

**Mother-Baby Dyad Skills from a Prenatal and Perinatal Perspective
Application of PPN Skills for Prenatal and Perinatal Professionals**

Topic	Skill	Emerging	Proficient	Advanced
Preconception	Baby Exists in the Mind of the Parent			
	Supporting the Mom's Body			
	Stress			
	Attachment Style			
	Transgenerational/ Intergenerational Stories			
Conception	Conscious Conception			
Pregnancy	Implantation			
	Discovery/Abortion ideation/Welcoming			
	Prenatal Bonding			
	Stress management			
	Listening Skills			
	Presence Skills			
	Relationship Skills			
	Recognition Skills			
	Verbal Skills			
	Self and Co-Regulation			
	Prenatal Bonding			
	Psychoeducation about the baby and the importance of self and co-regulation			
	Getting Support			
	Differentiation as key skill for mom and baby			
	Imprints from 1 st , 2 nd , 3 rd Trimester			

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	Working with Loss			
Birth	Touch and Birth Facilitation-5 kinds of touch			
	Birth Sequence			
	Induction and the Sequence			
	Interventions and the Sequence			
	Preparation and the Mother-Baby Dyad			
	Talking with the Baby as Practitioner			
	Continuity of Care			
	Clinical Practice as Safe Haven			
Postpartum	Supported Attachment			
	Working with the Healing Story			
	Normalizing overwhelm in the birth setting			
	Understanding the Baby's Experience			
	Working with Pacing and Tempo			
	Working with the Whole Family			
	The Chitty Protocol of Recognition of the Baby			
	Support for Breastfeeding for the Mom			

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	Support for Breastfeeding for the Baby			
	Nervous System Regulation in the Breastfeeding Dyad			
Parenting	Reflection for Parents			
	Self and Co regulation in parenting			
	Attachment Styles			
	The Importance of Repair			
Professionals	Getting Support for Yourself			
	Understanding your own imprints and sequencing			
	Creating peer review circles			
	Knowing when to refer			
	Understanding the Surround and its role in birth outcomes and earliest human development			