Don’t Be an April Fool - Personal Training Reboot

Hey NAME,

I hope all is well! It’s officially spring and that probably means a change in your daily routine.To put yourself on the right track, it takes the right plan not just for anyone but for YOU! I would be happy to sit down with you, discuss and create some achievable goals, and build out the ideal program to fit those goals and your lifestyle.

Please email me back with the best two options this next week to meet and I will set the time for us to meet.

I look forward to hearing from you and getting started with your Personal Training experience

Sincerely,

YOUR CREDENTIALS