Sometimes it's nice to just put your thoughts down with pen and paper, so I've included a few content calendar sheets here to help you get started.

Notice how I didn't include more than two spots for each day of the week? This is because I recommend only posting twice a week at first (if that). You can adjust depending upon your audience's tastes and your own bandwidth later on.

Week of (Date) _____

Post of (Date) _____

Idea/Theme: _____

_____

_____

◯ **Catchy Headline**

◯ **Pinterest Image Ready**

◯ **Final Proofread & Spellcheck**

Week of (Date) _____

Post of (Date) _____

Idea/Theme: _____

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◯ **Catchy Headline**

◯ **Pinterest Image Ready**

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