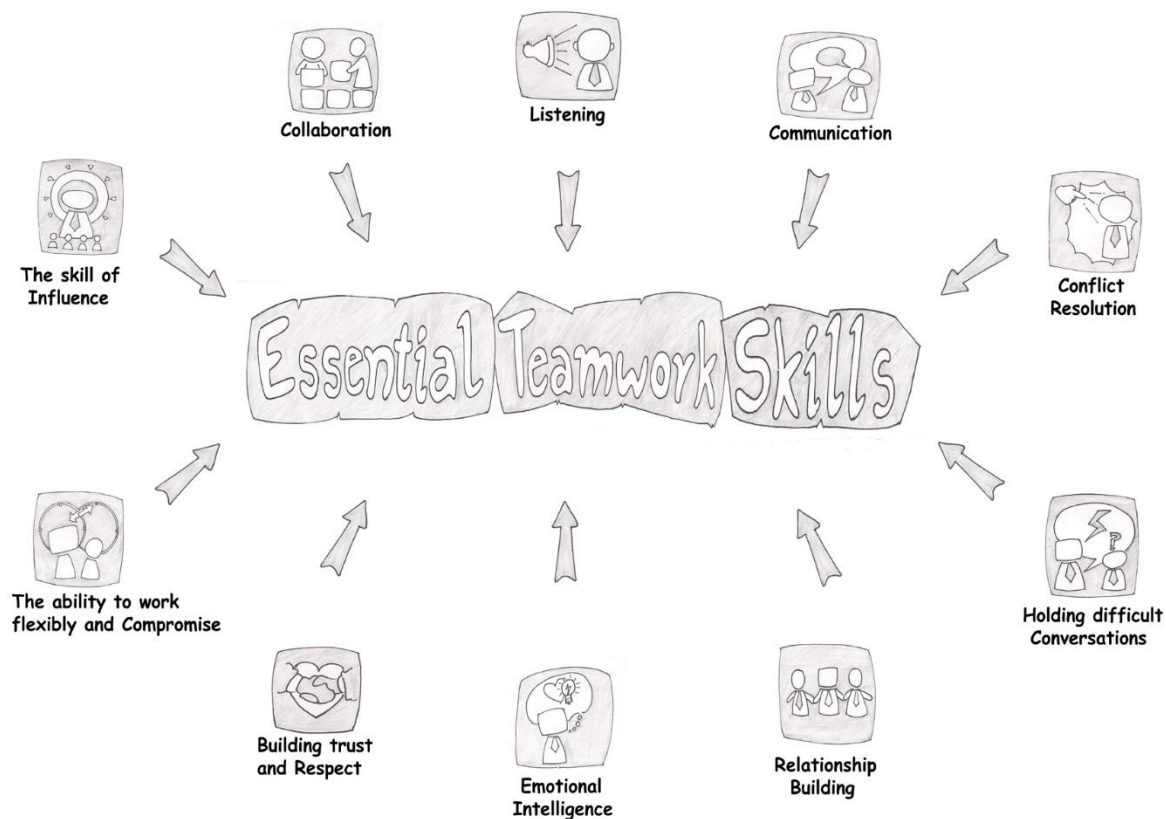


TEAMS365 TEAMWORK FOUNDATION MODULE #3 ESSENTIAL TEAMWORK SKILLS

OVERVIEW OF THE MODULE

This module explores 10 essential teamwork skill areas. Listen in as Jennifer explores these with you, and be sure to download a copy of the Teams365 Teamwork Self-Assessment.

ESSENTIAL TEAMWORK SKILLS



Teams 365 Blog by Jennifer Britton

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TEN ESSENTIAL TEAMWORK SKILLS

LISTENING

COMMUNICATION

CONFLICT RESOLUTION

HOLDING DIFFICULT CONVERSATIONS

RELATIONSHIP BUILDING

BUILDING TRUST AND RESPECT

THE ABILITY TO WORK FLEXIBLY AND COMPROMISE

THE SKILL OF INFLUENCE

COLLABORATION

ACTIVITY

- **Download a copy of the Teams365 Teamwork Self-Assessment. Rate yourself on a scale of 1-10 (with 1 being low and 10 being high). What do you notice about your strengths? Areas for focus or improvement?**