



IPEC Module 1 Video 3:

Introduction to Intimacy Direction

Resources

- SAG-AFTRA [Standards and Protocols for the Use of Intimacy Coordinators](#).
 - We recommend bookmarking this page for future reference.
- Perry, Nicole. 2021. [Why Hire an Intimacy Professional?](#)
- Perry, Nicole. 2019. [Why “Intimacy Direction?”](#)
- [More resources](#) recommended by IPEC for all Intimacy Professionals.

Accreditation Questions (Quiz in Teachable)

- What is an Intimacy Director?
- When do you need an intimacy director?
- What is intimacy?
- Name 3 things you want to do in preparation for the first rehearsal.
- What is the pyramid of storytelling?
- What are the recommended standards for intimacy directors (coordinators) expertise and training? (According to SAG-AFTRA)
- Based on what you know about the history of acting, the theatre, and consent, why do you think an intimacy director could be a valuable asset in the process?

Self-Reflection Questions

- How does that definition of intimacy change (if it does) in the context of the theatre?
- What is “Hyper-exposed work”?



- What do you think of when you think of what it is to work in the theatre? What factors affect one's ability to consent?
- Reflect on some times you think an intimacy director could be valuable outside of scenes with simulated sex and nudity. Why do you think they are valuable?
- When preparing to intimacy direct a show, of the following steps, what step are you most interested in preparing for?
 - Read the script
 - Flag potential moments of intimacy
 - Take notes on how you might approach the process.
 - Meet with the director
 - Make a rehearsal plan
 - First contact with the actors (introduction)
- When considering a rehearsal process for live performance, what are some elements you might want to take into account to prepare?
- What are some potential tools you might recommend to encourage ongoing consent in a rehearsal process/ performance process?
- How do you feel so far about the job of being an intimacy director? Take some time and imagine you in this work.
 - Some prompts you might want to use to guide you are:
 - What elements inspire you?
 - What elements are new to you?
 - Does any element of the job make you nervous?
 - What things do you know?
 - What things do you not know?
 - What things do you not know you don't know?



Embodiment Exercises/Questions

- How does it feel in your body when you think of your experiences working in the theatre as an actor, director, choreographer, etc (if applicable)?
- Based on what you know about the history of acting, the theatre, and consent, why do you think an intimacy director could be a valuable asset in the process? Check in with your body. What is coming up for you? Are you experiencing any thoughts, feelings, or emotions? Notice them with curiosity.
- When I imagine myself in the role of an intimacy director - how do I want to feel in my body?