

CHESHVAN LAYOUT

Today's Date:		Date on Jewish Calendar:	
<i>Parshat Lech Lecha Genesis 12:1: "Hashem said to Abram, 'Go <u>for yourself</u> from <u>your land</u>, from <u>your relatives</u>, and from <u>your father's house</u> to <u>the land I will show you.</u>'"</i>			
First Card – What are the cultural assumptions I need to change? (My land)	Second - What assumptions need to change from my family heritage? (My relatives)	Third Card —What assumptions need changing that I developed growing up in my family of origin? (My father's house)	Fourth Card —What is the purpose for which I was given these obstacles? My Service to Humanity. (The promised Land)
Meaning:	Meaning:	Meaning:	Meaning:
<i>Body, Past, What I'm working on, Where I'm coming from</i>		<i>Mind & Heart, Present, What I'm working w/ (the tool). How to get where I want to go; the next step</i>	<i>Spirit, Future, Ultimate Goal or Lesson</i>
<i>Affirmation: I am...</i>		<i>...by...</i>	<i>...so that I can...</i>
Journal:			
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