

# Bagua Map: Planning

WEALTH/BLESSINGS 1. 2. 3.	RECOGNITION/FAME 1. 2. 3.	PARTNERSHIP/LOVE 1. 2. 3.
FAMILY/NEW BEGINNING 1. 2. 3.	0	CHILDREN/PRODUCTIVITY 1. 2. 3.
KNOWLEDGE/SKILLS 1. 2. 3.	CAREER/LIFE PATH 1. 2. 3.	HELPFUL PEOPLE/OPPORTUNITY 1. 2. 3. Choose the areas of

The first step in your Feng Shui journey is selfdiscovery and awareness. You need to know where you want to go to before you can create change in your life.

You are reading this because you: are stuck, want change or need to shift your focus. You are in the right place for change! Feng Shui is a very powerful tool for creating change and shifting the direction of your life. You probably feel like you need movement in your life - a new direction - but you can't decide where or how to start. These worksheets are the first step.

The bagua map above allows you to examine your life from a different perspective: a Feng Shui perspective. I ask my clients when they begin the Feng Shui process with me to answer a series of questions. These questions can be quite challenging for some because it forces us to sit and take stock, make choices and come to terms with our limitations.

Before you ask for change you need to know what you want and where you want to go. What has been holding you back? What needs attention?

Use these worksheets to help you find your path and gain awareness. Write out goals and initiatives to help you focus and find direction on your Feng Shui journey. You will use the ancient power of the bagua to shape your vision and focus your goals. Choose the areas of your life that you would like to focus on & list up to 3 goals/initiatives per area FYI - You don't need to fill in each area. Be selective Stay focused.

How can you ask the universe for change if you don't know where you want to go?



# Your Bagua Vision Board

Print out your map to your bagua vision board (pg. 3) or use the one provided as a template to create your own larger version. You can cut and paste images, photos, drawings, quotes and inspirational messages. You can work on specific areas based on your main goals above and the ones listed on pg. 1. Your life and goals will shift; try doing a new board each year. See below for imagery and idea inspiration for each gua/life area.

# FAMILY

Add photos and images that reflect you goals and intentions for your family Colours: greens and teals Additional Feng Shui imagery: bamboo, green leaves and grass, green fields

# WEALTH

Add photos and images that reflect you goals and intentions for finances and savings Colours: purples and gold Additional Feng Shui imagery: Trees, gold, abundance

# HELPFUL PEOPLE

Add photos and images that reflect you goals and intentions for travel, opportunity and helpful people Colours: greys, whites and metallic (silvers) Additional Feng Shui imagery: Angels, heavens, clouds, a mentor in your life

#### **CHILDREN & PRODUCTIVITY**

Add photos and images that reflect you goals and intentions for your children or your own creativity Colours: whites, light greys, pale blues Additional Feng Shui imagery: children art, images of creativity and joy

# KNOWLEDGE

Add photos and images that reflect you goals and intentions for self-development and learning Colours: blues Additional Feng Shui imagery: mountains

#### FAME

Add photos and images that reflect you goals and intentions for recognition and success Colours: red, orange and hot pink Additional Feng Shui imagery: fire, horses, your logo or brand, an award or recognition you would like

#### CAREER

Add photos and images that reflect you goals and intentions for career, passion and purpose Colours: black, dark blue, dark grey Additional Feng Shui imagery: water, a flowing river

#### LOVE

Add photos and images that reflect you goals and intentions for partnership, love and relationships Colours: pinks

Additional Feng Shui imagery: pairs of beautiful images, two flowers, two birds



Wealth	Farre	Love
Family	This area represents you add your photo or signature	Children
knowledge	Career	Helpful People