



TUTORIAL SUMMARY & SUBMISSION INFO

This document outlines your tutorial and bonus credit activities for CMTE/CPD credit. You may submit this document with your certificates if you wish.

Overview

1. Introduction, overview and learning outcomes
2. Why humour? Reducing anxiety and rehearsing coping with the unexpected
3. Designing songs and activities to provide opportunities for humour.
 - a. Part 1 Lyric substitution
 - b. Part 2 Movement
 - c. Part 3 Incongruity & exaggeration
4. Music techniques: Elements of surprise & fun
5. Useful props and ideas
6. Summary & bonus content

Learning Objectives

- Learn how exaggeration and incongruity can create opportunities for fun and laughter in your sessions
- Learn how to use lyric substitution to incorporate humorous lyrics to your songs
- Discover how to use movement and elements of play and surprise
- See which props are the most engaging and useful

Tutorial Summary

This tutorial from Ann Lehman and Janet Andrews is a fabulous opportunity to watch two expert clinicians share their wisdom and knowledge working with children with autism for many years. Ann & Janet run highly engaging sessions full of creativity and fun, and here they share with you their methods, session plans and best props and ideas. Focussing on school-age children with autism Ann & Janet discuss a variety of musical and visual techniques for bringing fun and creativity into your sessions. Addressing a wide range of goals they discuss how humour is not only fun, it also works very well to reduce anxiety and rehearse coping with the unexpected - a key area of need for autistic children. Ann & Janet discuss lyric substitution, incongruity and exaggeration and useful tools to increase creativity. They also discuss bringing fun and the unexpected into movement activities and how to use a range of music-based techniques to build suspense, increase tolerance for change and encourage laughter and engagement. The tutorial also includes Janet & Ann's tips for useful props and activity ideas which you can adapt to your own clinical work. The tutorial closes with a summary and 3 bonus content activities if you'd like to extend your learning or earn extra CMTE/CPD credits.

Submission for CMTE/CPD Credit

When you finish watching the online tutorial you will automatically receive a certificate of completion to verify that you have successfully completed the tutorial. You will need to watch ALL the video's to receive your certificate. You can submit this to your CBMT/CPD organization as a professional development activity. For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'.

Bonus Content Activities

WORKBOOK

If you completed the workbook as a bonus content activity, send it to jacinta@musictherapyonline.org for verification. You will receive a certificate of completion for 1 CMTE/CPD credit.

SONGWRITING PROJECT

If you have completed the Songwriting Project as a bonus content activity then you can send the music file and chords/lyrics to jacinta@musictherapyonline.org for verification. Once your submission has been verified you will be emailed a certificate of completion for 1 CMTE/CPD credit.

SUPERVISION

If you have completed 1:1 supervision as a bonus content activity then you may ask Ann Lehman to provide you with written confirmation of your session/s. You may then submit this to your local CPD/CMTE organisation according to your local CBMT/CPD guidelines.

CBMT Domains

For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'. This tutorial covers the following CBMT Board Certified Domains:

I SAFETY

2. 3. 5. 10

II REFERRAL, ASSESSMENT, INTERPRETATION OF ASSESSMENT AND TREATMENT PLANNING

D Treatment Planning - 2 a. B. c. 10. 11. 12. 13. 14.

III TREATMENT IMPLEMENTATION AND DOCUMENTATION

A Implementation -1 a. B. c. d. E. g. 2 a. b. g. h. k. l. m. p. w. y. bb. ff. hh. kk. tt. uu. vv. ww. xx. yy. zz. aaa. fff. ggg.

5. C. d. e. g. l. j. k. l. m. n. o. p. r. t. u. v. y. eb. cc. ee. hh.

V PROFESSIONAL DEVELOPMENT AND RESPONSIBILITIES

A Professional Development - 1. 2. 3. 6.

THANK YOU!

Thanks very much for purchasing this music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. x Jacinta