

Plan Your Time

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Practice	Practice	Live Class Watch New Class Materials	Watch New Class Materials Practice	Watch New Class Materials Practice	Watch New Class Materials Practice	Watch New Class Materials Practice
Practice	Action Steps Due	Feedback Given By Mentors (In Comments)	Practice	Practice	Practice	Practice
Practice	Practice	Live Class Watch New Class Materials	Watch New Class Materials Practice	Watch New Class Materials Practice	Watch New Class Materials Practice	Watch New Class Materials Practice
Practice	Action Steps Due	Feedback Given By Mentors (In Comments)	Practice	Practice	Practice	Practice

Repeat

**Practice indicates good timing for Actions Steps (See Syllabus & Action Steps in course materials)*

**Watch New Class Materials can be done in one sitting or over time. We highly suggest watching new course materials as soon as possible after our live classes.*

**All Action Steps are due by the end of the day, on the Sunday between live classes.*