Reflective Questions 1

Module 1: Introduction to The Essential Career Course



After each module there are a set of 3-5 Reflective Questions for you to think about and respond to, and are designed to help you make progress in your thinking about your career change. Take some time over them and don't be afraid to come back to them later, because this can show you how your thinking is developing over time.

1. What made you want to do The Essential Career	
Change Course?	
2. Why is a career change	
important for you at the moment?	
3. What are you hoping to gain from the course?	