are feeling burned out from the profession?

This conversation usually ends up with teachers deciding to either leave the profession they love or stay and suffer silently. The first module in The Learning Academy focuses on Teacher Burnout and invites teachers and leaders to explore the causes of burnout in their lives by going deep into solving those various feelings of fulfillment. The program involves interactive sessions as a group (and individually with their group mentors) spread over eight weeks that focuses on the personal and professional renewal of teachers, administrators, and others in public education.

The program is designed primarily for K- 12 educators— on whom our society depends for so much, but for whom we provide so little encouragement and support. This module builds on a simple premise: Teachers matter and in order to have quality public schools, we have to have happy teachers.

Teachers not only need time to reflect on their experiences but a viable professional learning network that understands and supports their fellow educators in times of needs. We welcome you to this experience!

FRANCESCA WARREN  
**Teacher, The Educator's Room**



*The Educator's Room Learning Academy is a 12-month program that has a new focus each month. Not only will participants have access to resources, but also to private podcasts, videos, and books just for our members.*

*The Educator's Room believes that teachers are the experts in education. | T.E.R.*