



Deodorant

MAKES 1 DEODORANT OF 50 G/1.76 OZ
SHELF-LIFE 6 MONTHS

Ingredients

- 60% Shea butter: 30 g/1.05 oz or 2 tablespoons
- 30% Arrowroot powder or corn starch 15 g / 0.53 oz or 2 tablespoons
- 8% Coconut oil 4 g / 0.14 oz or 1 teaspoon
- 1% Baking soda 0.5 g / 0.02 oz or about half teaspoon or magnesium hydroxide or zinc oxide*
- 1% Essential oils of your choice 0.5 g / 0.02 oz or about 15 drops

*see "making steps" lesson for more details

Tools

- High precision scale
- Glass or ceramic bowl
- Tablespoon
- Teaspoon
- Silicone spatula
- 50 g / 1 ¾ oz wide mouthed aluminum, glass or plastic jar with lid

Instructions

1. Mix the arrowroot powder and the baking soda or the other powder of your choice (magnesium hydroxide or zinc oxide) in a bowl.
2. Add the shea butter and the coconut oil to the same bowl.
3. Mix well until there are no clumps left.
4. Add your essential oils in, and mix well.
5. Prepare your tin and spoon the mix in.
6. Label your deodorant with name and date.

Notes
