

Calendar for Success





NAVIGATING THE FRAME WORTH PHOTO COURSE IN 30 DAYS

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Week One

LESSON	ACTION ITEM	DETAILS	NOTES
<input type="checkbox"/>	M 1, L 1	ISO, SS and ISO	Familiarize yourself with how your to adjust your aperture, ISO and Shutter Speed on your camera
<input type="checkbox"/>	M 1, L 3	Adjust Camera Settings	Download the camera settings cheat sheet and adjust your settings per the course to maximize success!
<input type="checkbox"/>	M 1, L 3	Understand your Baseline Settings	Practice adjusting your settings in various lighting scenarios using the base-lines technique. Use the decision tree cheat sheet for help!
<input type="checkbox"/>	N/A	Say Hello!	If you haven't already, hop into our Facebook community and introduce yourself!

Week Two

LESSON		ACTION ITEM	DETAILS	NOTES
	M2, L1	Master Lighting Basics	For 24 hours after this lesson, I want you to keep your eyes open for spots that meet the 2 Good Lighting Guidelines.	
	M2, L2	Find one good outside spot near your home	Find a spot you can use over and over for golden hour/backlighting, as well as open shade!	
	M2, L3	Find one good spot inside your home	Find a window or two you can use again and again for beautiful photographs! Practice moving along the arc to achieve directional light and flat light results.	
	M2, L4	Practice the Palm Test	Use the video guide to practice the palm test in a few spots in your home.	

Week Three

LESSON		ACTION ITEM	DETAILS	NOTES
<input type="checkbox"/>	N/A	Practice makes Progress!	I want you to spend just a few minutes every day this week practicing the settings and lighting tricks we've learned so far .	
<input type="checkbox"/>	M3. L1	Rule of Thirds	Find a day this week to spend 5-10 minutes shooting only using the principles of Rule of Thirds.	
<input type="checkbox"/>	M3, L2	Creating Variety	During your next practice session, focus on exhausted every angle you can think of to create variety in your composition	
<input type="checkbox"/>	N/A	Share your Results!	Share the results of this week's practice sessions in our Facebook community!	

Week Four

LESSON	ACTION ITEM	DETAILS	NOTES
<input type="checkbox"/>	M4, L1	Adobe Lightroom	Start a free trial or subscribe to Adobe Creative Cloud. Make sure to download Lightroom Classic CC.
<input type="checkbox"/>	M4, L1	Basic Edits	Edit 3-5 images from one of your homework assignments last week, making just basic adjustments.
<input type="checkbox"/>	M4, L2	Create a Preset	Notice what adjustments you make every time you hop into Lightroom. Create a preset using those adjustments!
<input type="checkbox"/>	M4, L2	Export and Print!	Export a set of 5-10 images and send them off to the printer! Enjoy those Frame Worthy Photos!